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of Christmas

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Wishes

Popular Homewares

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Tievoli Trading 72 - 76 Talbot Street, Geraldine (old Barker's Shop) Phone 0274 313 362 or visit us on Facebook

contents



We would like to wish everyone a Merry Christmas and Happy New Year. Thank you for your support this past year, we couldn't have done it without our fantastic clients. We value our opportunity to bring out our monthly publications and look forward to doing so in the future. May your Christmas be happy and blessed.



This is our last issue of the year and what a year it has been. We've been promoting local shopping and businesses for over a decade - long before it became fashionable. But it has been good to see others catching up with the idea this year - support local has to be one of the phrases of 2020. And we are lucky to have so many great places to support in our region.

This month our writer Gilly went along to find about the Cadet Corps in Timaru, she called it a 'well kept secret'. It's an expression that seems so apt for this beautiful region. There are so many fascinating people out there in our community from artists to entrepreneurs and many things in between - they're running businesses, creating art, making history or in this month's issue serving in the Cadet Corps. We love being able to shine a little spotlight on them and bring you their stories.

The region's natural beauty spots are also highlighted this month with a selection of walks that have got us planning for the holiday season. There are coastal views, waterfalls, forests, birdsong and even the hint of shipwrecks. Whether you're after a one-hour amble to work off some of that Christmas Dinner or a 5-hour return loop - we've got some great suggestions for walks around Timaru and Geraldine.

So there are plenty of options for your activity list these holidays out and about in South Canterbury.

A Merry Christmas from all of us at Essence and we'll see you in 2021!

contact us: Dorothy McLennan - Publisher
dorothy@essencemagazine.co.nz
Ph: 0274 507 532

Pat Naude - Advertising & Business Manager
pat@essencemagazine.co.nz
Ph: 022 684 5974

Liz Bell - Advertising Co-ordinator
liz@essencemagazine.co.nz
Ph: 022 176 4349

Larnya Bourdot - Graphic Designer
larnya@essencemagazine.co.nz
Ph: 027 525 8649

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Resort Style Facilities

The Leisure Centre is the hub in which we hold communal entertainment and events. Offering resort style facilities: Indoor Swimming Pool, Spa, Library, Hair Salon, Craft Room, Therapists Room.

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Fashion



For those of you who missed the Sutherlands Christmas Trail check out page 6.



4 Must-do walks in Timaru District

In January 2021, we are implementing a pre-school care programme for primary school aged children.

Quality care will be provided between 6.45 am until the school day begins. As with our After School programme drop offs will be made at Timaru Primary Schools in our minivans.

The cost of each session will be \$19.00 and this will include breakfast.

We assure you that we will provide the same service in the morning as we do in the afternoon.

If you have any questions can you please call the After School care staff on 03 688 8848 during their office hours of 2pm - 6pm, or Kate Flynn on 021 257 9785.

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Fashion for Cure

Breast Cancer Cure - Fashion For Cure wrapped up a sold out season for 2020 with an inaugural show at The Hermitage Hotel, Aoraki Mt Cook.

Breast Cancer Cure Ambassador Petra Bagust was the host for the evening, guests were treated to a delicious 3 course meal, wine from The Ned, cocktails from Scapegrace and goodie bags full of treats from the sponsors. The guests had come from the Aoraki surrounds, as well as Queenstown, Timaru, even Christchurch. They didn't hold back their generosity when it was time for the auction and the event raised over \$70,000!!!

Cocoon Hair Design were part of the Joico Style Squad for this event. The hair vibes for the show was 70s Glam Curl - big hair with lots of body and lots of attitude! In between courses, catwalk style fashion shows feature latest collections from premiere New Zealand designers, Kathryn Wilson, Storm, Moochi, Augustine, Elle & Riley and Trelise Cooper.

Felicity from Cocoon is the Joico Creative Hair Director, she works with the designers



and BCC producers to design looks for the events. 'We've been so lucky to be able to have this event in such a breathtaking location, it was wonderful to have my salon team backstage doing all the styling.'

The BCC mission is to prevent as many cases as possible. For those they can't prevent, they believe they can turn breast cancer into a disease people live with, not die from. Just over half a million dollars was raised at the fashion shows and will fund research in many universities throughout NZ.

Early bird tickets are on sale for the 2021 shows in Wellington & Christchurch. If you would like to see more photos from these amazing events check out Breast Cancer Cure or Cocoon Hair Design on Facebook or Instagram.

Racing for a good cause

This year the Timaru Soap Box Derby raised funds and awareness for Movember NZ, Victoria Trust & Timaru Suburban Lions Bike Skills Park. This fantastic event was held on Sunday the 15th of November. Photos supplied by Bradley Powdrell Photography.



Inspiring store to Christmas shop at

Maree Hynes Gifts and Interiors held their late night shopping night on the 25th of November. With fantastic discounts off stock, as well as spot prizes being handed out. The wonderful team offered free gift wrapping to make your life easier coming into Christmas!



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Grandparents Raising Grandchildren

It is that time of year again when the Zonta Club of Timaru are supporting the local Grandparents Raising Grandchildren group with a fun filled Christmas morning with activities and a delectable array of goodies for Christmas morning tea. The activity focus is on using everyday items and lots of initiative on how to wrap Christmas presents on an environmental and budget conscious way.



Elloughton Retirement Village

Our community is rich and varied, made up of friends and neighbours who have led amazing, inspiring lives. Teachers, preachers, nurses, naturopaths, pilots and sports champs - it's really quite an extraordinary group of people you will find living here.

With superb amenities, beautiful surrounds, tailored care services and engaging activities, you too will find a rewarding, inspiring life waiting for you at Elloughton Village.

Anne-Kathrin Bretzke, our Site Manager, would love to take you on a personalised tour, answer any questions you have and introduce you to our vibrant, ever-growing community. Give us a call to make an appointment.

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Our Village sales office has more information and is open from Monday to Thursday. Bookings for tours are essential.





The Magic of Christmas

Those of you who missed the Sutherlands Christmas Trail missed out on a treat. The local community organised this fundraiser to restore the historic Sutherlands Hall to its former glory. Seven local homes were beautifully decorated for Christmas by Ballantynes, Bloomers, Flowers Inc, Guthrie Bowron and The Mill Road Store. Besides admiring the decorated houses there were gardens to enjoy, olive oil tastings, live music, an art exhibition and a scrumptious afternoon tea, plus a delicious rhubarb and raspberry spritzer and strawberries and icecream.

This area has a rich history, with the first settlers being Alexander Sutherland and his wife Catherine, after whom the area is named. They built the first sod cottage in the area in 1868 and as family finances improved, the house was expanded with a second lean-to and three bedrooms. Limestone was quarried on the property and was used to clad the original cottage. Nineteen years ago Gay and Frank Claridge decided they wanted to move closer to their family roots and they bought this property. Doing it up has been a real labour of love, modernising and renovating in keeping with the age of the 152 year old cottage. They put in a new kitchen and bathroom and stripped the floors back to their original wood. They remodeled the fireplace using blocks of Oamaru stone and the whole house was

repainted, recarpeted and re-curtained. The extensive country cottage garden ablaze with roses, delphiniums and lupins really complements the house.

The Scottish/ Gaelic name for the house is "Baile Chnuick", which means "house on the hill" or "a place of peace and tranquility". Gay told me, "It has always been a house of hospitality". Alexander and Catherine Sutherland were renowned for their open-handed hospitality. Parson, swagger, drover or neighbour - all were equally made welcome by the Sutherlands, who possessed that somewhat rare characteristic of it making absolutely no difference in the hospitality shown to the man of position or the swagger off the road. This same hospitality was extended to those who attended the recent Christmas Trail.

Gay and Frank have created something very special with this beautiful character home and garden. We were privileged to share this lovely home with its tasteful display of Christmas decorations, a stunningly set Christmas table and a beautiful Christmas tree and stockings. Afternoon tea was served on vintage china in an adjoining shed, which was also beautifully decorated. The Christmas Trail was a wonderful community effort to preserve the historical hall for future generations to enjoy.



FROM THE *Mayors Desk*

Nga mihi matakaukui

"Seeing is believing, but sometimes the most real things in the world are the things we can't see" – Polar Express.

Christmas gives us an opportunity to pause and reflect on the important things. The sights and sounds of Christmas are all around us but it's the things that are not material that are truly important especially after the year we have had.

2020 has been one we will all remember. A year of unknowns but a year we have all come together and supported each other. I have met some truly inspiring people in 2020, new New Zealand Citizens, Industry Graduates, so many amazing volunteers, I have attended special ceremonies and presented many awards.

My Councillors and Council staff join me in wishing everyone in the community a very Merry Christmas and a Happy and Prosperous New Year. Please enjoy time with your family and friends, stay safe and think of those who are less fortunate or not with us today. An extra special Christmas wish goes to those of you on your own, working or volunteering on this special day.

Meri Kirihimete, **Nigel Bowen - Timaru District Council**



Christmas is fast approaching us and in the Mackenzie camping grounds & accommodation providers are all reporting a good level of bookings. With a region that has so much to offer, Domestic tourists are taking advantage of the chance to explore and really enjoy the legendary Mackenzie.

The latest data from Chamber indicates Mackenzie is benefiting from a surge in domestic tourism, with MBIE figures showing an increase in spend from last year's quarters. Residential property values have risen 7.7% which is in line with the national averages.

With a good rain this last week we have seen water levels rise in creeks and rivers, refreshing gardens and farms, and farmers happy to see that El Nino conditions can still allow good southerly rains.

Around the community, Fairlie Theatrical group presented the "World's Greatest Show" last week and special congratulations should be made to our long-term Director, Deborah O'Neill, who gained a National award for her services to theatre and the arts.

The Museum at Fairlie has expanded. Thanks to Brian and Helen Beattie, a new building has opened and now allows much more storage for many historic and important moments in Mackenzie's history. It's well worth a visit.

I look forward to Tekapo opening new school buildings on the 16th and attending this wonderful event. It will be a very exciting day for the Tekapo community.

Council appointed a Business Liaison as part of the Covid recovery. We are receiving constant feedback from businesses having trouble sourcing staff with a wide range of vacancies despite extensive advertising. Please touch base with us if you're looking for work. Mackenzie has wonderful communities to work and socialise in.

May I take this opportunity to wish you all a wonderful and safe festive season. It has been a disruptive year around the world, but we are so lucky to be able to enjoy life in New Zealand. We need to be grateful and make sure we appreciate this.

Merry Christmas and kind regards, **Graham Smith - Mackenzie District Council**



110th Caroline Bay Carnival

The Caroline Bay Association Annual Carnival commences on Boxing Day and runs until the 10th January 2021. Activities for all age groups to enjoy from 18 holes of mini golf, that is always good family fun, with the good old favourites the Merry Go Round and other rides.

The annual very popular Alpine Energy Talent Quest is on Fri Jan 8th with the Junior & Intermediate sections & Sat Jan 9th with the Seniors and the finals, that provides a variety of talent and entertainment with Tigtazz the backing band.

During the carnival we have great family entertainment on daily with free concerts at 2.00pm and 7.00pm. This year a large variety of artists performing include Bring on the Chops, Brotherhood Musiq, NZ Eagles Tribute Show, Blues Show, The Soul Agency who see in the New Year, Capitol City, The British Invasion 60s Show, Elton John Tribute Show, Harmonic Resonators and many more.

The New Year's Eve entertainment with the rides operating and the games open with great prizes to be won on the Choc Wheel and other stalls. Our own pyrotechnic team have planned another excellent fireworks display, a very



worthwhile show to see, many thanks to Pub Charity.

Throughout the carnival we have many competitions for the young ones through the different age groups. Fancy dress is extremely popular as are so many of the games and not to forget the Big Dig, Sand modelling and kids' races including the egg & spoon.

Check the website for full programme details including the artists who are performing this carnival www.carolinebay.org.nz Don't forget check out Caroline Bay daily on Facebook.

Looking for a pre-Christmas gift idea then consider pre purchasing rides tickets for the grandchildren. Enquiries at email Caroline.Bay@xtra.co.nz

THE 110TH

Caroline Bay Carnival

Timaru

Entertainment Programme

Saturday 26th December	Sunday 3rd January
2pm Bring On The Chops	2pm The British Invasion 60's Show
7pm Brotherhood Musiq	7pm Sons of Remo
Sunday 27th December	Monday 4th January
2pm Brotherhood Musiq	2pm Rocket Men - The Elton John Tribute Show
7pm Denver & Beyond Show	7pm Rocket Men - The Elton John Tribute Show
Monday 28th December	Tuesday 5th January
2pm Denver & Beyond Show	2pm James Constable
7pm Black & Gold	7pm Nate Cash
Tuesday 29th December	Wednesday 6th January
2pm Black & Gold	2pm Eddie Simon
7pm NZ Eagles Tribute Show	7pm Eddie Simon
Wednesday 30th December	Thursday 7th January
2pm NZ Eagles Tribute Show	2pm Harmonic Resonators
7pm Blues Brothers	7pm Harmonic Resonators
Thursday 31st December	Friday 8th January
2pm Blues Brothers	2pm Junior Talent Quest Semi Final
7pm The Soul Agency	7pm Intermediate Talent Quest Semi Final
9pm - 11pm The Soul Agency	Saturday 9th January
Friday 1st January	2pm Senior Talent Quest Semi Final
2pm The Soul Agency	7pm Finals Talent Quest
7pm Capitol City	Sunday 10th January
Saturday 2nd January	2pm - 3.30pm Tigtazz
2pm Capitol City	
7pm The British Invasion 60's Show	

Boxing Day to January 10th 2021

For full programme details check out www.carolinebay.org.nz or email caroline.bay@xtra.co.nz

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4 MUST-DO WALKS IN TIMARU DISTRICT

Timaru's seaside location means fantastic coastal walks where you can see penguins and the occasional whale, or head inland for beautiful bushwalks and waterfalls.

We've got Department of Conservation campsites with forest and river walks, and mountainous Mesopotamia for hiking and other adventures in the historic high country. There are heaps of fantastic walks throughout the district, here are 4 to get you started.

1. GO CHASING WATERFALLS

**Acland Falls Track, Peel Forest
1 hour return**

If you're into walks that encompass original native forest, bird song and waterfalls, head to beautiful Peel Forest.

Acland Falls is your reward for a fabulous bush walk that starts off with a bit of a climb, all under the cover of ancient podocarp forest.

There are plenty of tracks to explore at Peel Forest. You'll find something for all ages and abilities, including the wheelchair accessible Big Tree Walk.

2. CLIMB A LITTLE MOUNTAIN

Little Mt Peel/Huatakerekere, Peel Forest - 5 hours return

Known as one of the best day walks in Canterbury, but it should come with a disclaimer of 'not so little'.

The round trip takes around 6 hours, and you're rewarded with expansive 360 degree views at the top. Compulsory Instagram photo on the trig station at the top - tag us #welovetimaru.

No visit to Peel Forest is complete without calling into The Green Man licensed cafe for refreshments. Known for live music nights, fabulous food, craft beers, and be sure to try the recently released and locally produced Humdinger gin.

3. LIGHTHOUSE AND SHIPWRECKS

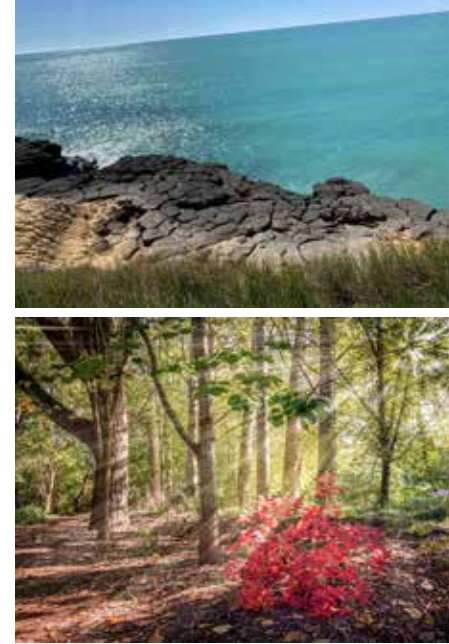
**Dashing Rocks Walk, Timaru
1 hour return**

There are lots of cool short walks in Timaru City. A favourite with locals, given its coastal views and proximity to eateries and shopping, is the Dashing Rocks walk.

Wander the cliffs past a historic lighthouse, and the site of ancient shipwrecks where the waves crash into volcanic rock.

Start with brunch, or finish with sunset drinks, at the fabulous row of eateries at the top of the Bay Hill.

If coastal walks with lighthouses are your thing, you should also check out



Tuhawaiki (Jack's) Point. This is also a great track for biking.

4. WALK, SHOP AND EAT IN GERALDINE

**Riverside Walkway, Geraldine
1 hour return**

Popular with visitors, Geraldine is a charming boutique village just 30 minutes drive from Timaru City and 1.5 hours' drive from Christchurch. Geraldine is also the gateway to the Mackenzie region.

One of the best ways to experience Geraldine is on foot. Start by walking the Riverside Walkway with its exotic Rhododendron plants. Cross the road and take in the native trees and birdsong of the Talbot Forest tracks, and then loop back around to the main shopping area with its specialty stores and eateries.



The Perfect Staycation Spot

The Musterer's Accommodation in Fairlie is owned and operated by Murray and Jackie Donald and is fast turning into a favourite getaway for Cantabrians - and it's easy to see why. With unique self-contained accommodation to suit all tastes this is the perfect spot for a staycation.

The cottages and studio are all self-contained whilst the converted 1930s workman's wagon is popular with young couples looking for a cosy getaway. The beautifully renovated Musterer's Quarters provides unique accommodation for larger families. It also provides a great central hub for larger groups and corporate retreats. A small boutique camping ground is also available.

There are communal bbq facilities; farmyard animals and a flying fox to keep little ones occupied, and your own private fresh water hot tub for the grown-ups to sit back and enjoy the stunning Mackenzie night sky.



The surrounding area offers plenty to keep guests busy during the day - from walking to mountain-biking, fishing, boating, golfing and horseback riding. Nearby Fairlie has cafes, restaurants and shops and the chance to discover a little history at the local museum.

So whether you're looking for a little relaxation away from home or a week long stay full of fun and activity for all the family the Musterer's Accommodation Fairlie is the place to go.

Be in to win a double movie pass each week for the month of December

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S Q Q R D M M N N J M N

- 1 Alcohol limit if you are under 20, _____.
- 2 When are you allowed to park ILLEGALLY when talking on the phone? _____
- 3 First thing to do when getting into a vehicle. Make it _____
- 4 Maximum open road speed when towing a trailer/caravan/boat _____
- 5 How many seconds should a driver look ahead? _____
- 6 Who has the right of way at a vehicle entrance/exit crossing a footpath? _____
- 7 What is the closest distance you can park from a vehicle entrance? _____
- 8 If you have to drive at a slow speed that may hold up other vehicles, what should you do? _____
- 9 Where the safest way to carry goods inside a vehicle? _____
- 10 How long should you signal for before passing another vehicle? _____ seconds

Name

Address.....

Phone.....

Closing date: 05 January 2021

Send your answers to:
Timaru District Council - SCRS
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Or take a photo (no larger than 3 MB) and email to:
Daniel.naude@timdc.govt.nz



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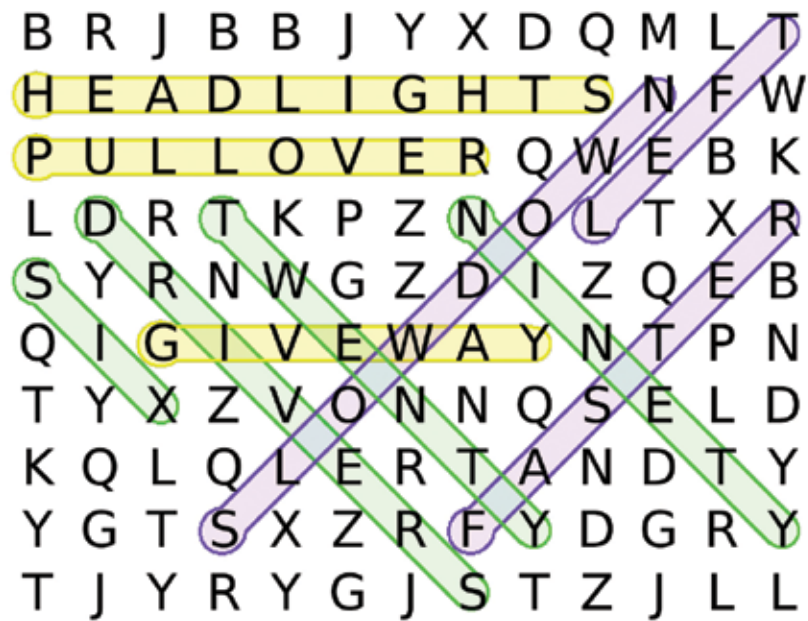
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Do you know the Road Code?

November answers



- The maximum speed limit past a stationery school bus is **twenty** km/h?
- You approach a bend on the road that has an advisory speed sign lower than the 100kmh speed limit on the road, you should **slow down**.
- If you are being passed by another vehicle, move as far to the **left** of the road as possible.
- When driving at dusk, dawn or low light conditions, turn on the **headlights**.
- If your car was first registered before 1 January 2000, when must you renew its warrant of fitness? Every **six** months.
- What is the maximum legal speed limit for a car towing a trailer on the open road? **Ninety** km/h
- The **faster** the speed the bigger the mess.
- Whenever you feel sleepy/tired when you are driving **pull over**.
- You are driving down the road and notice a pedestrian about to walk onto a pedestrian crossing (zebra) ahead, you must **give way**.
- Roads do not kill, **drivers** do.

CONGRATULATIONS

Winners for November 2020

Lisa Barton
Shirley Forbes
Christine Vaughan
Penny Kirton



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Summer in the Beer Garden



The Kimbell Silverstream Hotel, 5 minutes drive from Fairlie has been known as a great local pub since 1878. New owners Caro and Lockie Broadfoot, who took over in April of this year, want to carry on that tradition of hospitality and this summer they're hoping to welcome locals and visitors alike to enjoy their newly revamped beer garden.

The outdoor surroundings with shaded seating is the perfect spot for a family lunch, a group get together or just to sit back and enjoy a drink with a friend on a sunny, Sunday afternoon. There are lawn games to entertain young and old alike and a great summer menu full of delicious dishes to suit all tastes.

Bestsellers include ribeye steaks and buttermilk fried chicken burgers whilst their broccoli salad with haloumi is proving a star turn with vegetarians and even meat-eaters who want a healthy side. The sweet-toothed can round off the meal with a chocolate brownie and ice-cream. A dedicated children's menu

includes chicken nuggets, fish bites and mini-hotdogs. Staff are also happy to make smaller portions of adult dishes and will cater to any dietary requirements wherever possible.

There's a wine list and the usual old favourites like Speights and DB on tap. They've also sourced some unique offerings for the beer connoisseur with a selection of beers from Rhyme and Reason Brewery in Wanaka – so why not try something new?

The couple are also keen to build on their growing reputation for live music from country to blues and rock. Recent months have seen musicians from Ollie Crooks to Brett Walker and Smoke House. And they've got some great acts lined up over the summer including Julian Temple Band on tour and the amazing Paul Ubana Jones.

With all this on offer in Kimbell, the beer garden at the Silverstream Hotel is going to become a real destination this summer.

Summer at The Kimbell

Gig Guide

Sat 26 Dec - Ollie Crooks (solo)

Tue 29 Dec - Julian Temple Band (\$10pp) *

Sat 2 Jan - Kimbell Day feat Eddie Simon & Ollie and The Crooks

Wed 6 Jan - Paul Ubana Jones (\$20pp) *

Sat 16 Jan - Brett Walker

Sun 24 Jan - Sha-Low

All events held at Silverstream Hotel Kimbell, 762 Fairlie-Tekapo Road
* Ticketed events: check the Silverstream Hotel Facebook page for details
Subject to change

Shared Kitchen

I'm a big fan of Julie Biuso's and at this time of year, my favourite summer recipes from her cook book *Never-ending Summer*, get a thrashing. I've lost count of how many *Essence* end-of-year parties have had food inspired by Julie. So I'm pretty excited about her latest book - *Shared Kitchen*, in which she teams up with daughter Ilaria to create "real food from scratch".

Enjoy these recipes and tips on how to share the cooking load on Christmas day.



Barbecued Lamb with Aromatics

Serves 4 or more

This prime lamb dish is quick to cook and even more quickly gobbled up. Serve with salad, in buns or sliders, or with vegetables such as eggplant (aubergine) and peppers (bell peppers / capsicums). I like it on grilled sourdough spread with a cannellini bean dip and salad leaves and topped with fried or barbecued eggplant slices and grilled or slow-roasted tomatoes. Scrumptious.

- 600 g (1 lb, 3 oz) thinnish piece boneless leg of lamb
- 1 Tbsp olive oil
- 1 tsp creamy Dijonnaise mustard
- 3 cloves garlic, peeled and thickly sliced
- Few sprigs rosemary and oregano
- Freshly ground black pepper to taste
- 1 tsp flaky sea salt, plus extra for sprinkling over cooked lamb

Pat meat with paper towels to absorb moisture. Trim if necessary. Put oil, mustard, garlic, herbs and seasonings in a dish and stir together. Add lamb and coat it all over with the marinade. Cover lamb with a food umbrella or similar and leave at room temperature for about 40 minutes.

Preheat a covered barbecue or, if your barbecue doesn't have a hood, improvise using an upturned heavy-duty roasting tin. Toss lamb one more time in marinade, picking off and reserving garlic and herbs. Place lamb fat side down on barbecue and strew the top with the

garlic and herbs. Lower barbecue hood and turn gas to low. Cook for 7 minutes. Turn lamb over and cook for a further 5 minutes. If the lamb weighs more than 600 g (1 lb, 3 oz) you may not necessarily have to cook it any longer – it is the thickness of the meat, not the length of it, that affects the cooking time (see Recipe Notes).

Remove lamb to a board and sprinkle all over with salt. Rest lamb for 5–7 minutes, then slice thinly with a carving knife.

Recipe Notes

When the lamb feels flabby to the touch, it is rare. When it feels springy it is medium-rare. If it feels firm, it is medium and if it feels hard it is well done.

I like this lamb cooked to medium-rare. It will continue to cook a little more as it rests and will remain juicy. If the piece of lamb you have is an uneven thickness, with a thicker chumpy bit, cut the chumpy thicker bit off and cook it a little longer than the rest of the meat. In my book the worst thing you can do to a beautiful piece of meat like this is to overcook it. Keep it pink and juicy. Maximum 12 minutes (six minutes each side)! Be brave! Yes, lots of exclamation marks, but I need your full attention. And I'm not sure chumpy is a word, but I reckon you can work out what I mean.



SHARED KITCHEN
Real Food From Scratch

Julie Biuso & Ilaria Biuso

Photography by Manja Wachsmuth
RRP: \$39.99, Publisher: Bateman Books



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Proudly serving you exciting and delicious catering options available for your various occasions work do's, birthday, Christmas celebrations etc. Off street parking available behind the cafe. Open Monday to Saturday. Dine in and takeaways.

Visit www.wetlandscafe-timaru.com for our menus or call us 03 688 9424



Saikou

Dreading the thought of living in the kitchen to prepare for your silly season party? We love to prepare platters to go for gatherings of all sizes! Get in contact and we'll do the hard yards for you, all you'll need to do is pick the food up!

4a Sefton St East, Timaru
Ph (03) 688 6830 | www.saikoutwb.co.nz



Harlaw House

Christmas is around the corner. For an amazing year end Christmas function or just an outing with a group of friends Harlaw House is the place to be. It is not too late to book in for our Christmas styled buffet! We are open Friday and Saturday evenings.

For more info or group bookings contact: info@harlawhousecafe.co.nz or phone 03 683 1887
253 Beaconsfield Road, Timaru

The Bottle O

Bottle O has a wide range of liquor available. Come in store and see more special deals. With Christmas around the corner visit us for your gifts and drinks. (Please drink responsibly)

1. Jack Daniels 1L \$49.99
2. Bombay Sapphire 1L \$47.99
3. Chatelle Brandy & Bell's Whiskey 1L \$35.99 ea
4. Export gold 24 pack \$32.99



Shop 4, The Landings, 50 Theodosia Street, Timaru Ph 03 971 5546

Charlie Brown Fairlie

Charlie Brown is a French-style garden café right in the heart of Fairlie's Main Street. Stop by and enjoy one of our sweet or savoury crêpes prepared right in front of your eyes.

Fresh croissants, Croque Monsieurs (French ham and cheese toasts), baguettes and homemade salads are available. Pair your food with a barista coffee, signature hot chocolate, old-fashioned lemonade or freshly made smoothie.

Sit in the café garden, get a take away for the road or have a picnic in the park. We look forward to welcoming you this summer. Until then - à bientôt!



Open daily 8am-4pm

Charlie Brown Fairlie,
61 Main Street, Fairlie
CharlieBrownFairlie

The Accessory Shop
268 Stafford St, Timaru | Ph (03) 684 5220

The Ringmakers
S-Logo Cap Necklace \$189

Mint Boutique
Sun Hat \$69.95

The Accessory Shop
Purses

Mint Boutique
Grey Camo Sweater \$89

Fashion Focus
CC Collection Dress \$175

Jewel of the Harem
Unique, fun, enamel earrings studs and long drops \$22 - \$45

Mint Boutique
Pippa Everest Dress \$85

Mint Boutique
Coin Purse \$39

The Accessory Shop
Earrings \$30

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www.mintboutique.co.nz

Mint Boutique offers a large range of stylish clothing labels, funky handbags, scarves, jewellery & accessories, plus unique giftware. Come visit us, or find us online.

72 Main Street, Fairlie
Ph (03) 685 8084
www.mintboutique.co.nz

Belle Scarpe
Raini Black \$199.90

Tamara
London Dromana Black or Tan \$179.90

Top End
Rolandy Black or Tan \$199.90

Belle Scarpe
Raini Tan \$199.90

COBBLERS INN
— FOR THE SHOES YOU WANT —

Highfield Mall - 145 Wai-iti Rd, Timaru
Ph (03) 688 4251 | f cobblersinn

The Accessory Shop
Earrings \$35

Cobblers Inn
Second Nature Bag \$99.90

'Tis the season to stand out

Jewel of the Harem
Turkish rings in silver with bronze edgings & semi precious gemstones \$55 - \$160

Fashion Focus
Cashews Dress \$265

The Ringmakers
Halo Cluster Earrings \$289

The Ringmakers
Halo Cluster Earrings \$289

The Ringmakers
Mini Stolen Block Ring \$149

Cobblers Inn
Second Nature Bag \$79.90

Fashion Focus
Red Lotus Dress \$98

Cobblers Inn
Second Nature Bag \$99.90

The Ringmakers
Stolen Bangle \$289

Mint Boutique
Skinny Scarf \$24.95

Fashion Focus
Kaja Cleo Singlet \$93

The Accessory Shop
Bag \$29

The Ringmakers
Love Claw Earrings \$159

Fashion Focus
Holmes & Fallon Pants \$105

Fashion Focus
Cordelia St Top \$65

The Accessory Shop
Italian Linen Dress \$149

Fashion Focus
Cordelia St Top \$65

Jewel of the Harem
Large Embroidered Wool Rugs from Turkey (to view and order), 5ft x 10ft & more from \$750 - \$1200

Jewel of the Harem
Small silver earrings in Lapis, Pearl, Carnelian, Moonstone & more \$40

The Accessory Shop
Italian Linen Dress \$149

Fashion Focus
Cordelia St Top \$65

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Beautiful, unique silver and gemstone pieces, chosen individually from exotic locations around the globe.

Jewel of the Harem | 330 Stafford St (3 shops up from Ballantynes)
Ph 0212 957 277 | HOURS Tues - Fri 9.30am - 5pm, Sat 10am - 2pm

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26 Canon Street, Timaru
Ph (03) 688 9791

Face A Face \$829 Pro Design \$649 Pro Design \$499 Pro Design \$649 ResRei \$599

FASHION FOCUS

We are 100% committed to offering both top quality products and service to our customers.

Highfield Mall, Wai-iti Road, Timaru | Ph (03) 688 8711 | www.fashionfocus.co.nz

STOLEN GIRLFRIENDS CLUB

The Ringmakers
Manufacturers of Fine Jewellery

270 Stafford Street, Timaru
Ph (03) 688 1362
www.theringmakers.co.nz

2020 Christmas Gift Guide

Where we shop, eat and have fun is what makes our community home. Many of our one-of-a-kind businesses are an integral part of the distinctive character and that's why it is so important to shop locally. Local businesses are owned and staffed by people who live in this community and often know many of their customers personally, which provides a unique shopping experience - especially at Christmas when things can get a little tense! Discover plenty of gorgeous gift ideas for family and friends in our Christmas Gift Guide. 'Tis the season to go shopping with Christmas just around the corner. Here at essence we have found a wide variety of perfect gifts for the loved ones in your life. There is no such thing as impossible-to-buy-for as these great options show:

- Two Blonde Bobs Earrings \$38
- Beau Wallet \$65
- Beau Earrings \$39
- Trays Large \$100 Medium \$90
- Hanging Planter \$35
- Metal planter \$70
- Chopping boards from \$40
- Timber plant stands from \$45
- Metal Unit \$549
- Handled Serving boards from \$99
- Indian Cotton Rug \$849
- Dining Table \$3799
- Gift Boxes from \$80
- Alessandra Zen Earrings \$21

FASHION FOCUS
Highfield Mall, Wai-iti Road, Timaru
Ph (03) 688 8711
www.fashionfocus.co.nz

Shop 1 The Complex,
300 Hilton Highway, Timaru
Ph 022 139 8486 www.mrjones.nz

- JD 12cm Diecast Monster Treads 2 Pack \$24.95
- 1"16 Big Farm 6210R Tractor & Loader \$59.95
- Build A Johnny \$37.95
- JD Monster Treads Lights & Sounds \$24.95ea
- Animal Sounds Hayride \$37.95
- Classic Tractor with Trailer & Loader Ride On \$249.95
- 1:64 JD 6210R Tractor with Baler & Wagon \$27.95

JOHN DEERE
DRUMMOND & ETHERIDGE
40 Racecourse Road
Ph (03) 687 4005 • 0800 432 633
www.dne.co.nz

- Stolen Girlfriends Club Jewellery Love Claw Necklace \$259
- SGC Stolen Star Ring \$109
- Tiny Stolen Bar Earrings \$89
- SGC Love Claw Earring - Yellow Citrine \$159
- Ted Baker Shoe Shine Kit Bag \$109
- Ted Baker Manicure Set \$69.95
- Fishing Multi Tool \$49
- Travel Cup - 300ML \$39
- Waterproof Phone Sleeve \$19.95
- Pocket Fish Penknife \$19
- Ted Baker Single Hip Flask \$75
- Manicure Kit - Coral Reef \$59.95

BLANK SPACE
79 Main St, Fairlie | Ph (03) 685 6112
www.blankspacethestore.com

- Le Creuset Ramekins Set of 6 \$54
- Lunch Bag \$38 Drink Bottle from \$28
- Cake Tins from \$22
- Bialetti Espresso Maker from \$72
- Salt and Peppers from \$39
- Le Creuset Mug \$20
- Tea Box \$39
- Christmas Buttons and Ribbons
- RE1306 Sewing Machine
- Scissors and Tins
- French Knitting Kits
- Macrame
- Overlocker Bag
- Folding Yarn Bag

the KITCHEN Cupboard
34B Talbot Street, Geraldine
Ph 03 693 8632
www.thekitchencupboard.co.nz

TIMARU SEWING CENTRE
158 Stafford Street, Timaru
Ph (03) 688 6764
www.timarusewing.co.nz

- Natural Pink Baroque Pearls, \$500
- 9ct Pink Sapphire Ring, \$1699, 9ct Ceylon Sapphire Ring, \$1899
- Pandora Blue Night Sky Crescent Moon & Stars Dangle Charm, \$89
- Pandora Jewellery Box, \$45
- Ice Watch Glam Pastel, \$159.90
- Pandora Rose Moments Medium O Pendant, \$139
- Pandora Jewellery Care Kit, \$39
- Citizen Ladies Eco-Drive, \$299
- Citizen Ladies Eco-Drive, \$299
- Citizen Promaster Land Eco-Drive, \$1,099
- Handmade Platinum Ring with Emerald Cut and Baguette Cut Diamonds, \$6,995
- Sterling Silver & Freshwater Pearl Baby Bracelet, \$70

The Ringmakers
Manufacturers of Fine Jewellery
270 Stafford Street, Timaru
Ph (03) 688 1362
www.theringmakers.co.nz

Geneva Portable Bluetooth Speaker. Was \$299, **now \$149**

Chess set, was \$299, **now \$199**

Sangean Genuine Mini Portable Radio with Bluetooth \$225

Sangean Pocket radio \$59

Black side table \$299

Klipsch S1 Wireless earphones, with wireless Qi charger. Were \$249, **now \$199**

Carved Wooden Ornament. Was \$299, **now \$149**

LIVING with style
79 Sophia Street, Timaru
Ph (03) 688 2960
www.livingwithstyle.co.nz

Broil King Monarch 390 \$1399

Gasmate Urbo Gas Fire Table \$1399

Smoke It All No-3 Valley Garlic and Herb \$1399

Trueform Spa Pools

Highland Offset Smoker \$999

Smoke It All genuine smoking mix

Heat Beads

MENZIES GROUP LIMITED
6 High Street, Timaru
Ph (03) 684 8440

JewelCraft

I'm dreaming of a *Jewelcraft* Christmas

9ct Gold Diamond Pendant Was \$675 **NOW \$599**

18ct Diamond Emerald Cut 3 stone Was \$8,250 **NOW \$6,900**

18 ct Diamond Cluster Ring Was \$3,899 **NOW \$3,299**

9ct Diamond ring 0.35ct TDW Was \$2,499 **NOW \$1,899**

18ct Gold 3 Stone DIA Was \$3,300 **NOW \$2,300**

STIHL Hoodie Timbersports \$72

STIHL LED Torch \$18

STIHL Beer Glasses (set of 2) \$15

STIHL Wallet Men's Brown \$78

STIHL Thermos Flask \$25

STIHL Football \$25

STIHL Baseball Cap \$12

STIHL Keychain - Chainsaw with Sound \$7

STIHL Holz-USB-Stick 16GB \$22

STIHL Bottle Opener \$5

STIHL Power Bank White \$37

STIHL TIMBERSPORTS Coffee to go Kiss My Axe \$25

STIHL SHOP
105 Hilton Highway, Timaru
Ph (03) 688 2557

9112435 Pilgrim Shana Silver Plated Crystal Necklace \$70

9112433 Pilgrim Compassion Silver Plated Earrings \$50

9112450 Pilgrim Shana Silver Plated Crystal Earrings \$60

PILGRIM

5476703 Huffer Ink V Neck Dress \$149.90

5476491 Huffer Bucket Hat/3 Ball \$59.90

5476706 Huffer Exotic Mandy Playsuit \$149.90

HUFFER

9111319 Radley Arlington Court Medium Zip Top Multiway Bag \$459

9110530 Radley Dukes Place Medium Ziptop Crossbody \$349

9110491 Radley Grange Lane Medium Flapover Crossbody \$385

9110514 Radley Barge Walk Medium Zip Top Multiway \$219

SCAN HERE TO READ THE CHRISTMAS GIFT GUIDE NOW

GIFT GUIDE INSTORE & ONLINE

OPEN MONDAY TO FRIDAY 9:00am - 5:30pm
SATURDAY, SUNDAY & PUBLIC HOLIDAYS 10am - 4:00pm
Check online for late hours.

Shop online now at ballantynes.co.nz
314 Stafford St, Timaru. PHONE (03) 684 5089

Ballantynes

Sterling Silver Brushed Finish Earrings \$78.50

Sterling Silver Brushed Finish Earrings \$75

Sterling Silver Brushed Finish Earrings \$90

Funky Earrings

Sterling Silver Brushed Finish Earrings \$99

Sterling Silver Brushed Finish Earrings \$95

Sterling Silver Kowhai Brushed Earrings \$95

Sterling Silver Brushed Finish Earrings \$110

Olympic Swiss Watch WAS \$299 **NOW \$129**

Olympic Swiss Mens Watch Was \$399 **NOW \$225**

Olympic Swiss Blue Watch Was \$299 **NOW \$129**

Olympic Swiss Watch Was \$595 **NOW \$299**

Olympic Swiss Red Watch Was \$299 **NOW \$129**

Evolve

Evolve Huia Drop Earrings \$129

Greenstone

Greenstone Fish Hook Pendant \$185

Greenstone Toki \$145

Greenstone double twist with Kuro \$240

Christmas wishes

It's the most wonderful time of the year, and during this season our thoughts turn thankfully to the clients who have made our year memorable. It is in the spirit of Christmas that we say thank you and best wishes for the holidays.



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www.absoluteflowers.co.nz



The team at Ron Brown Jewellers would like to wish everyone a Merry Christmas and a happy New Year.

We have a large range of gift ideas, come and have a look.



Ron Brown Jewellers
304 Stafford St, Timaru. Ph 03 688 9835
www.ronbrownjewellers.co.nz



Rosa & Peter would like to thank their valued Team, Clients & Retailers for their outstanding support during 2020 in what has been a Very testing time for us all.

We wish you all a safe & happy festive season & new beginnings for 2021.

Christmas Hours

Peter Herron Flooring and Madam Mat
Closing 17 December, returning
19 January 2021



17 Butler St, Timaru. Ph 021 370 750
info.peterherronflooring@gmail.com



The team at Fashion Focus would like to thank you all for your support this year and we wish you all a happy, safe and relaxing Christmas holiday break.

We're shut stats. Open normal hours every other day.

FASHION FOCUS

Highfield Mall, Wai-iti Road, Timaru
Ph (03) 688 8711 www.fashionfocus.co.nz

From our home to yours we wish you a very Merry Christmas, we would like you to stay safe over this Christmas/ New year period and make sure to have a blast, I'm sure we all deserve it.

Lara Wood ABC Catering Ph 027 553 4347

All Good Wishes for a Very Merry Festive Season from Bella and Charlie. In this crazy year, your continued support has been so appreciated.

We will be open for all your special Christmas gifting needs until 4pm Christmas Eve.

The gallery will re-open Friday 15th January, with an exciting exhibition of works from Timaru Artist Rachael Polson.

77 Art + Living
77 Main Street, Fairlie
www.77artandliving.com

Thank you for a wonderful 2020! We wish you a merry and bright festive season and look forward to seeing you in 2021.

Extended Christmas hours:
Sat 12th, Sun 13th and 20th Dec 10am - 3pm
Thurs 17th Dec 9am - 8pm
Sat 19th Dec 10am - 4pm

Holiday Hours:
Fri 25th - Mon 28th Dec closed
Tues 29th, Wed 30th Dec 9am - 5.30pm
Thurs 31st Dec 9am - 4pm
Fri 1st - Mon 4th Jan closed
Tues 5th Jan 9am - 5.30pm

The Ringmakers
Manufacturers of Fine Jewellery

270 Stafford Street, Timaru | Ph (03) 688 1362 | www.theringmakers.co.nz

The Team at Mint Boutique and Polly's Patchwork wish to thank you for your support during 2020... one of the hardest years to date but we have pulled through and couldn't have done it without our beautiful customers xx

Have a very Merry Christmas and Happy New Year!

Open 10-4 daily, shut Christmas and Boxing day.

MINT BOUTIQUE
72 Main Street, Fairlie. Ph (03) 685 8084
www.mintboutique.co.nz

Ben and the Blank Space team would like to wish everyone all a very merry festive season.

We are open every day 10am - 5pm over this holiday season. Closed Christmas and Boxing Day.

Finding the perfect gift this Christmas is easy with all of your favourite labels, shop in-store or online.

Thanks Ben and Team

BLANK SPACE
79 Main St, Fairlie | Ph (03) 685 6112
www.blankspacestore.com

Lain, Heather and the High Country Carpentry team, would like to wish you all a very Merry Christmas, and a Happy New Year.

Enjoy time with your family and friends, and safe travels over the festive season.

Maybe plan that next home improvement or new build project... and contact us for all your Building & Renovation needs in the Mackenzie.

Closed December 24 - January 5th

HIGH COUNTRY Carpentry
BUILDING THE MACKENZIE
1 Gall Street, Fairlie
Ph 0800 922 883
www.highcountrycarpentry.co.nz

Safe journey and have a Merry Christmas!

Here are four points that would significantly reduce the risk when you are driving:

1. Only drive when you are physically and emotionally alert or share the driving.
2. Make sure your vehicle is roadworthy, licenced and serviced.
3. Drive to the conditions - be patient. Ask yourself: Is it really necessary to pass?
4. Plan your journey www.journeys.nzta.govt.nz

Let a family member or a friend know when you are leaving and when you expect to arrive at your destination.

YOUTH CANTEBURY ROAD SAFETY
www.scrs.org.nz

After a stressful year, give thanks for having a fur-baby to enjoy your festive season with. Merry Christmas and a happy New Year!

Thurs 24th 8.30am - 2.30pm
Fri 25th - Weds 30th Closed
Thurs 31st 8.30am - 2.30pm
Fri 1st - Mon 4th Closed

Timaru's Family Vet
Timaru Family Vet 9 Latter Street, Timaru | Ph (03) 746 4144

Wishing all a Merry Christmas and a safe, happy and prosperous new year from the Obsolete Iron Motors - Frocks and Shocks team, Gilbert, Sharon, Chris and Archie.

Closed from 12 pm December 24th till Monday 11th January 2021

FROCKS & SHOCKS
87 Main Rd, Pleasant Point. Ph (03) 614 7410

Have a safe and happy holiday from your local Environment Canterbury team.

Meri Kirihimete!

Our offices will be closed from 5pm Wednesday 23 December 2020 until 8.30am, Tuesday 5 January 2021.

To report an environmental incident contact 0800 765 588.

Environment Canterbury Regional Council
Kauwheroa Toiāo ki Waitaha
Environment Canterbury 75 Church St, Timaru
Ph 0800 324 636 | www.ecan.govt.nz



Sincere thanks and best wishes to all our wonderful clients.

Closing 5pm, Wednesday 23rd December, reopen 8:30am Wednesday 6th January 2021.

Festive wishes to all.
Better Vision, Better Life!

CANON STREET OPTOMETRISTS
Canon Street Optometrists
26 Canon Street, Timaru | Ph (03) 688 9791



The team at Warehouse Liquor would like to wish everyone a Merry Christmas and Happy New Year.

Enjoy a responsible festive season.

HOLIDAY PERIOD HOURS
Christmas Eve 8am – 9pm
Boxing Day 10am – 8pm
New Year's Eve 9am – 9pm

January 1st 10am – 8pm
January 2nd 11am – 6pm

WAREHOUSE LIQUOR
Warehouse Liquor 35 Browne St, Timaru. Ph (03) 688 1012
www.warehouseliquor.co.nz



The team at Design Engineering would like to wish all our loyal customers a very Merry Christmas and a safe holiday. We are still available on request during the Christmas break and will be back to normal business hours from Wednesday 13th of January.

de design engineering
Calibration, Certification, Compliance & Consulting Engineers
Design Engineering
Visit www.designengineering.co.nz
Phone (03) 688 6713. Email: admin@detim.co.nz



Stephen and the team at New Zealand Petfoods Timaru retail shop would like to thank all their valued customers for support in 2020.

Wishing everyone a Merry Christmas and give all your pets an extra hug from us! All the best for 2021.

We are open over the Christmas/ New Year break except Statutory Holidays to feed your pets. Like our Facebook page to stay up to date with hours and news.

NEW ZEALAND PETFOODS
32 Redruth Street, Timaru.
Ph: (03) 683 1084. E: admin@nzpetfoods.co.nz
www.nzpetfoods.co.nz



Martin Wakefield would like to wish you all a Merry Christmas and Happy New Year. We would like to thank you all for your support over the last year and look forward seeing you again in 2021

MARTIN WAKEFIELD LTD
Martin Wakefield | 26 Canon Street, Timaru
Ph (03) 687 7122 | www.martinwakefield.co.nz



CHRISTMAS HOURS
24th Dec 8am - 1pm
25th - 27th Dec CLOSED
28th - 30th Dec 8am - 5pm
31st Dec 8am - 1pm
1st - 4th Jan CLOSED
5th Jan - Hours resume

To all our loyal customers and the entire South Canterbury community, have a safe and happy festive season. From everyone at South Canterbury Toyota.

SOUTH CANTERBURY TOYOTA
Cnr North & Stafford St, Timaru | Ph 687 9280
Freephone 0800 1 TOYOTA | www.sc.toyota.co.nz

artikel & swint
STRATEGIC MARKETING & DESIGN

The team at Artikel & Swint would like to wish our valued clients a safe and happy holiday season.

We will be closing Friday 24th December and re-opening Monday 11th January

Ph 03 683 1833 | Level 1, 156 - 158 Stafford Street, Timaru



Julie Neill's Dance Academy would like to thank all their clients. We wish you a Merry Christmas and Happy New Year.

No classes over the festive season but you can contact me for private lessons

Julie Neill's Dance Academy
65 Church Street, Timaru
Ph (03) 693 9990 or 027 206 8456

The 15 Squadron Timaru Cadet Corps: A Well Kept Secret

I knew very little about the armed forces involvement in Timaru until I paid them a visit recently and had a chat to Squadron Leader Mark Morris (who has been in command for 15 years) and Corporal Brock Potter (a cadet). I learned that the difference between Cadet Forces and any other youth organisation is the structure and culture. Cadet forces units are based upon a military framework, with three branches, each following their parent units in the regular Navy, Army or Air Force. Their vision is "to prepare New Zealand's leaders of tomorrow".

The 15 Squadron Timaru Cadet Corps is one of 25 units in the South Island and currently has 17 members. This particular unit is somewhat unusual to other units because it is a combined Air, Sea and Army unit. Corporal Brock Potter, aged 16 is in his 4th year. He joined because his older brother had joined and Brock's original reason for joining was the opportunity to learn to fly. He enjoys the camaraderie, the discipline and the opportunities for leadership and teamwork. His ultimate aim is to become a Warrant Officer. He would also like to pursue a career as a commercial pilot when he leaves school.

This youth programme is open to both boys and girls aged between 13 and 19. It is run in partnership with the New Zealand Defence Force with an emphasis on fostering the spirit of adventure and teamwork, and to develop those qualities which are essential for good citizens and future leaders. The culture is challenging and allows many opportunities for the development of character. Like a soldier goes through basic training, so the culture could be described as a bit like being permanently on a recruit course. Much is expected and through rigorous adventure and military flavoured training, the recruits learn things like having to iron their own uniforms to look smart, being pushed outside their physical comfort zone and boldly facing challenging situations.

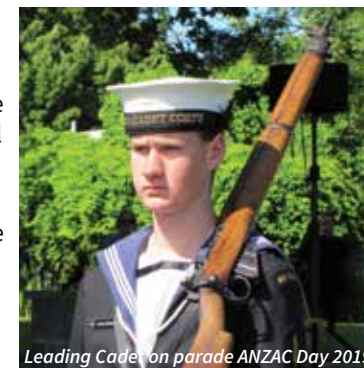
Members of the squadron regularly travel all over the country participating in everything from exploring Navy boats when in port to visiting the Waiouru Military Base, and they often head up to Burnham Military Base for group activities. They take part in national competitions and courses, get invited to attend Warbirds over Wanaka bi-annually to help with displays and security, and they also have a special role in our local ANZAC and Armistice



Air Cadets on Parade in dress Uniform

Day parades as flag bearers. Some of the opportunities offered include leadership training courses, shooting, foot and rifle drill, first aid, navigation, physical training, NZQA credits, tramping, bush craft, radio procedure, flying and gliding, sailing and life skills. The recruits work their way up the ranks and come out with a healthy respect for people and living their best life full of opportunity.

A very successful graduate from 15 Squadron is Theon Te Koeti, who grew up in Pleasant Point and became head boy at Pleasant Point High School, from where he was selected to join the Royal New Zealand Air Force. He moved to Canada in 2005, joining the Royal



Leading Cadet on parade ANZAC Day 2019



Corpal Ava Venn ANZAC DAY 2019



ACadets and Officer overlook South Canterbury



Canadian Air Force where he gained his full military pilot stripes and became a NATO training instructor for the Hawk light fighter jets. Theon now spends his

time flying Canadian Prime Minister Justin Trudeau around the world. So the opportunities are endless!

The 15 Squadron is always looking for more recruits. Recruiting takes place between November and March and their Cadet Training Centre at 61 Coonor Road (below the Timaru Christian School) is open for visits. They meet every Thursday evening during the school terms for Parade nights from 6.30 pm – 9.30 pm. Costs vary from unit to unit. This is approximately \$10 a week, which includes a free uniform and about 14 weekend activities. They can be found on Facebook or at Timarucadetunits@cadetforces.org.nz

Artma Spiritual Gallery
for Natural Crystals

To all contributors of the Nepali Orphan Fund we'd like to express our **Gratitude**

You can contribute too: by attending our regular meditation sessions with a \$5- donation or by purchasing from our 'Books for Nepal'

Merry Christmas
Royal Arcade Timaru 03 686 9878

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Timaru
03 688 3876

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11am-4pm

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www.spfcreative.co.nz
www.spfwebsites.co.nz

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- Hedge Trimmers
- ATV's

See instore for more details

6 Barnard St, Timaru 03 684 4593
www.hrpower.co.nz

HR Power Equipment



Renae McClenaghan

Renae is General Manager and Finance and Insurance Specialist at Autoworld Timaru with over 14 years' experience in the finance and insurance industry.

If you're one of the many New Zealanders taking advantage of staying put this season and planning a classic summer roadie, read on to learn more about how to make sure your vehicle is road-ready.

- **Tyres** - Think of your tyres like your feet - if they're compromised, you'll go nowhere fast. Higher summer temperatures can increase risk of blowout, so give your tyres a tread test to make sure they're in good shape. You'll also want to check the tyre pressure, including the spare, and add air if needed.
- **Lights** - With more traffic on the road, ensure all your lights are working properly, headlights are angled correctly, and the lenses are clean. Do a test in your driveway.
- **Cooling System** - With New Zealand's infamous mountain roads, the possibilities of the engine overheating are high, if your cooling system is faulty. If you've noticed any issues, book in a service with a professional who can sort out any issues.
- **Vision** - It's important to be able to see where you're going, so ensure your mirrors, windscreen, and windows are clear before you head out. Don't forget to clean your wiper blades, or buy new ones if you're not sure of their quality. Now's also a great time to check the windscreen washer fluid!
- **Emergency Kit** - If you don't have a vehicle emergency kit, buy one or make your own. Include jumper cables, a first-aid kit, basic tools, flashlight, and an AA card, should you be a member.
- **Service** - If you're nearing a service, we suggest booking it before your trip. Checking the engine oil level and giving your vehicle a run through before you go will give you peace of mind, and help your travel plans run smoother. Most service centres (including ours!) book out close to the holidays, so be sure to get in early.

Accidents and car breakdowns can happen no matter how prepared you are, but taking the time to get your vehicle road trip ready will pay dividends on your sanity during your summer roadie. Enjoy!



6 Sefton Street, Timaru
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From Afghan Army to Aide-de-Camp

Frankie Thompson (age 27) recently received a New Zealand Defence Force commendation for her outstanding work on gender equality with women in the Afghan National Army. She received her commendation from Commander Joint Forces New Zealand, Rear Admiral Jim Gilmour, who noted that Frankie's "performance greatly exceeded expectations for a junior captain and is worthy of formal recognition".

Frankie was born and brought up throughout the UK and she emigrated with her family to NZ in July 2007. After leaving Craighead in 2009, Frankie completed a Diploma in Outdoor Recreation at Ara (then Aoraki Polytechnic), after which she joined the NZ Army in 2011. The Army runs in Frankie's family with two of her brothers also being serving officers in the British Army. She commenced her initial training in 2011 in Waiouru, and was swiftly selected to undergo the training in Australia from 2011 -2016 at the Australian Defence Force Academy and the Royal Military College Duntroon, both in Canberra. Here she won the Top International Officer Cadet Award and she also gained a Civil Engineering Degree with Honours. She is currently completing a Masters in International Development through Massey University, hoping to specialise in gender, peace and security.

So how did Frankie end up in Afghanistan? The Kabul Afghan National Army Officer Academy was established as an education and training facility for the Afghan Armed Forces and took in its first intake of men in 2013. The first intake of women occurred in the following year. It is led by the United Kingdom and has united mentoring efforts from New Zealand, Australia, and Denmark

When NZ Army Captain Frankie Thompson, Second in Command 3rd Field Squadron, 2nd Engineer Regiment arrived at the Academy for her nine month stint as a mentor in March 2019, she noticed that the integration of female staff and cadets had been "stalled by cultural norms". She was the only female officer mentor and she worked with the women through an interpreter.

Her job was to try and get the females more accepted and involved, mainly through building up their confidence and communication skills. She found the opportunity to work alongside the Afghans incredibly rewarding. She said, "They taught me so much and the learning was definitely mutual. It was an awe-inspiring and humbling nine months". Frankie really enjoyed watching the women gain confidence in their own ability to use weapons and encouraging their male peers to accept them. Building up rapport and trust was imperative. A highlight was co-ordinating the first visit to the Academy by the Afghan Ministry of Defence gender and human rights director.

Although the sounds of war were all around her, Frankie didn't see much of the country. She lived in a secure compound and she wore body armour all the time. The New Zealand mandate was to fly everywhere. Frankie would return to Afghanistan in a heartbeat if she was again offered the opportunity

The Army has given Frankie some amazing opportunities and her next role is equally exciting. In January she is starting a new role in Wellington as the Aide-de-Camp to the Governor General Dame Patsy Reddy.



words: Gilly Oppenheim



MAREE HYNES INTERIORS & GIFTS

KEEP CALM Changes are coming...

Some of you may have seen that the Maree Hynes Interiors store on Theodosia street is for sale... Fear not - EXCITING CHANGES ARE COMING.

The beloved showroom has been a hub for interior design for over a decade, and as sad as it will be to change location, the end of 2021-2022 may hold some exciting new challenges.

Maree and Mike Hynes own Harlau House Café and a vision of having a stunning country cafe, function centre, beautiful gift-shop and interior design studio has always been on Maree's mind. Now if all goes to plan we will have Timaru's newest design centre. A true destination for great food, homewares and interior design.

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