

DSSence essentially...south canterbury

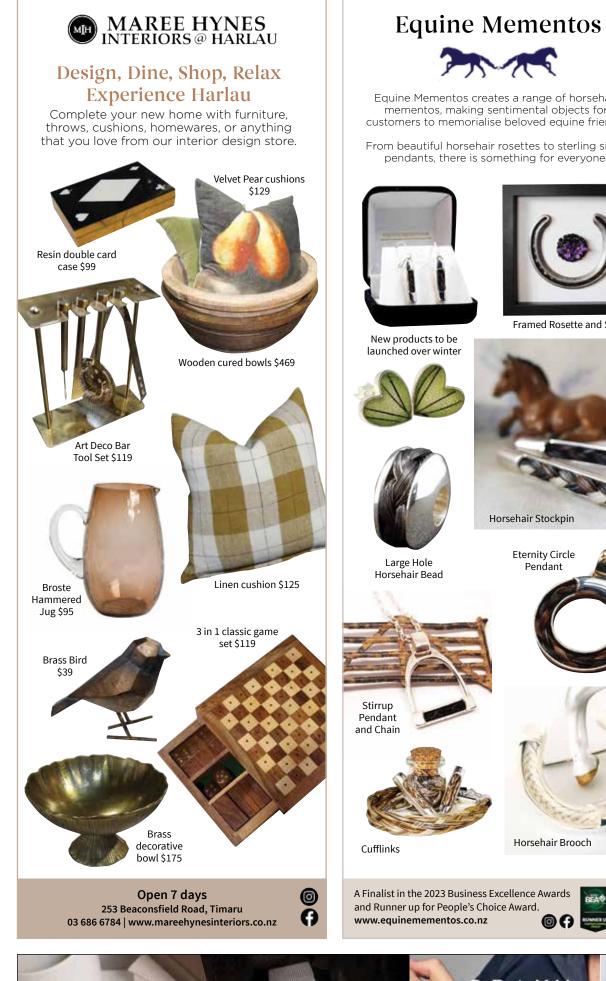
D Home & Garden Transformation in Totara Valley

essence magazine is proud to be South Canterbury owned & operated

History Timaru Wrecks

SHOP THE LOOK

Love Shopping? Our region has some superb stores, offering all sorts of unique items to generate interest and conversation. From standout trinkets to staple pieces, rugs, lamps, cushions, vases and artwork! You name it, it can be found somewhere near you.





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contents As winter comes many of us spend more evenings at home. So it feels like the perfect time to bring you our Buy and Build feature where we take a look at all things home related - from building your dream home to cosying up your space with soft furnishings. There are so many wonderful local businesses that can help you with all aspects of your home project check out our feature on page 14.

Staying with homes we also bring you the story of a shows men's NOEXCESS puffa jacket. couple who converted a church in the Totara Valley to a home. A big project, perhaps inspired by watching a few too may episodes of Grand Designs they said when we spoke to them. But the end result is spectacular. Read the full story on page 16.

Also in this issue – tales of Timaru shipwrecks, tips for getting winter ready, fashion faves and all things local. And in between all this we've also moved offices. Well I say we, but really it was Dorothy and the moving guys that did all the hard work – thank you! We had the excuse of print day coming up which means we dodged the packing boxes. As always we have loved putting the magazine together - we hope you love reading it.

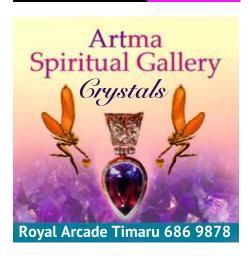
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easy to deal with. They also went above and beyond the moving brief which w really appreciated. We would highly recommend them for your next move.



Timaru-based Travel Specialist, Selese Rowe, always recommends clients book as far in advance as they can. Why? There is, she says, simply better availability - it means there's more choice of hotels, flights and sometimes cheaper pricing. But surely some people have last minute requests?

"Well the quickest turnaround I have done on a booking was for a client last year who wanted to see the Rugby World Cup. I got him there the next day," she says with a laugh. So it seems she can work the odd miracle too.

Selese's love of travel began as a child when her father would send

her postcards from far flung places. Now, having visited over 40 countries and worked in the travel industry for 30 years - she is making sure her customers benefit. She knows the right accommodation to book for a view of the Eiffel Tower, how long you need to make your connecting flight and how to make the most out of that first OE trip with Contiki.

Not only do customers get to skip all that trawling the web for hotels and reading Google reviews but they also get peace of mind when they make their travel plans with Selese.

They know if their flights get rescheduled when they're in Rome or their hire car isn't available in Las Vegas - they've got someone to call, not just a nameless, faceless website to deal with or hours on hold to an airline call centre.

Over the last year Selese has been booking travel for customers of all ages to all kinds of destinations. "Europe is always one of the dream holiday destinations," she says. "River cruises are popular. But I have also been doing lots of bookings for the US, Asia, Vietnam and South Africa at the moment."

So whether you want to book your first big OE Contiki trip to Europe or your dream River Cruise through Europe's Waterways to Budapest... e-mail Selese today!

Selese Rowe | 027 233 6396 | selese.rowe@travelmanagers.co.nz contiki



Driving Miss Daisy

Karyn Geary is the proud owner of the Driving Miss Daisy Timaru franchise. She is committed to helping clients get out and about, so they can live life to the full.

This reliable service is for everybody, whether you cannot drive, choose not to drive or no longer drive. It's about helping people maintain, or regain, their independence. They provide a professional and flexible service, catering to specific needs and requirements.

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A Fresh Start at the Town & Country Club

The Town & Country Club has long been the place to catch up with friends and family in Timaru. But whilst the club might well have been around for the long time - it's certainly not standing still when it comes to what it can offer customers. A recent revamp of the catering team is seeing some exciting new dishes on offer says General Manager, Vince Gardner.

> Much of this is down to the new chef, Riccardo Pellizeri, who has been recently recruited to head up the kitchen. As the name suggests, head chef Riccardo has Italian heritage. plus a broad and varied range of experience as a chef. He started out his career as a chef for the Australian Air Force

and has worked for hospitality venues large and small both in New Zealand and overseas Now he's bringing his superb skills to Timaru.

Riccardo is supported by two other new additions to the kitchen team – Dwayne Wakefield-Cullan who is the sous chef and Trevor Cullan who has become the third chef.

Together this experienced and enthusiastic kitchen team are trying out new dishes and working out new, crowd-pleasing menus at the club. So visitors will currently find lots of interesting specials to choose from winter warmers like lamb shanks to pasta dishes. and fish and seafood - such as scallops in a mornay sauce or pan-fried John Dory. The most popular dishes will then be put on the permanent menu

There's also a strong focus on providing really good family, friendly meals and as part of this the club will be running some promotions. In the months ahead these include special deals on certain dishes for children on a weeknight and also a colouring competition to keep littlies entertained.

In the kitchen Riccardo believes in catering from scratch. That means lots of homemade

Phone 03 688 0025 99 Douglas Street, Timaru | www.timaruclubs.co.nz



F1 8000



goods rather than bulk bought, ready made items. From sauces and gravy to desserts and baked goods – Riccardo is making sure all these are made on-site.

Whilst customers can now expect plenty of new specials to try out they can also be assured that some popular favourites will be staying. One of these is the roast dinner option served carvery style says Vince – with roast meats including pork and beef, vegetables and trimmings like roast potatoes. A firm favourite with customers this will be staying on the menu.

So head along to the club and check out all the delicious dishes on offer

Lunch: 12 midday – 2pm; Dinner 5pm to 8.30pm: Snack menu available



Opening of Copeland Ashcroft

Boutique workplace law practice, Copeland Ashcroft, recently held an opening evening at their offices in Timaru's Stafford Street. This is the newest branch of their fast-growing practice which has offices in several locations across the country. The Timaru office will be headed up by senior associate, Lauren Archer. Partners, staff and many Timaru business people attended this event to help christen the new office space.







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Law firm Copeland Ashcroft have recently opened their new offices in Timaru headed up by Senior Associate, Lauren Archer. She will be supported by Executive Administrator, Amy Rayner.

Originally from Invercargill, Lauren has many years of experience as a lawyer. She has been living and practicing law in Timaru for several years now and loves the town and community. She is looking forward to the challenge of heading up this new team. What will Copeland Ashcroft bring to the legal landscape of the town?

audit of their business

For Lauren the variety and scope of employment law is both rewarding and enjoyable. "I particularly enjoy the personable aspect of employment law and being able to assist my clients to obtain quick and sensible outcomes," she says.

Lauren explains that Copeland Ashcroft commonly see employers caught out by recent changes in the employment, health and safety and immigration areas.

For example, there are recent immigration changes including new compliance requirements that can suspend or revoke employer accreditation, and infringement offences that can be raised against any employer that employs migrant workers.

guidance and support.



CITETER OF CLERKER No two snowflakes are the same and nor do items of THEFT FREE FREE FREE FREE jewellery need to be; when working with an experienced jeweller to create bespoke pieces from scratch, jewellery can be tailored to fit your personality and style so that it is truly a reflection of you.

Our workshop team has a combined experience of over 80 years in the jewellery industry, allowing us to offer highly personalised guidance and excellent craftmanship. The workshop is always humming with activity, the jewellers are busy with repairs and making stock for our retail space downstairs. A lot of their time is also devoted to making pieces commissioned by customers from South Canterbury and beyond.

Come and see our friendly team for an obligation-free consultation today!



4 May 2024 I essence



"We are workplace lawyers," replies Lauren without hesitation. So, the focus will be on helping employees and businesses large and small with employment law. This can cover a wide range of issues - from ensuring a business has the correct procedures and documentation in place including for matters involving restructuring, disciplinary issues, and personal grievances.

Other areas which Copeland Ashcroft can assist with are immigration and health and safety. This can include acting for employers to assist their employees to obtain the correct working visas, providing immigration advice and assisting a company to carry out a health and safety

If you've got a workplace issue whether it's an employment matter, navigating health and safety regulations or addressing immigration concerns, get in touch with Lauren for expert



www.copelandashcroft.co.nz Level 2, Oxford Building, 148-152 Stafford St, Timaru M: 021 02413 123 E: Lauren.Archer@copelandashcroft.co.nz

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Copeland Ashcroft

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How do I commission a ring?

When you commission work at The Ringmakers, the whole process is completed on site. Typically, an initial consultation will establish some key elements of design that appeal to you, including potential stone choices, and set some parameters for price/timeframe for manufacture.

Next, designs are drawn up and viewed at a subsequent consultation, with further refinement of designs as necessary. At this point, an assortment of stones may be ordered to compare and contrast. and a selection made after viewing.

Often, the final stage is the actual handmaking of the item, stonesetting and finishing. Sometimes, early in this final phase, parts can be put together temporarily in their unfinished state and checked in one last consultation so that any minor adjustments can be made to ensure maximum wearability.



Call us today 03 688 1362 270 Stafford Street, Timaru www.theringmakers.co.nz



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Timaru () recks

WORDS: PATTIE PEGLER | IMAGES: SUPPLIED

Walk on the sandy beach of Caroline Bay on a clear blue sky day and it's hard to imagine the turbulent history of the seas in Timaru. But this stretch of the South Canterbury coast has claimed plenty of ships.

It was as the town grew in the late 1800s that the problem became particularly prominent. Trade had started to build up around the coast - bringing goods in and taking goods out – everything from wheat to wool, tea, sugar and other supplies. As there was no harbour for the large ships and they couldn't come in close to shore – there was "a landing service" – this basically meant that small boats were run down a slipway then rowed or hauled out to ships anchored offshore

In 1866 the schooner (a ship with two masts), Prince Consort, was washed over a rock reef and capsized – she had arrived from Lyttelton with around 60 tons of cargo, which was unloaded at Timaru. The captain was then awaiting instructions from the owners as to where to take the ship next – but during that time a stiff wind started to blow and there was a 'good deal of surf running on the beach' according to newspaper reports at the time. The ship started to get blown in towards shore and whilst a second anchor was dropped "being closer into shore she was more exposed to the breakers" and later that afternoon she capsized when hit by a wave

It was an incident that generated plenty of news articles in the local papers but there were many more shipwrecks to follow over the years. A book titled The Port of Timaru 1852 – 1995 records many of these but saves special attention for 1882



The ship started to get blown in towards shore and whilst a second anchor was dropped "being closer into shore she was more exposed to the breakers" and later that afternoon she capsized when hit by a wave.

"Then came the gloomiest year of all. Within a space of four months, four vessels of considerable size went shore and nine lives were lost."

The City of Cashmere drifted on to Ninety Mile Beach and whilst the ship was a total loss the cargo was all salvaged. Part of the keel was brought to town and used as shop front.

The Duke of Sutherland, a wooden bargue (a ship with three or more masts) carrying a cargo of wheat, sprang a leak after bumping the bottom of the ship and sank.

The ships Benvenue and City of Perth both ran aground and were wrecked on the same day.

On the 22nd May 1882 the South Canterbury Times carried a notice of an auction 'on the Beach' - items listed for sale

included the 'Hull of ship Benvenue, Anchors, Chains, Coals, Ship's Stores, Sundries &c

"Timaru has been saddened by one of the most terrible shipping disasters the port has experienced," recounts an article titled Wrecks and Loss of Life At Timaru - shortly afterwards in the Ashburton Guardian.

If you'd like to find out more about those early shipwrecks in Timaru then if you're in town, visit the South Canterbury Museum where you'll find some excellent information on the subject. Their display includes Benvenue rescue award medals, items from the Elginshire wrecked on the Normanby coast in 1892, and a digital touchscreen of local shipwreck images and information.

EXPLORE our heritage



NATURE HISTORY GULTURE I facebook.





03 684 7918 nbarchitects.co.nz

Get Your Vehicle

With Jack Frost paying regular visits, now's the time to get your windscreen, wipers and headlights checked with the team at NOVUS Glass South Canterbury. That's the message from the franchise's new owner Ben Ryland.

"Coming in to winter we see an increase in cracked screens from unrepaired chips. When chips aren't covered, water gets into them and, over winter, the water freezes and splits the screen. Chips that haven't been repaired can also crack when defrosting your screen due to the rapid changes in temperature."

Ben's seen both occurrences happen numerous times in his 13 years in the industry and says the key is prevention

"Here at NOVUS Glass South Canterbury we are committed to the NOVUS vision of a greener tomorrow. We help achieve this by providing preventative maintenance, rather than just replacing screens once they are broken."

This goes for businesses with large vehicle fleets too. "For businesses vith vehicle fleets we offer free fleet inspections," explains Ben. "We come to your yard, check the screen and wipers for free, and advise of what repairs are needed, if any. We can then repair chips and replace wipers there and then, either through your insurance or with the setup of a NOVUS account."

With screen inspections, a full range of wipers including the new NOVUS flexi blades range, headlight polishing and replacement cabin filters,

NOVUS Glass South Canterbury is your one-stop-shop for preparing your vehicle for winter.

Whilst he's only been at the helm of Novus South Canterbury since March, Ben has been with the business, working under previous owners Dianne and Roger Patterson, for the past four years.

Ben started his automotive glazing career back in 2011 before completing his BCITO apprenticeship and moving to Timaru in 2015. He joined NOVUS Glass South Canterbury in 2020 with a view to eventually buy into the business. "However, after studying business management and being supported in my growing role by Dianne and Roger, my wife Leoma and I decided to buy the business outright and make our mark '

Including Dianne and Roger who are still contributing part-time and assisting with training and hand-over, Ben and Leoma have an exceptional team of seven including Ben's father Phil (who has a background in engineering and automotive manufacturing), and his brother-in-law Jarrett, as well as technician Matt, and Esme and Jo in customer service.

So whether you're due to have your screen chips repaired, wipers replaced or upgraded, headlights polished or cabin filters replaced, NOVUS Glass South Canterbury have mobile technicians and a workshop at 7 Bank Street Timaru ready for your pre-winter booking.

Give Ben and the team a call today on 03 684 8940.



NB ARCHITECTS

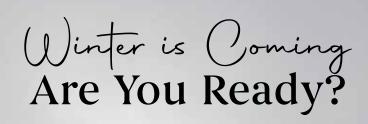
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ACTICE

ver 2022-2023





Get Your Household/Work/School/Marae Ready

Winter brings crisp mornings and gloriously sunny days. It can also send us southerly blasts and intense rainstorms with winds that can knock you off your feet.

So when the worst weather strikes can you honestly say you are up to the challenge of keeping you and your family safe? There are so many things you can do ahead of a disaster or just a very intense cold-snap that can keep you all safe, warm and not require emergency services to come to your aid. Many of these things are listed in the below Winter Cheat Sheet so please cut it out and pop it on your ridge as a reminder.

fyou become isolated due to the weather or flooding then expect to be on your own or some days. In a bigger Civil Defence emergency, such as the Alpine Fault Magnitude (AF8) event, it is highly likely that those responding may also be personally affected. In e Christchurch earthquakes over 70% of the esponders had trauma of their own to deal ith first.

If you would like to know what known hazards may affect your home or neighbourhood then you can check out hazards information on the **Environment Canterbury** and Timaru District Council websites.

/ou can ask at the museum and library for storic information on previous floods and ther disasters

Think about signing up to Neighbourhood Support where neighbours look after each other and reduce the strain on emergency services in a disaster. The segment of our population over 50 is increasing, as is the number of people living on their own or away from family and our community is growing in diversity as well. All reasons to create great bonds with neighbours who may value the contact and the assistance in a disaster.

Connect with church groups, service agencies and community groups that have their own networks that can be useful to stay in touch and help each other and often the wider community. Get your kids involved in volunteering for agencies like St John, Red Cross and Scouting NZ as it helps them support you and sets them up well for the future.

If you have spare time, desire some personal growth and would like to help others then consider becoming a volunteer. Volunteering Mid & South Canterbury would be a great place to start.

Winter genuinely gives us all the opportunity to reconnect with family, friends and neighbours, take stock of our emergency plans and supplies and ensure we are all able to continue with life as summer approaches.

Websites with further information: www.timaru.govt.nz/home www.ecan.govt.nz/ www.cdemcanterbury.govt.nz/ www.getready.govt.nz/en/ www.vmsc.org.nz/ www.southcanterbury.getsready.net/



Avoid Carbon Monoxide (CO) Hazards: If using a generator, place it outside in a well-ventilated area away from windows, doors, and vents to

prevent CO build-up.

Contact us

or www.udl.co.nz

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Winter cheat sheet for Staying Safe

Winter is time to hunker down, read a good book and think about what might need planting in the spring. It's also an opportunity to check a few things at home before we have the first heavy snowfall or lose power in the midst of a cold snap. Some useful things to do would be:

\mathcal{O}	ut this out and put on your fridge	Check from t
	Restock your emergency kits, checking use-by and expiry dates on food and medical supplies.	Check car ch
	Replace batteries in radios and torches and remember the local radio station is used for issuing warning messages by some organisations.	Check – make import
	Ensure you are able to stay warm in your home without power.	If trave
	If you rely on power for medical reasons then make sure you and your support network have a back-up plan.	carry e bags, f
	If you are totally reliant on power for heating and cooking then get to know your neighbours better through the Neighbourhood Support network as they may be able to help you, especially if you don't have family or friends close by.	Check travell storm Have s won't
	If you have a BBQ you can use for cooking remember it must be used outside and check your gas bottle is full after it has been used all summer.	Check and yc
	Check you have food, water and medical supplies for everyone in your home for more than 5 days and food for your companion animals.	Clean freeze

- hat your phone is set up to receive Emergency Mobile Alerts National Emergency Management Agency (NEMA).
- you have some other way of charging your cellphone, such as a ger or portable battery charger.
- you know who to ring for help if you can't get out of your home those arrangements before you need to do it. This is especially nt if you become ill and need help.
- ing through inland passes make sure you have snow chains and nergency supplies such as warm coats, a first aid kit, sleeping bod and water for an overnight stay in the car.
- eather forecasts and road closure notices regularly and avoid ng if very cold or dodgy weather is predicted. Better to sit out a t home than put other people's lives at risk being rescued.
- ome cash on hand as a power cut will also mean money machines
- xternal water pipes are lagged, wet concrete paths are gritted ur hot water cylinder is secured to the wall.
- out gutters and blocked drains so water doesn't pool and flood or



03 687 7200 (24/7 for emergency contact)

IMARU

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Stay Safe During Power Outages

Don't be left in the dark during a power outage. Weather winter with these essential tips.



Stay Prepared: Create an emergency kit with flashlights, batteries, non-perishable food, water, blankets, and a first aid kit.



Know your needs: If you rely on electricity to power a medical device, chat to your medical provider and your electricity retailer about an emergency plan today.



Stay safe around downed power lines by keeping your distance and treating them as live. Never underestimate their danger and avoid any contact.



Stay Calm: Power outages can be unsettling but remember to stay calm and reassure your family members. Take a moment to check on vulnerable or elderly neighbours.



Use Alternative Light

Sources: Keep a battery powered torch handy to light your surroundings safely. Candles are a fire hazard.



Manage Food Safety: Keep refrigerator and freezer doors closed to preserve perishable items. Consume refrigerated food first and use non-perishable food during extended outages.





Stay Informed: Follow us on Facebook or visit our website for updates and outage information. Listen to battery-powered radios for news updates.



Report Outages: Contact our 24/7 helpline on 0800 66 11 77 to report outages or any safety concerns. We are here to help.

Please contact us on 0800 66 11 77 or email mailbox@alpineenergy.co.nz. For more information visit www.alpineenergy.co.nz/customers/outages/outage-preparedness

We are a member of the Utilities Disputes (UD) scheme, you can contact UD for resolving complaints, a free and independent service, on 0800 22 33 40



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Four Pillars Rare Dry Gin.

A truly modern take on the classic Dry Gin, Four Pillars Rare Dry Gin has a lot of bright, clear botanical character. It's smooth and spicy, combining Asian botanicals with Mediterranean citrus and Australian lemon myrtle.

A delicious founding Gin from Four Pillars, this Rare Dry Gin continues to collect accolades, having won Gold medals at major international spirits events every year since 2014.

SIGNATURE SERVE - Let it shine by pairing with East Imperial Tonic Water and a slice of fresh orange.

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WAREHOUSE



Lemon Posset

Now that lemons are back on the menu we can enjoy our favourite lemon posset.

Serve these easy to make desserts at your next dinner party - your guests will love them.

Inaredients

- 600 ml of cream
- 145g of caster sugar
- 100ml of lemon juice
- Lemon rind of one lemon

Method

- Mix the cream and sugar and lemon rind together in a saucepan until the sugar is melted.
- Bring the mixture to the boil, then turn down to a simmer for 6 minutes.
- Remove from the heat and mix in the lemon juice.
- Strain through a fine sieve into a heatproof pouring jug, and then divide evenly between eight fancy glasses.
- Chill until set.
- Garnished with a slice of lemon and a mint or lime leaf.



Timaru Town & Country Club Special Dish of the Day Pork Fillet Escalopes

Come in and try this mouth watering special. Thinly sliced Pork, Crumbed, Layered with Ham & Cheese with a creamy Tomato sauce. Served with Salad and Fries and priced at \$20.

A great selection of winter warmers available ike lamb shanks to pasta dishes, and fish and seafood - something to please everyone!





















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285 Stafford St, Timaru Ph 03 688 4880 www.macshaw.co.nz

Koji Teppanyaki & Grill

Located in central Timaru, Koji serve a wide range of japanese food and entertainment on a japanese grill.

The menu boasts a variety of dishes, including Miso soup, Squid Katsu, Beef Tataki, and Karaage Chicken. They also have a buffet option, where diners can choose up to 15 dishes per round.

Koji serves lunch, dinner and drinks, and can cater for groups or parties. Outdoor seating is provided, walk-ins are welcome, and takeaways are available.

7 George Street, Timaru | 03 686 9166

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Indulge in Makikihi Fries - crafted from exquisite Agria potatoes harvested in Canterbury. Explore our diverse cuts, available at exclusive supermarkets, restaurants, and fish 'n' chip shops across NZ.

Proudly NZ family-owned, our gluten-free fries promise a delectable experience. 5 Makikihi Beach Rd, Makikihi Factory Shop: 57 Sonter Road, Wigram Please Call or Txt before visiting: 027 4300 948



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delivered to your door each week that comes

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completely natural and so good for you.

We are open at the farm shop 24/7 and our

delivery truck delivers once a week around

South Canterbury. Our shop has a viewing

window so customers can watch the cows being

should contact us for details.

milked at milking time.

22 Fairview Rd Timaru or

Come down and check us out at





THE OXFORD RESTAURANT

Located in the historic Oxford Building in the main street of Timaru, The Oxford is all about keeping it simple.

Opening over 11 years ago, the restaurant has an established core team who have been working together for much of this time to bring you quality and consistency

A bistro style menu with a European & Asian influence. Rustic bold flavours that marry perfectly together. With a great wine list and beer selection to compliment any occasion. Open lunch and dinner, with a weekend brunch.

Cnr George & Stafford Street 03 688 3297 | oxford@theoxford.co.nz



The cabinets are full with a mouth watering selection of sayoury and sweet treats. From pies, cakes, breads, filled rolls, or mini doughnut filled with custard, jam or caramel. Make sure you try their hot cross buns that won Best Hot Cross Buns award 2018, yum!

Order some fresh baked goodness today. Get your order in before 3pm, and we'll have it ready for you to pick up the next day!

188 Hilton Highway, Washdyke

www.info@realmilktimaru.co.nz



10 May 2024 I essence

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Cuff Links \$595

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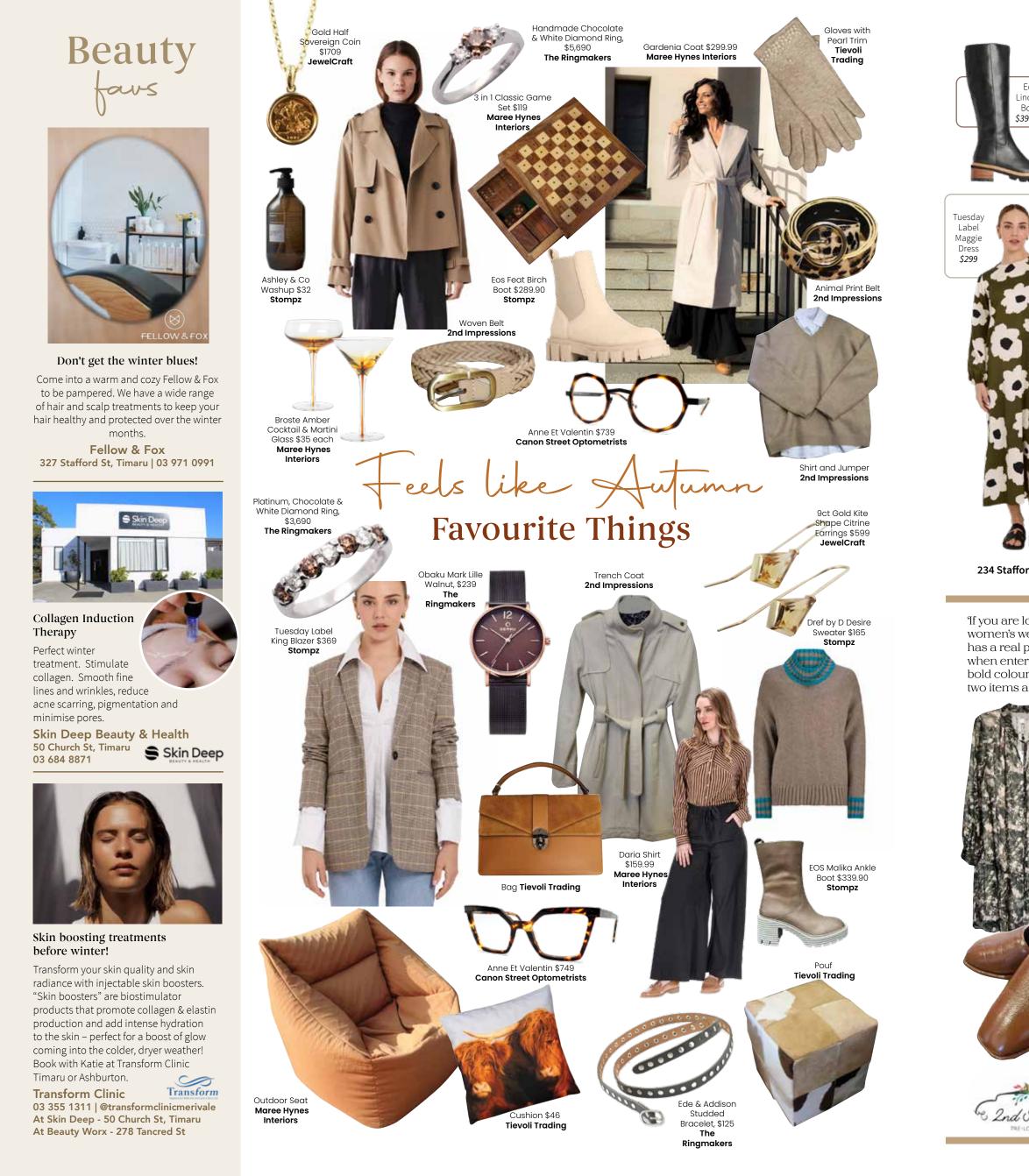
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of Find Jewellery 270 Stafford Street, Timaru | 03 688 1362 | www.theringmakers.co.nz 🚯 🎯

Creating Your Dream Home

essential home

Building or creating the perfect home can be a big project and whether you're looking at revamping your existing home or building from scratch – one key consideration is finding trusted professionals to help you on your journey. From architects to builders, interior designers to real estate professionals and electricians – we have some fantastic local businesses that can help you with your home project.

We're proud to have them here in our pages and they may just be able to help you create that dream home.

Five Websites We Love For Home Inspiration

At Essence we always enjoy looking at new home trends and inspiring websites for home projects.

1. Remodelista.com

If you're looking for general inspiration this US site is a great place to start and it really has some different angles. From artisanal Mexican bedcovers to coffee makers that will look stylish on your counter top and a shelving system inspired by Japanese architecture - they really do have all areas covered.

2. Resene.co.nz

Sure we've all heard of Resene paints but their website is an absolute treasure trove of colour ideas and advice. And if you want some fun with colours then check out their EzyPaint virtual painting tool where you can try all kinds of colour combos on walls, floors and trim.

3. Building.govt.nz

Building a house isn't just having fun with paint colours, unfortunately. So if you want some key information on the basics – this is an excellent site that gives unbiased advice. Do you need an architect? How do you choose a good, reputable builder? And what sort of things can you do yourself? You'll find all the answers here.

4. Archipro.co.nz

A great place to check out some of the most inspiring architecturally designed residential homes from city section builds to hilltop and beachside spots. A great source for ideas and inspiration if you're at the start of your home project.

5. Colorsteel.co.nz

When it comes to home exteriors, sure this is product site, but it's pretty good. You'll find inspiration for the all important roof and cladding of your home along with a moodboard tool you can use to help you think through your ideas.

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WORDS: PATTIE PEGLER | IMAGES: GRANT DAVIS, MARTIN STEWART

For many embarking on renovating an old home – there are a lot of unknowns. But for Martin and Anne Stewart who took on a church conversion in Totara Valley – there were also some daunting knowns – like earthquake damage, no running water and the very considerable challenge of transforming the church into a residential building.

But it's clearly a challenge they embraced. Take a peek inside the church and it's all towering ceilings, exposed structural steel beams and beautiful tall windows where shafts of sunlight pour in. Despite it's reasonably compact footprint of just 80 square metres, there's a sense of space.

"We love the spaciousness," says Anne. But they also love the rural setting, the sense of calm and the building itself.

had 130 years of people praying in it – it's been a place of peace," says Martin. The couple, both Presbyterian ministers, bought the disused church in 2013 when it was up for sale. Fuelled by a long time interest in house building and probably watching "too much" Grand Designs - they were inspired to take on the church building and give it a future.

the church building Built in 1890 the lim

Built in 1890 the limestone church is registered with Heritage New Zealand. And over its life as a place of worship it was used for regular services, Sunday school sessions, weddings and even an annual community evening soiree. But when the Stewarts bought it – it had suffered some earthquake damage and could no longer be used.

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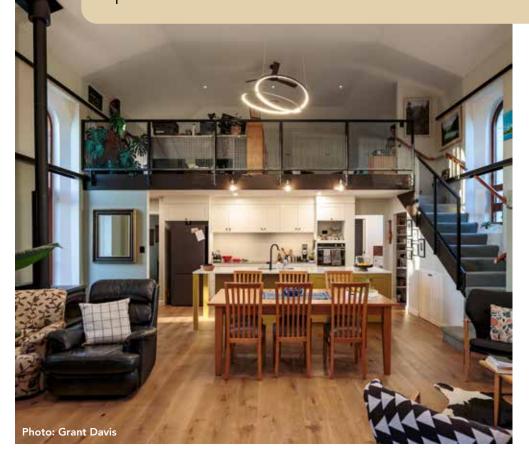
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Transformation in Totara Valley

Photo: Grant Davis

"There's something quite wonderful about falling asleep in a building that has had 130 years of people praying in it – it's been a place of peace," says Martin.

That feeling of honesty is also clear from the outside – it still looks like the church it was built as back in 1890. The building it has always been – but now with a different function and a new life.





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Take a peek inside the church and it's all towering ceilings, exposed structural steel beams and beautiful tall windows where shafts of sunlight pour in.

From The Floor Up

With the help of an architect and some "great" builders (Geoff Read in Ashburton), they came up with a plan. But like all plans with old buildings there had to be some flexibility.

"The plan was to keep the floorboards," says Martin. "We were trying to lift them out but there was a lot of moisture in them, they were full of bora and they just all splintered."

So the decision was made for them – the church would need a new floor. Their son Josh, who was working in landscaping, stepped up to help them prepare for a new concrete floor. A large part of the prep involved digging out where the floor had been, and Josh went down nearly metre and wheelbarrowed the dirt out through the door.

"He went pretty fast, but he was pretty broken after it," recalls Anne. The next step involved filling the cavity with over 40 tonnes of shingle and then compacting it.

Then they turned their attention to the roof. "It was the biggest area of risk," says Martin. "The ceiling was all lathe and plaster so we didn't know what was behind that. We didn't know if there would be any big beams, we hope there would. But it was a maze of small pieces of timber."

So, it came down along with over a century's worth of birds' nests, dead rats and dust.

Back to the Plan

But with the roof removed a new concrete floor was poured and the builders were able to drop into place structural steel framing which fitted perfectly. The original stonework was pretty amazing and all level says Martin. Next up a new roof was put on, the windows were replaced and the space started to come together.

"The biggest leap forward of all was changing the windows," says Anne. The previous wooden windows had been tampered with over the years, there were panes of coloured glass in old wood frames and some louvre panes had been fitted into some of them for ventilation. So they were all replaced with double-glazed, timber framed windows that are utterly sympathetic to the space.

The addition of the mezzanine has also made the most of the space, adding almost 40 square metres to the floor space – bringing the whole home to a total of 120 square metres. It contains a guest sleeping area and a home office for the couple to work

Downstairs is the main living area, a bedroom, bathroom, laundry and pantry. The steel framing is exposed and there are only three internal doors - so when you are in the house nothing is really hidden.



and a new life.

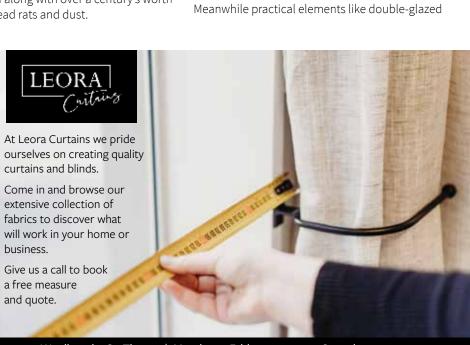
A Word of Advice





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windows, a heat exchange system to keep the space warm and ventilated and a log burner – make it comfortable to live in. More so than they expected says Anne.

"We wanted the building being honest," says Martin. "We would have painted the steel out but actually it's visible, what the house is made of is right there."

That feeling of honesty is also clear from the outside – it still looks like the church it was built as back in 1890. The building it has always been – but now with a different function

"We recognize that we'll have our season in it and other people will have their season in it too" says Anne. "We've built it to give it a future."

We asked Martin and Anne what advice they would give others embarking on an ambitious build like this. Here are their three key tips.

1. You really do need help from professionals. There are so many things we didn't know and the builders were so helpful and had worked on heritage buildings before.

2. Understand that with an old building there are a lot of unknowns. It's not simple.

3. Realise that it will cost you to get things done properly and often that money will be spent on the practical things rather than the cosmetic - the electrics, the septic tank, the things behind the walls. There are no good shortcuts.

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WORDS: PATTIE PEGLER **IMAGES: SUPPLIED BY ANNIE SLOAN**

I see a lot of inspiring things when I aimlessly scroll through Instagram. Mostly I just go 'that's amazing' and then forget about them. But when I spotted a dresser somebody had transformed with Annie Sloan chalk paint - something about it stuck with me. And that thing was...it looked really easy.

It got me thinking about the custom wood bookcase I had sitting in the garage. Then it got me out looking for Chalk Paint

Getting Started With

Why Does Everyone Love Chalk Paint?

Annie Sloan developed chalk paint to make painting, well easier. And quicker. And, honestly, that sounds like my kind of painting. Primers and sanding and preparation and double, treble coats...all those things have put me off traditional painting. With chalk paint - it is really much, much simpler. Dust the piece down, brush on some paint and there you go.

So what can you chalk paint?

Anything seems to be the answer. I've seen tables and chairs and bookshelves and cabinets and dressers and ...you get the picture. If you've got an item you want to transform - then chalk paint could well be the answer. You can even use it on outdoor furniture – although it does apparently need a bit more care and the Annie Sloan website recommends finishing off outdoor pieces with Chalk Paint[™] Lacquer to protect against peeling paint caused by water damage but also against UV rays and fading colour intensity.

What do you really need?

Well the basic idea is paint. But it's easy to get carried away – there are so many accessories - books and brushes and stencils and gold leaf and all the colors you can imagine. But as a beginner, I would advise you curb your enthusiasm until you feel confident.

I started off with a tin of Duck Egg Blue, a brush and some clear wax to finish off the piece. And honestly, I was pretty pleased with the result.

In fact I was so pleased with the result I painted two more bookcases. And they've been good enough to bring out of the garage and into the house

So if you're thinking about breathing new life into old furniture - think about chalk paint. I am a total convert!



()olour details

Walls painted in Duck Egg Blue (Wall Paint), floor in Graphite (Chalk Paint with finish in Annie Sloan Lacquer). Cupboard painted in Chalk Paint(R) in Aubusson and finished in Clear Chalk Paint(R) Wax

Table legs painted in Antibes Green and finished in Clear and Black Chalk Paint(R) Wax

Table top painted with a wash made of Chalk Paint(R) in Old White and finished in Clear Chalk Paint(R) Wax

Chairs clockwise from back left to front left: Painted in Chalk Paint(R) in Cream, Greek Blue, Antoinette, Louis Blue, (stool) Amsterdam Green and Old Violet – all finished with Clear Chalk Paint(R) Wax Stool in back corner painted in Antibes Green and Faint() wax Clear Chalk Paint(R) Wax. Cushion on top made from Annie Sloan Coloured Linen in Antibes Green & English Yellow and Provence & Aubusson

Curtain made from Old Violet and Old White Coloured Linen and Barcelona Orange and Napoleonic Blue Coloured Linen.





Interiors this question.

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We all have good intentions of updating our interiors but never have the time. An interior designer will come in and get things done for you, making your dreams come true. They will help create a space that is not only functional but aesthetically pleasing.





18 May 2024 I essence

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Why Choose An Interior Designer

We asked Maree Hynes from Maree Hynes

As an interior designer, we can help you not just with your drapes, blinds and wallpaper, we can help every step of the way to ensure your renovation or build turns out not just how you dreamed it would, but be even more than that.

There are always new trends and ways to incorporate these into your home in a way that they will not date and always be relevant. Colour combinations and wallpaper choices can be confusing unless you have an eye for the overall project

Adding not just the extra pizzazz, good interior design will add value to your home. When you employ an interior designer, you not only get access to their incredible knowledge and skill but also the treasure trove of resources we have on hand.

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With Jacqui's expert guidance and advice, you can navigate the complex world of mortgages with ease. Whether you're a first-time homebuyer or a seasoned property investor, Jacqui has the experience and knowledge to help you find the right mortgage solution to fit your unique needs and goals.

Jacqui understands that buying or building a home can be a daunting process. That's why she's committed to working closely with you every step of the way, providing clear and concise explanations of the various mortgage options available to you, and helping you make informed decisions about your home financing.

With access to a wide range of lenders and mortgage products, Jacqui can help you find the right mortgage for your needs and budget. And with her exceptional customer service, you can be sure that you'll receive the personalised attention and support you deserve throughout the home-buying or building process.

So why wait? Contact Mortgage Advisor Jacqui Fraser from Mortgage Express Timaru today and start the journey to the home of your dreams!

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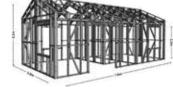
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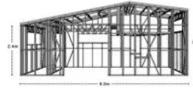


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