

February 2021

SSenc essentially...south canterbury

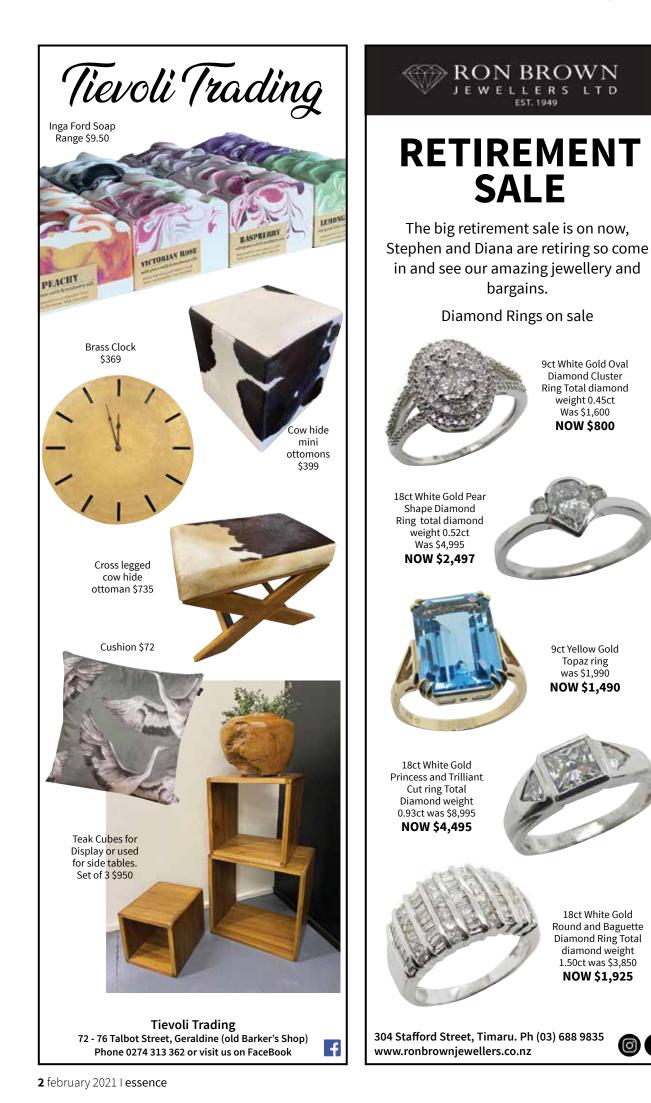
Motoring 6 Winning Combination

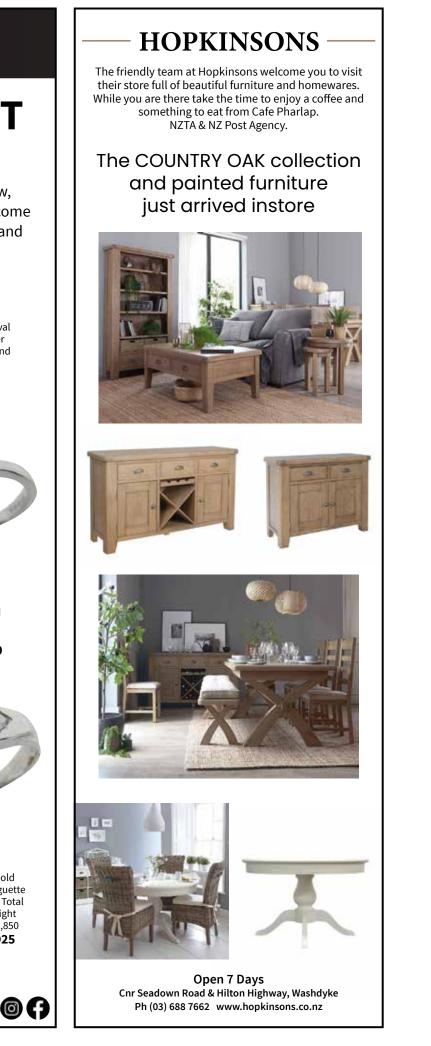
Feature Rock and Hop

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contents

As I write this we are nearly in March – where does the year go? If you feel the same, perhaps it's time to slow down and de-stress – so check out our Body & Soul page this issue. I am seriously tempted by the idea of trying a meditation session and if you feel you could do with a little time to slow down then check out the details on page 8.

One thing that is looming large in the coming weeks is the Rock & Hop event in Timaru. It really is a great event on the calendar and raises funds for a cause so close to many our hearts – Hospice South Canterbury.

So this month we caught up with some of the people getting ready for the Rock & Hop – from car enthusiasts to stallholders and a lady who pulls out all the stops when it comes to her outfit for the day. It takes a lot of work to get ready for a big event like this and we were impressed and inspired by the dedication people put in. You can check out the stories from page 13.

And if cars and caravans are your thing you're going to love our story on the Winning Combination (page 6). Writer Grant Shanks caught up with the John and Sheryl Glass, winners of the Best Car and Caravan at the 2018 Rock & Hop. They tell how the 1959 Starliner caravan was neglected in a shed when they first found it.

you these stories.

Have a great month - Pattie

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Published by Essence South Canterbury Ltd

Add a





Modern Lifestyle Living

Rock & Hop is such a great showcase for our region and the fabulous personalities, businesses and hearts that come together to make it all happen. I hope you enjoy reading about it as much as we enjoy bringing

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Front Cover: 1961 Vauxhall PASX & 1959 Starliner Car and Caravan combo, Photography; Carmen Peter Story page 6.

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Understanding crop residue burning

Late February means the start of crop residue burning season is upon us. This practice is also known as stubble burning and is an important practice for arable farmers. However, the impacts of these burns can be far-reaching and can negatively impact people several kilometres away from where the burn is located, with reports of 'out of control' fires and concerns about smoke, ash and visibility, common through the late summer.

Brian Reeves is Environment Canterbury's Southern Zone Delivery Lead. He explains that with several agencies involved, it's important to join forces to provide guidance and information to both those who undertake crop residue burning and those impacted by it, to address frequent misunderstandings about what is or is not acceptable.

Why crop residue burning?

Crop residue burning plays an important role in New Zealand's cropping systems and is a permitted activity under the Canterbury Air Regional Plan, except in two buffer zones around Timaru and Ashburton where a resource consent is required.

The practice is a quick and economic way of dealing with crop residue which has less environmental impact than alternative methods. It is also an effective, nonchemical means of weed management and can contribute to pest and disease control.

What's the problem?

In certain conditions and weather, the smoke from these burns can travel beyond the property boundary, causing a nuisance effect for those in nearby towns. This can be particularly troublesome for towns



like Waimate where the geographical landscape means the smoke gets 'trapped' and sits over the town.

What is being done to resolve this?

The Canterbury Air Regional Plan has measures in place restricting outdoor burning to help reduce nuisance effects and improve the quality of the air our communities breathe, including that anyone undertaking a stubble burn must complete a smoke management plan. Industry organisations like Federated Farmers and the Foundation for Arable Research provide practical good management advice for burns to farmers. Fire and Emergency New Zealand has seasonal restrictions and permitting requirements, and, even if burning is within the Environment Canterbury rules, farmers need to check if the location of the fire is in an open, restricted or prohibited fire season. They can find this out at checkitsalright.nz.

Learn more

- Environment Canterbury: ecan.govt.nz/ outdoorburning
- Foundation for Arable Research: far.org.
- Fire and Emergency New Zealand: checkitsalright.nz

Report an incident

- Call Environment Canterbury's incident response team on 0800 765 588 (24 hours). It's important to provide as much detail on the location as possible so the team can respond effectively and efficiently
- If there is risk to people or property, call 111 immediately

Dorothy Woos the Crowd

On Wednesday 3rd of February, Dorothy was invited to speak in front of the Lions Club Timaru. This was a night touching on the history of essence, how it came about and a little bit about our team here in South Canterbury. What a great night!



1. Aaron and Teressa May 2. Alec Darling 3. Brian Cosgrove 4. Marie Dey 5. John Doggett, and Graham Woods 6. David Galloway 7. Jack and Yanni Dijkstra 8. Neville Carpenter and Katherine McCreanor

March whats on...

PLEASANT POINT MUSEUM & RAILWAY

7th March - a popular Steaming day with a steam locomotive pulling the train and the 1925, Ford Model t replica rail car operating. 10.30am to the last train at 4pm.

Easter is just around the corner and we will be operating on the 3rd, 4th, & 5th of April with our very popular "Kiwi the Engine & Friends". 10.30am to the last train at 4pm.

HADLOW TO HARBOUR FUN WALK, JOG, RUN

Sun 7 Mar 2021, 9:30-11:30am

91 Hadlow Rd, 91 Hadlow Rd, Hadlow, Timaru

Choose to run, jog, or walk the full 10km course from Hadlow Road, or the shorter 3km stage from Countdown car park in Church Street to the HarbourFront and on to Caroline Bay for festive prize giving. There are great prizes and groups are encouraged to enter and gain their own sponsorships for their own fundraising. Free buses run to Hadlow from Caroline Bay skatepark (northern car park).

MEDITATION

Tuesday 9.15am silence only

Wednesday 7.30pm guided & silence

Thursday 9.15am guided & silence

Friday 7.30pm sound & healing

Saturday 9am

Sessions by \$5 donation to Nepali Orphan Fund Artma Spiritual Gallery Royal Arcade Timaru 03 686 9878



11am-4pm



















The Breeze Diamond Drop

The chance of winning a \$3,000 diamond from The Ringmakers drew a crowd of around 2000 people to The Breeze Diamond Drop at Ashbury Park on Sunday 14th February.

For a few seconds, it rained confectionery as 2021 pink and white marshmallows were dropped from a helicopter. A single cubic zirconia hidden inside just one marshmallow had to be found and presented to the organisers to claim the diamond.

Leah McMinn, aged 4, was the lucky winner and was presented with her diamond by OJ from The Breeze and Brent White from The Ringmakers.















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John and Sheryl Glass are winners, and in more ways than one.

Former top smallbore shooters, Sheryl has won multiple International titles and medals in NZ, Oceania, Britain and competed at Commonwealth Games & World Cup level, while John has held and still does hold records at National and Provincial levels, and has also competed at World Cups. However, they are winners in another completely unrelated area - namely the automotive one. A car salesman and panel beater by trade, John is largely responsible for this fantastic car/caravan combination.

This stunning pairing was the winner of Best Car and Caravan at the 2018 Timaru Rock & Hop Show, and there's a lot of history behind them, as John explains. "The Vauxhall PASX is the 1961 version. It was purchased by Sheryl's father, Doug Findlater in 1973 however, years later when he got company cars, the Vauxhall spent about 35-years quietly rotting away in a cellar in Dunedin,"

Upon Doug's passing what had been the family pride and joy for many years, Sheryl felt it would be a great tribute to Doug to restore it and asked John if he would do the honours. What followed was a nightmare vehicle retrieval from one of Dunedin's steepest streets, Montague Street, two over from Baldwin Street, the world's steepest street on record.



"We had no brakes and used bricks in front of the wheels to ease the Vauxhall out a brick at a time so we could trailer it. It was a pretty hairy operation," John recalls. "The

"It was about this time that I spotted the 1959 Starliner on Trade Me. It was a pretty rare little caravan and this one was the 113th made. The Starliner was in really bad shape, stuck in a shed down Lake Benmore way. It was basically just an empty shell."



engine was totally seized up and no amount of coaxing could free the pistons. Eventually, the pistons were cut out and as a result the engine capacity was increased a wee bit over its normal 2.6 rating."

After about a year in which John did all the restoration work and panel beating, Ashley's Peter Bachelor added the glorious paint job.

John stripped the caravan down to its bare bones and rebuilt it, doing all the bodywork himself. A year later and with another visit across the river to Ashley, the little 12-foot caravan was complete and a perfect match to the



Vauxhall. "It's not just for show," John says. "We use it and in fact we've taken them on a run as far north as Tokomaru Bay north of Gisborne."

While John and Sheryl haven't got any plans for another caravan run in the near future, they will be attending the next Caroline Bay Rock and Hop.

Keep an eye out for them.



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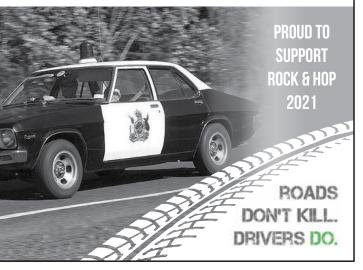


Formante





HEN WE ARE IN A CAR - HAYDEN PADDON



The Yellow Door Café

This new fresh and vibrant café at 332 Stafford Street – where the Purple Lizard used to be - opened in October 2020.

Jason Russell purchased the café in August and after redecorating it, he renamed it The Yellow Door. He told me that the colour 'vellow is supposed to be good for you' and hence the name, as he wanted his food to be bright and fresh. The cafe obviously has yellow doors and the rest of the décor is mainly white with paintings of NZ native plants and maori art on the walls.

Signature dishes include the seafood chowder which is packed with goodness, including cockles and mussels (still in their shells) and seaweed. Another good healthy choice is the goodness bowl - avocado, cherry

tomatoes, hummus, beetroot, haloumi, poached egg, cream cheese and dukkah served on kumara rosti. There is also golden fried chicken, smoky beef cheeks, a garlic, prawn and seafood pasta and more. Jason likes to be creative and for his menu to be different from the other cafés and restaurants in town. On Waitangi Day he served a hangi, cooked in his hangi kai cooker and he is hoping to introduce more maori options, using native herbs. Maybe opening three evenings a week is also on the agenda, because Jason is missing cooking evening meals!

Jason has had a wealth of experience with food over the last thirty years. He has cooked since he was 17 and he has







had a wide variety of foodie jobs. His early mentors were Karl Coe and Lindsay Bennett, who tutored him at the then Aoraki Polytechnic and taught him the skills of fine dining and competitive cooking skills. He gained catering experience and hotel service at the Hotel Grand Chancellor in Christchurch, One memorable experience here was cooking for the dignitaries at an APEC Conference where he was the head chef, having to serve 1,000 crayfish as the entrée! He then went to Queenstown, again with Karl Coe, where he learned about catering

for the tourist clientele. His next stints were at Ginger and Garlic and Monteiths in Timaru, then at the Merrin Street Café in Christchurch.

He has won several awards and after 30+ years working for others, he jumped at the chance to open his own café. He has a kitchen manager and five staff. Jason designs the menus and he insists that his employees are creative. The café is open seven days a week from 7.00am until 10.30am for breakfast then from 10.30 till about 4.00pm for lunch. The café is alcohol- free, the coffee is L'Affare and it also serves herbal teas and smoothies. Besides the set menu, there is cabinet food available as well as Wee People options.



essence | february 2021 7

Body and Soul

Tye Gare

e way we look at the world and use our eyes has changed over time. Previously, most of our time was looking at far and intermediate distances. Today we primarily focus on near objects such as computers, laptops, tablets, smartphones, gaming devices and books. Most of us don't realise the harmful effect this shift has on our eyes and vision. Take care of your vision by making eyecare part of your back to school or work preparations today. Our team can provide you with lenses which are specifically designed for different work environments, occupations, and digital devices! Better vision, better life!

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Meditation

he Healing Power of Meditation

aking into consideration that the human brain produces a multitude of thoughts every minute, it would be rather stressful to expect that when we sit down in meditation there should suddenly not be any!

The power of meditation lies not in 'shutting down' the brain but simply in diverting our attention into the sublime stillness that is present within us.

Thus meditation becomes a vessel for healing our body, mind and spirit, as it will assist us in letting go of the past and bringing our attention into the present.

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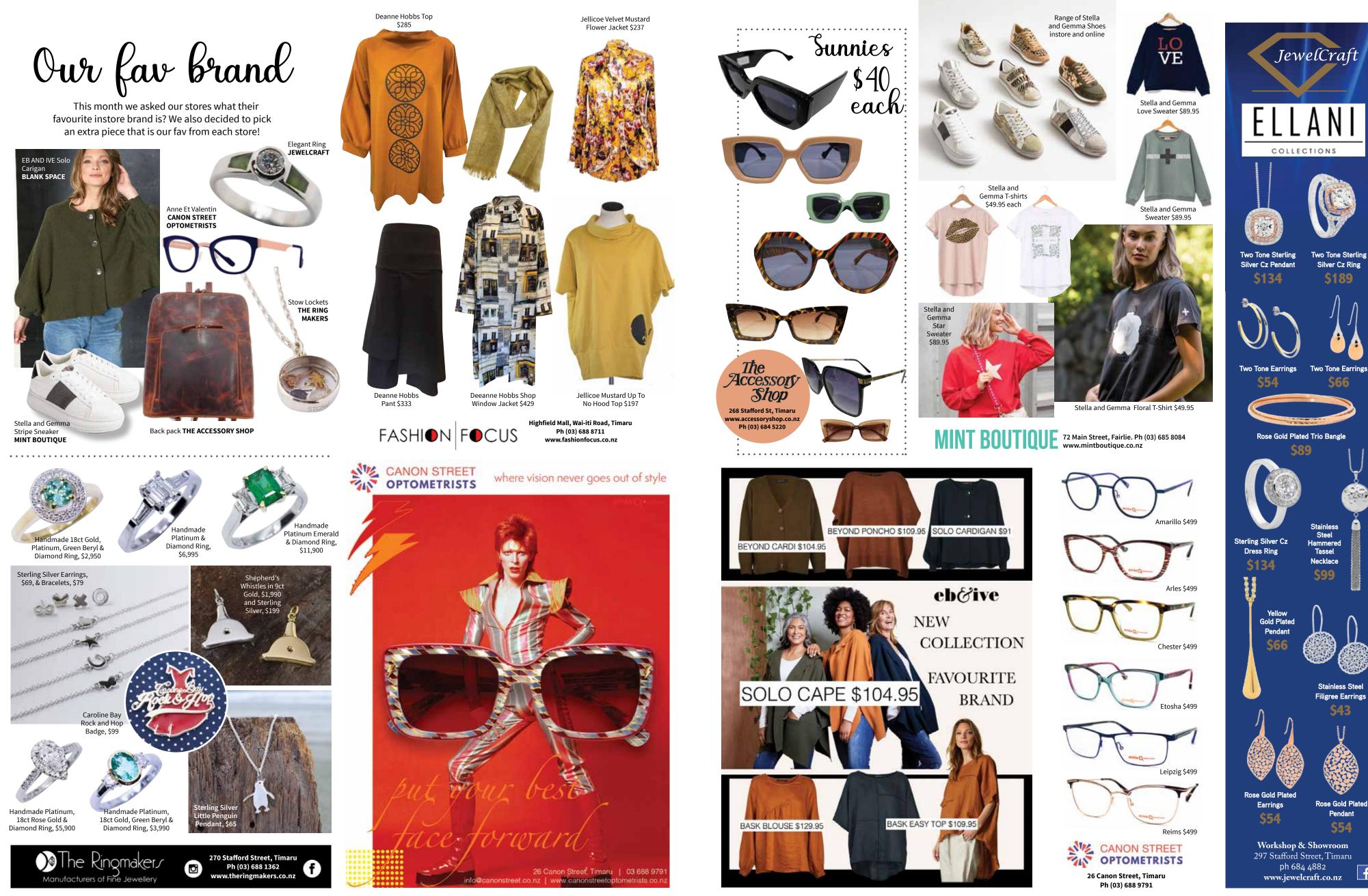


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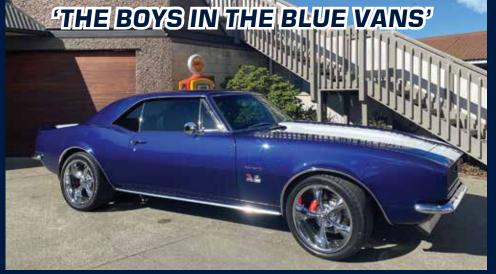
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It wouldn't be Rock and Hop without the cars and a lot of work and preparation goes into getting them ready for the big day.

Pauline Farrell remembers how her husband, John, used to wash and polish his beloved Mini prior to show day. He loved the car and it would be covered up in the garage and treated with the greatest of care.

After Pauline's husband passed away, it was Peter O'Neil, the general manager at the Hospice, who some time afterwards suggested she put her husband's car in the Rock and Hop this year. The car had "Dad phoned me up one day and said 'I've been in the show before as John had been keen on showing it. "I was a bit overwhelmed by it when it was first suggested," says Pauline. "But I definitely wanted to do it".

Her son, Justin, remembers clearly when his father first bought the 1981 Austin Mini. "Dad phoned me up one day and said 'I've bought a car, it's a bit of a keeper'. I wasn't that into cars then," he says. But over the years his interest in them grew and alongside his dad he showed the Mini at Rock and Hop three years ago.

This year Justin is getting the Mini ready for the Rock and Hop. "There's a



12 february 2021 | essence

words: Pattie Pegler







bought a car, it's a bit of a keeper'

bit of work to be done," he says. The car will have some rust spots removed and possibly have a repaint. It will be washed and polished and taken down to Timaru on a trailer and if all is going well Justin plans to take it on the Friday Night Cruise as well as showing it on the gala day.

The Mini always gets a lot of interest, he says. A metallic blue with bucket racing seats, white mags, a modified suspension and a 'throaty sounding engine' – the car has had plenty of work done on it to make it show ready





You don't want to miss out...

Driving simulator

You have access to a brand new designed driving simulator developed by Dunedin based company GFactor.

The difference between this and traditional driving simulators is that it uses actual footage of NZ local roads so that drivers can relate to the driving environment



Many simulators use computer generated scenery that may not be realistic and that gives it the "game" experience.

GFactor uses virtual reality headsets that brings the experience to life so that the driver can "look around" rather than just focussing on the road ahead.

The benefit of using simulation is so that drivers can experience various real life driving scenarios presented randomly by the program.

This method engages and conditions the subconscious mind into real life situations. Don't worry, there are no horrible scenes that should traumatise people.

Crash statistics and research show that poor decision making is a significant contributing factor in crashes. As the saying goes, "you don't know what you don't know".

This method enhances specific skills for drivers so that they develop better decision making abilities when experiencing similar situations in real life.

For novice drivers, this could be used as part of their syllabus where the theory and practical aspects are combined. It does not however eliminate the need for real life driving practice by way of driver instruction in a real car.

Come and experience the latest driver training technology brought to you by Kiwis.

Gold coin donations with all contributions going to South Canterbury Hospice.

This is not a toy, and due to the time to finish the session which is around 10-15 minutes, only people who hold at least a learner licence will be accommodated.



Slot Car set

What does an all-time favourite car racing game have in common with real life driving?

The answer is that in both cases crash causes are very similar.

Come, have a go and have a bit of fun. Whether you are a well-seasoned or a novice driver, the outcomes may surprise you! Due to high demand, small children must be assisted by an adult please.

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words: Pattie Pegler

We got the chance to put a few questions to veteran stall holders 19 Black - The Rockabilly Shop[™]. We wanted to know what the Rock and Hop means to them.

How many years have you been running a stall at Rock and Hop?

19 Black - The Rockabilly Shop[™] has been involved with Rock and Hop for the past four years, except for last year when it was cancelled due to COVID. So this is our third year as a stallholder.

Why did you first decide to get involved?

Once we opened our store in Stafford Street, we committed to supporting the community in various ways, the Rock and Hop being our opening event in Timaru. Events, markets, and expos have been a consistent element of our business for the last 10 years, it's part of what we do!

What is involved in getting ready to run your stall at the event?

Planning and preparation for stock, staffing, gear, logistics, troubleshooting potential challenges such as weather, mobile payment systems and where to try on our fab dresses and shoes. Over the years we have streamlined our procedures so we can offer our services at both the Rock and Hop and in our physical store in Stafford Street simultaneously, with a great selection available at both locations.

How far ahead do you start to prepare?

Preparation for an event begins the moment the previous year's event finishes, starting with rebooking.

How does running a stall compare to selling from your normal store? What do you enjoy about it?

It is simply a different environment, the concepts are the same. But running a stall at an event is an opportunity to have fun and



and our customers who usually can't visit our store due to living out of town. We enjoy the atmosphere that an event brings and it's a very enjoyable environment to share what we offer with the public, unless rain and wind is involved!

What have you learned over the years about running a stall at **Rock and Hop?**

We have been involved with different types of events for many years, and in general we have created a system that works well for us. But for Rock and Hop in particular, our experience has determined that we should expect at least one crazy weather dav!



words: Pattie Pegle



So now Sarah is a regular every year at Timaru's Rock and Hop. Having grown up in Timaru and had family members pass through the hospice – it is a cause close to her heart. And she really loves dressing up in rockabilly/retro style so is a regular in the Best Dressed competition at Rock and Hop. She has entered many times and in 2018 took third place.

It takes a few months she says to decide on the costume she will wear and then pull all the aspects of it together. "I usually go for a colour scheme and get my ideas through the pin up community in NZ and places like Pinterest," says Sarah. "I will often start with one piece and then work out from there.'

Sarah trawls through op shops and dedicated Facebook pages where people buy and sell vintage clothing – on the lookout for pieces to make her costume. Mostly she shops for pre-loved items and if the shops turn up nothing and she has a design in mind she may turn to one of her more 'crafty friends'.

does often try to make her hairpieces.

On the day of the Rock and Hop Sarah will be getting up early and heading down to Timaru with her husband in their Mark II





Getting Best Dressed Ready

Sarah Maginness first became interested in the rockabilly retro style about five years ago when a friend took her to North Canterbury's Muscle Car Madness. She borrowed a 50s style dress and just loved the experience and the community around it she says.



"I love the dressing up and getting" an outfit together and I've made a lot of friends through it," she say. "It's all about being body positive and getting out there and having fun."

"It's a real community and quite a few can sew and are crafty," says Sarah. Her own crafty skills she confesses are limited but she

As well as the support and camaraderie of pageant friends, she also gets great support from her husband, Jude, who she says is her 'style guru'. And her mum is also really supportive.



Ford Escort – all dressed up in retro style. "I am very particular about being prepared," says Sarah. So there is no last minute rush. She does however book in to have her hair and makeup done as the finishing touches in Timaru on the morning of the event.

Whilst Sarah admits to still getting nervous she is unequivocally positive about the pageant experience and credits it with having boosted her confidence.

"I love the dressing up and getting an outfit together and I've made a lot of friends through it," she say. "It's all about being body positive and getting out there and having fun."







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ROCK AND HOP TIMETABLE

THURSDAY

1:00pm Riverstone cruise leaves from Caroline Bay. (if you have tickets to tour the castle you may need to leave earlier than this)

2:15pm Cruise meets at Riverstone

3:15pm Cruise leaves Riverstone to cruise back to Timaru.

FRIDAY

9:00am Gates Open, Marine Parade entrance.

11:00am "Geraldine.nz" cruise leaves from the bay

2:00pm Geraldine cruise returns to Timarı

4:00pm Rock and Shop Street party starts, Timaru main st.

5:30pm Main Streets cruise starts.

6:00pm Temuka "Rock and Stop" street party starts

8:00pm Doors open for The SBS Bank Surfing USA Party



SATURDAY

7:30am Gates Open at Caroline Bay for vehicles to park up off Marine Parade.

9:00am Music starts

10:00 Band The Groove start playing, festival opens, voting opens, stalls and best dressed registration opens

12:00 Funky fashion parade

12:00am Band - The Drama Queens play

12noon All Best Dressed entrants must have checked in before 12.00.

12:25pm All best dressed entrants need to report to The Bay Hall for Pre Judging

12:30pm Pre judging for best dressed in the Bay hall, (Doors Closed)

1:00pm Band - The Drama Queens

1:30pm Best Dressed Entrants meet behind stage area. 1:30pm Voting for Participants and People's Choice

closes

2:00pm Best Dressed Competition parade and prize giving

2:30pm The Drama Queens

3:00pm Car winners announced - trophies presented. Vehicles paraded in front of stage

3:30pm Mitre 10 Mega Strongest and Fastest final on

3:40pm Highlands Motorsport Park Prize Pack Draw.

3:45pm \$10,000 Lucky prize draw live on stage

4:00pm Festival finishes.

7:00pm "Rock Your Socks Off" party doors open at the Caroline Bay Hall

SUNDAY

8:00am Breakfast on the Bay in the Marquee begins. 10:00am Breakfast closes

10:30am Sunday cruise leaves heading to Tekapo, with lots of choices for what to see and do.





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- U-Drive Radical
- Museum entry
- Lunch

*terms and conditions apply You must have a full current drivers licence WWW.HIGHLANDS.CO.NZ







WIN a "Keys to Highlands experience" at Highlands for 2 people valued at \$2,500. Be at the main stage for the winner announcement at 3:40pm on Saturday 20th March (a vehicle will be picked from cars on display on Saturday).

Highlands is a world class facility with experiences to match.

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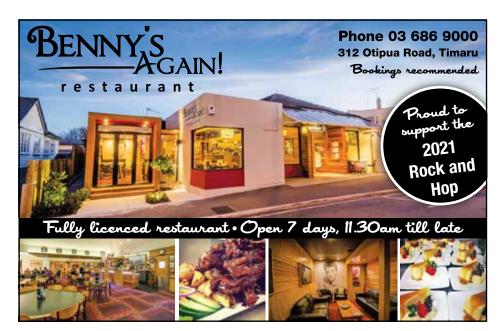
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Access to the GT Private Members lounge









We all live in a great place here in South Canterbury, so let's celebrate by supporting the Rock & Hop 2021.

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'The Lilliput Caravan Club of New Zealand is dedicated to the preservation and enjoyment of the iconic Lilliput Caravans which were manufactured in Auckland from the early sixties through to the late seventies. This is the only 'one make' caravan club in the country. Production of these iconic caravans ceased in 1979 owing to the prohibitive sales tax introduced by the government at that time and the original

Lilliput company went into liquidation, but not before

illiput

VAN CLUB

some 300 Lilliputs had been made. Nine years later, in 1988, some 50 owners of these beautiful iconic relics gathered in Taupo to form the Lilliput club, which still thrives today. Ownership of a Lilliput is a prerequisite to full membership of the club. Many Lilliput Caravan club members are retired people,

with a good mix of young families and a range of people n between



A National Rally is held annually, usually in the North Island where the bulk of the vans are situated, but last year, and in liaison with Hospice South Canterbury, the Club arranged to mount its own 'Rock and Hop South Island Rally' with members coming to be the star attraction in the caravan section of the Caroline Bay gathering. Impromptu parades were held in the main streets of Westport, Hokitika, and Wanaka as the rally progressed, at which funds were raised for the Hospice, and a worthwhile donation was able to be made in March last despite



the Timaru-based One worthwhile

outcome arising from 2020 was a

new South Island division of the Lilliput Club being established, as there are a few of the vans in existence in our part of the world, and this has resulted in a determination to again feature in Caroline Bay this year, as in the Club's eyes they have 'unfinished business'. Accordingly the 34th annual National rally will be a '2021 Lilliput Rock and Hop Rally' commences in Havelock in early March, and this time has been convened by South Island based club members. This will travel from Havelock to Invercargill during the month, but with the main focus being at Caroline Bay. Some 20 vans are registered, coming from places as far away as Maungaturoto, Auckland,





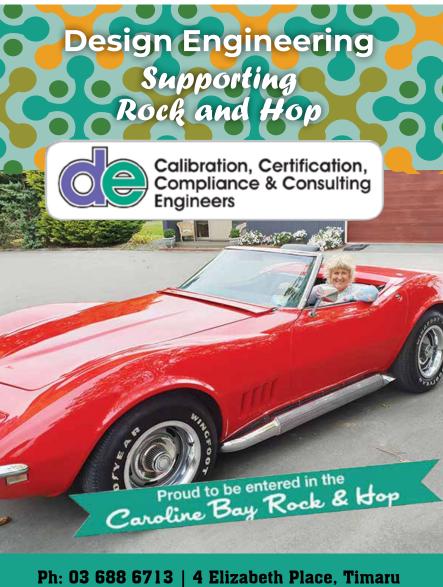
Rock and Hop Brooch We are super excited to have produced this

enamelled solid sterling silver badge, designed and made right here in Timaru, to support the Rock and Hop event.

A portion of the proceeds of each sale will go directly to Hospice South Canterbury. Phone 03 688 1362 to order yours today



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Tauranga, Matamata, Rotorua, Taupo, Hastings, Otaki as well as from the South Island. They will be featuring in the Timaru Friday night parade, as well as being onsite on the Saturday, where owners will be delighted to host visitors to their Lilliput Village during the public display.

Recently the Club published a hard-covered full colour 450 page book "One Man's Dream - the unique world of Lilliput Caravans" as a comprehensive historic record of New Zealand caravanning in general and the fifty plus years of Lilliput's existence in particular. This fascinating story normally retails at \$59.95, but it will be available both on the journey south and at the Rock and Hop Festival for the special price of \$40.00, 25% of which will be donated to the Hospice.





Caroline Bay Rock & Hop See you there!







Your Hospice is once again very excited to be running its \$10,000 Lucky Ticket Draw. 2020 winner was Grant Mehrtens from Timaru and this year it could be you.

The giveaway was started thanks to local lady Lana Cox who donated a motorbike that she had won. Hospice sold this and used the \$10,000 to hold the lucky draw. Enough money was raised to ensure the competition could continue this year.

Get yours for \$10 from our Hospice Shops or office and be in to win. A limited number of tickets are for sale so you may like to get yours early to be sure you're in the draw.

If you would like to ensure you have a lucky ticket pop into one of the Hospice Shops or call 03 687 7670. Alternatively, you may see some around town, don't miss out, YOU DO NOT NEED TO BE AT THE ROCK AND HOP DRAW TO WIN, but we would love to see you come up and collect your prize. The live draw will happen at 3.45pm at the Gala Day on the 20th of March 2021. See you there.



- 1st prize \$10,000 cash voucher
- 2nd prize- \$1,430 Lake Stone Lodge, Lake Pukake, one dinner for two, two breakfasts for two, two nights' accommodation voucher.
- 3rd prize \$500 Pak n Save voucher.
- 4rd prize \$500 Pak n Save voucher
- 5th prize \$300 petrol voucher
- All winners will be given a voucher on the day of draw to redeem their prize.





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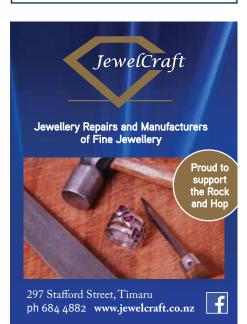


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FROM THE Mayors Desk

Nga mihi o te houanga – New Year's greetings

While I've said a Happy New Year to the many people I've seen over the holidays, I'd like to take this opportunity to extend that to everyone in the district. I hope you have all had a lovely holiday break with family and friends.

2021 is set to be a huge year here at Council. As well as our business as usual work in keeping all the infrastructure and services running smoothly, we are working on our Long Term Plan. Our Long Term Plan details the next ten years of spending, which tracks what new projects and what levels of service we will provide over the next decade. This is one of the best opportunities to directly have your say and we will be inviting consultation in April and May. Keep an eye out for the drop in sessions we will be having around the district so you can come along and speak to myself or one of my fellow Councillors. I know this is a district that's bursting with creativity, ideas and opinions and it would be great to see all this captured and reflected in this significant document.

Our district has some really exciting events coming up in 2021 which brings some much needed positivity and

reassurance. We were lucky enough to host the Crusaders vs. Highlanders game in early February. It was fantastic to see so many local people enjoying themselves in Temuka. Looking forward there's South Canterbury Children's day at Caroline Bay, Hadlow to Harbour fun run and walk, The Bandquet - grab your tickets for this one, it's going to be an awesome event with so many great live acts and of course the famous Caroline Bay Rock and Hop which will be back in full force this year.





Check out www.vttourism.co.nz for more details and to see what else is happening around the place. Make the most of the summer months and get out and enjoy what the Timaru District has to offer!

Finally, I would like to remind you all to take care of each other as our intricate world recovers. 2021 will continue to be tough but with the Covid-19 vaccine being rolled out there is hope and cautious optimism for 2021.

All the very best for a happy and healthy

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\$4.00

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Mayor Nigel Bowen



ADMISSION:

Senior (65+).

Adult

Child (5-17 years and high school pupil with ID) ...

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CHILLAX: 16 years & over (additional to admission price)

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A modern fitness and leisure centre, with three indoor heated pools, a 50m outdoor pool (open mid-Nov to 5th April) two hydroslides, a children's water play area, Rapid River, Big Splash Tower and Chillax area (16yrs +) there's something for everyone.

So whatever the weather, it's the best place to splash, swim and play, because it's always summer at CBay.

POOL SAFE CHILD SUPERVISION POLICY

CBay Aquatics endenses the NZ Standards for the aquatics industry and the Aquatic Gold of Conduct. Active supervision is required for ALL children in the facility under the age of 8 years, NO exceptions. Parents or caregivers who do not supervise their children appropriately will be reminded of this policy, which is designed to keep children safe in the water at all times.

UNDER 5 YEARS: A maximum of two children under 5 years to one responsible person" who MUST BE WITHIN ARXIS REACH and in the water at all times, no exception 510 7 YEARS: A maximum of 4 children aged 5 to 7 years to one responsible person* who MUST be ACTIVELY SUPERVISING and able to provide IMMEDIATE ASSISTANCE when



Monday - Friday 5.30am - 9pm Saturday, Sunday & Public Holidays 7am - 7pm 11 Te Weka Street, Timaru Ph: 03 684 2229 @CBayAquaticCentre







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Enjoy the Rock and Hop Cruises

New departure time 5.30pm

Whilst you are in the region you have the opportunity to discover some of the secrets and delights of our local towns. On Friday the Geraldine Cruise leaves Caroline Bay at 11.00am. In Geraldine you can enjoy live music on the Village Green and browse the fantastic boutique shops specializing in giftware, crafts, fashion and homeware. The town is renowned for its art scene and boasts a number of galleries and you can even visit local artists in their studio. The Geraldine Auto Renovations will open their doors so you can get a sneak peak of recent renovations and their hall of fame. Another 'must visit' for car enthusiasts is the acclaimed Vintage Car and Machinery Museum. New to the Geraldine Cruise is Paul Robins Route 79 Museum, with its eclectic collection of cars, tractors, artillery pieces and wall displays. This attraction costs \$5 to visit with 20% being donated to the hospice.

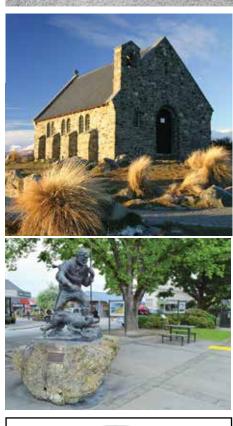
On Friday night Temuka' s main street will be closed to normal traffic from 5.30 – 9.00pm, so that the Rock and Hop cars can cruise through. There will be sausage sizzles and food vans and live music will be playing.

The Sunday Cruise will leave Caroline Bay at 10.30 to cruise up to Tekapo. En route you will pass through Pleasant Point where you won't want to miss "Frocks and Shocks" at Obsolete Iron Motors. Classic, vintage and retro clothing, jewellery and accessories for the girls and vehicle servicing, WOF checks, engineering, car/ bike builds and solving issues for the boys! Next stop Fairlie with its famous pies from the Fairlie Bakery or coffee and delicious

food from the various eateries in the village. The Fairlie Heritage Museum features vintage saddlery, tradesman tools, household and sporting equipment. Vehicle pavilions feature vintage motor and horse-drawn vehicles and a stunning array of vintage farm equipment. Even a gyrocopter that actually flies!

Then on to Kimbell, where you can indulge in a pint at the Silverstream Hotel or visit the art studio and gallery. On to Burkes Pass, the home of the Three Creeks Arts and Crafts Store which is an interesting combination of museum and shop, selling local arts and crafts. It has an amazing collection of vintage vehicles and farm equipment, plus handmade chairs and tables, a blacksmith shop and old and new collectibles.

Finally our destination and the jewel in the crown – Lake Tekapo with its stunning blue lake, surrounded by acres of golden tussocks and snow-covered mountains in winter. There are a myriad of activities to enjoy here. Start with a burger and beer at Our Dog Friday or try something yummy from The Greedy Cow which has an in-house pastry chef and serves award- winning Hawthorne coffee. There are lots of eateries to choose from. If you have time, a drive up to the Observatory gives you a stunning view over Lakes Tekapo and Alexandrina and the walk down will take you past Tekapo Springs with both hot and cold pools. If you're feeling a little less energetic, take a walk over the bridge to the iconic Church of the Good Shepherd. Then maybe another coffee or a beer and it's time to head home!





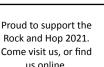
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Timaru's rich history for Rock and Hop weekend. HARLAU HOUSE – CAFÉ – 253 Beaconsfield Rd. Timaru. Ph (03) 683 1887





The Shearers Quarters

Rock, Hop and Cruise out to the rustic café The Shearers Quarter's just a 15 minute cruise north of Timaru. Check out their fabulous menu and activities to entertain all ages.

This country cafe has evolved into one of South Canterbury's leading family destinations.

> Open from 8.30am every day with ample parking 924 Seadown Road, Temuka. Ph (03) 615 9043

Warehouse Liquor

Gordon's Sicilian Lemon Gin packs a generous helping of vibrant lemon alongside the juniperforward heart of the classic gin. Bursting with fruity freshness imparted by the Mediterranean citrus, this tipple will certainly make for some tasty summer cocktails - we reckon it'll add a zesty twist to a Aviation... There's still plenty of juniper up front, but fresh lemon peel certainly stands out, with a hint of thyme for support.

35 Browne St, Timaru. Ph (03) 688 1012 www.warehouseliguor.co.nz





Wettands Cafe

Situated at the south end of Timaru, Wetlands cafe offers authentic Vietnamese food to our locals. Recently renovated and with a new menu, they continue to offer delicious dishes such as chicken satay and crispy pork belly on rice which are some of their favourites. In addition choosing one of their catering platters, there are excellent finger foods so that one can have a full experience of the cuisine Wetlands cafe offers.

Open Mondays to Saturdays. Late night for takeaways on Friday and Saturday.

169 King Street Timaru Phone 03 688 9424 www.wetlandscafe.com

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