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Coldstream House

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Feature
Home &
Build

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contents

This month is getting off to a social start with many events planned around the district. Michael Blackwell very kindly gave us a poster for the upcoming Kaiapoi Fun Run which sounds like fun but sadly my recovered broken leg doesn't feel quite up to that at the moment and essence girls Mandy and Niki assure me they are out of town.

For a more leisurely day out - why not check out the Swannanoa Fair or spend a day at the annual Waipara Wine and Foods Festival or if you are into watching sport there is the golf at Pegasus on March 7 - 10.

Don't forget St Patrick's Day 17 March. In this issue our New World columnist Barbara bakes a fabulous Guinness cake - I can testify that it is really good. You will notice there is a slice missing on page 8.

We feature some of North Canterbury's experts in our Home and Build section starting on page 11.

I had the privilege to photograph the magical Coldstream house and garden for our centrespread and Rob Cope-Williams keeps us up-to-date with experts in their field in our lifestyle section.

We are enjoying the last days of summer while getting excited about new autumn fashion on pages 20/21.

Have a great month - Dorothy

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11 Home, Build & Garden



6 Elsewhere



30 Essential Motoring

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The Good Home Pegasus

To be in to win, email us by March 26th 2019 at mandy@essencemagazine.co.nz or phone us (03) 313 1821 and leave a message with your contact details (North Canterbury readers only)

Congratulations Dave and Margaret Sanderson, our winner of last month's food and beverage voucher.



20 Fashion

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front cover: The magical world of Coldstream features in our home & garden this month.
story: Pattie Peglar
photography: essence magazine

WHAT WE'RE LOVING...



All Aunt Jean's dairy milk available from The Butchers Mistress comes from A2- tested cows. Raised in the open air, their cows graze on the lush green grass of local farms. They are never feed palm kernel, expeller nor is permeate added to the milk. Their milk is pure farm-fresh, not homogenised and sold in recyclable glass bottles.



Steve Attwoods photography and updates on local bird life. This kotuku was photographed at Ashley Estuary last month has remnants of the filo plumes, black bill and green facial skin around the eye, that tell us it is a breeding adult. It has probably only recently left the breeding grounds at Waitangiroto near Okarito.

GIVING AWAY

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Art at the Brick Mill

The Waikuku Artists Incorporated held their 15th annual exhibition on the weekend of the 8 -10th February at the ID Gallery at the Brick Mill Waikuku. Twenty local artists exhibited alongside guest artist - Ashley Smith.



1. WAI artist Julie Collings and daughter Alice 2. Marilyn and David Ayers 3. John Norton and Mike Galbraith 4. Jonathon, Dorothy and Lilly Toulson with Rachelle Pickering 5. Dave Soloman, Chris Stewart and Andrew Thompson 6. Peter and Valerie McClatchy with Chris and Tony Taiaroa 7. Jenni and Paul Sanderson 8. Paulette Reed and Mary Coates 9. Ariana Summers, Louise Silvester and Lisa Garrett 10. Roxanne Lockie, Marilyn Wamorsley, Jane Lockie and Kevin Wright 11. Brett Swain and Jonathan Toulson 12. Dorothy McLennan, Karen Purchas and Kristina Poulter 13. Claire Brill and Julie Ainsworth

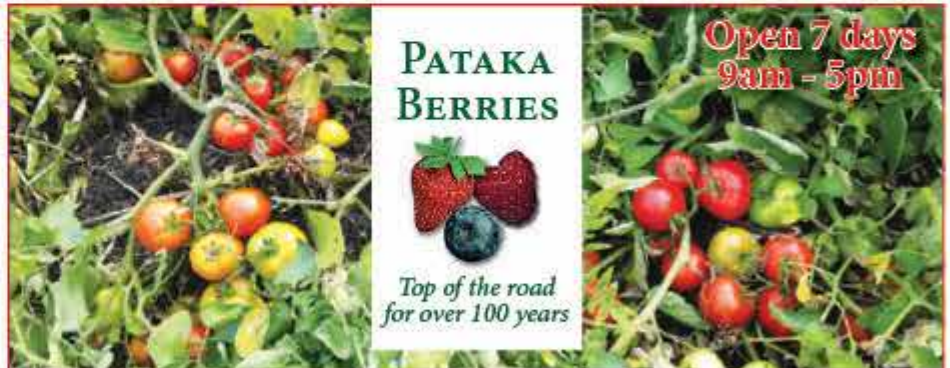
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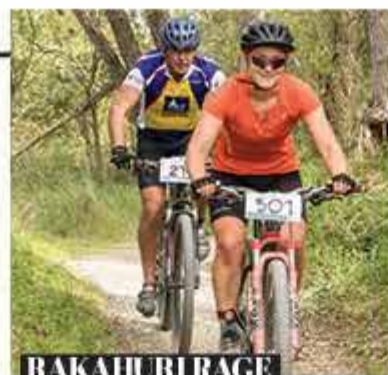
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GOING TO

ARE YOU LOOKING FOR SOMETHING TO DO IN MARCH?

HERE ARE THREE GREAT LOCAL EVENTS TO PLAN FOR.

MAKE SURE YOU MARK THEM IN YOUR DIARY!



RAKAHURI RAGE MOUNTAIN BIKE RACE

The 2019 Rakahuri Rage 6 hour teams mountain bike race is being held on 10th March using tracks alongside the Ashley River. Get your team of 2-4 riders together and enter now - suitable for all skill levels. Proceeds go to fund the MainPower WaiSwim Primary School Swimming Programme.



NORTH CANTERBURY WINE & FOOD FESTIVAL

Glenmark Domain, Church Road & Glenmark Drive, Waipara, Hurunui. Sunday 10 March 2019 10:30am - 5pm. Discover seasonal flavours at our eclectic range of food stalls, sample an incredible selection of premium North Canterbury wines, and tap your feet to a line up of local live music. Tickets are limited.



PEGASUS GOLF TOURNAMENT

March 7th - 10th, 2019. The Pegasus Golf and Sports Club in Christchurch will host the 2019 NZPGA Championship, to be played from March 7-10 at Pegasus Golf & Sports Club. The tournament will be an ISPS HANDA PGA Tour of Australasia sanctioned event and will again carry prize money of NZD\$125,000.

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LIFE IN THE MEDINA OF MARRAKESH

FORMER ESSENCE GIRL ERIN HOLLAND KEEPS US UP-TO-DATE WITH HER OVERSEAS ADVENTURES AND FABULOUS PHOTOGRAPHY

The medina of Marrakesh is literally a trouncing of the senses from the moment you step foot inside! Whether you go out to observe the nightly carnival of the main square Jemaa el-Fnaa or are navigating your way through the winding, walled and maze-like streets, you will be blown over by noise, smells, languages, traffic, food, donkeys, tourists and aggressive sales tactics of would-be guides and craft-sellers. I found out just how much energy it takes to live in the heart of the medina by spending the past two months there, wearying, but this is undoubtedly where you feel the real heartbeat of Moroccan life.

In the medina there are no supermarkets, or any kind of regular stores for that matter, and nowhere is Marrakesh's medieval, modern vibe more evident than in the centuries old shopping markets, known as the souks. Inside you can buy everything from traditional food items to dazzling lanterns, slippers, leather bags, rich carpets and amazing Berber style jewellery – but be prepared to haggle. The rule of thumb is that you should be able to achieve lower than half the original price offered, if you know how to play the game! These days Marrakesh is also seeing a new breed of entrepreneurs, designers, chefs and fashionistas opening up an exciting range of boutique stores, galleries, restaurants and gardens merging 21st century ideas with medieval craftsmanship and medina know-how. But nothing is straightforward in Morocco, and even just a simple trip to the vegetable market can entail tiresome bargaining over the price of bananas and always some near misses, motorbike dodging down the narrow streets.

With this in mind it is essential to find a serene, comfortable riad to stay in, many times it can be down the narrowest, quietest alleyways of the medina where you will find the most extravagant Moroccan courtyard fountain or sweetest smelling rose garden. The word riad means "enclosed

garden" in Arabic but over time has come to represent the traditional Moroccan style home. The classic construction sees all the rooms facing towards a roofless courtyard and without any windows towards the streets, typical Islamic architecture designed to maximize privacy from the outside world, especially considering the women should not have been seen uncovered. The riads in Marrakesh mostly have non-descript entrances making it impossible to know what lies behind each door and another interesting detail is that when you enter you immediately must walk to the right or left, again due to privacy, so people can never look directly inside from the street.

I also found out the secret as to how these people keep their skin looking so good this close to the Sahara! Hammam - these traditional public baths are an important part of Moroccan life and culture, and also a chance for people to converse outside of the house, as unfortunately the riad design does not allow for anything to go unheard. Initially, being scrubbed raw by a perfect stranger did not sound like my idea of relaxation but there was something so angelic about going along with the other girls and gossiping in a steamy room while sweet Moroccan ladies take you in hand, cover you with savon noir (black soap made with olives) before scrubbing off layer upon layer of dead skin followed by a soothing mud mask.

If walls could talk, the ancient streets, souks and homes of the Marrakesh medina would be able to tell the stories of a thousand years of urban transformation on the western edge of the Islamic world.



I ALSO FOUND OUT THE SECRET AS TO HOW THESE PEOPLE KEEP THEIR SKIN LOOKING SO GOOD



Stuart and Claire Morris
Business Owners

"The Chicken and Egg Scenario" To buy or sell first?

Buying a property as a cash buyer is reasonably straightforward in that you find a house you like then put an offer in. You may have a finance condition which is typically satisfiable within 10 working days after which you confirm on your purchase and start packing to move in. Purchasing a home when you already own one is usually more complicated. There are many things to consider and we will touch on some of the main ones but as always if you need more in depth advice, give one of our team a call!

Purchasing before selling

If you are lucky enough to have another home freehold or close to it then the bank may be happy to offer you a mortgage to purchase without selling your current house. This will take some of the pressure off and the worry that you may sell but not find a suitable home. The fish hook here can be evidencing to your lender your ability to service the mortgage until your current home has been sold.

Making your offer 'subject to sale'

This is an option that people begin but can not always complete. It is desirable in so far as you have found a home you would move for but the following is worth considering:

- Your offer will likely contain a "rollover" or "escape" clause. This means if the owners receive a cash offer (or more favourable offer depending on the terminology in the clause) from another buyer you will be given a few working days notice via your lawyer (2-5 is standard) to confirm on the purchase often without having sold your property - not something many people are in a position to do.
- You are making an assumption on what your current home will sell for and purchasing the next one based on this 'figure'. Predicting market trends is somewhat a crystal ball gazing activity and relying on RV figures or

the figure that a website told you your home was worth or even appraisal figures from salespeople are all fiction to some extent until the market is tested.

Your subject to sale offer is always going to be weaker than a cash offer unless you can come up with the magic figure that will give the homeowners enough confidence to accept your offer over a cash one.

Selling before purchasing

This option is often taken up by those who would like to know a) exactly how much their current home will sell for so they have a concrete purchasing budget and b) would like to be cash purchasers in the marketplace. Being "cash purchasers" does allow you to be more competitive in multiple offer situations and allows you to purchase property at auction, opening your buying options up. The biggest risk here is you won't find anything to buy and settle on before your own home hand over date. Many however keep renting or staying with family as backup options.

The security of knowing where you are going versus having the confidence that you are spending only what you have, can be valued quite differently by purchasers. The thought of not knowing where you are going terrifies some while the idea of spending money that you might not end up having gives others the cold sweats!



The rental market is HOT HOT HOT

It's just as well property managers thrive on being busy - as that's what we are experiencing at the moment. We have returned from a Christmas break and hit the ground running, with fantastic enquiry on properties we have advertised for rent!

This is wonderful news for landlords following a few years where rental returns have been a bit on the stagnant side. We are seeing rents on the rise again, which means it is easier for them to meet the increases in costs, keeping owning rental property at a viable level. A win-win, in my opinion, for both landlords and tenants.

It is also interesting to note that tenants seem to be on the move more. There are a lot of tenants who are moving on at the end of their leases. Is this due to the abolishment of letting fees, meaning it is less costly to move, or is it just a coincidence? I guess time will tell.

So what does the future hold? Well the verdict is still out on that, but if I had a crystal ball, I would predict that the calibre of rental properties will improve providing better homes for tenants and that rents will continue to rise to cover the extra costs landlords are incurring!

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Property Management
E katrina.green@raywhite.com



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Brewmoon's Hophead IPA

The IPA, or India Pale Ale, is a beer that was first made by English breweries in an attempt to get their army something to drink whilst they colonised India. Because hops are a preservative British brewers back then increased the alcohol content and added more hops to help the beer survive the long sea voyage around Africa and on to India. (Building a canal and nipping through the Red Sea was just a dream back then.) The other thing they did to help preserve the beer was to add the hops direct to the barrel before they headed off, and dry hopping was born! "Dry" hopping is adding hops after the kettle. At the cooler temperatures no further bitterness is added but lots of hop aroma comes out. It's this technique that has given rise to the plethora of hoppy IPAs and pale ales produced by craft breweries today. In fact, I don't think this huge swing to craft beer would have happened if it weren't for dry hopping and the opportunity it's created to make, what is essentially a pretty bland product, much tastier and more interesting. So the troops came back from India (well, some of them couldn't cope without the curries and servants so they stayed), but the others came home to Mother England demanding India Pale Ale and the rest, as they say, is history.

Our Hophead IPA was first brewed way back in 2003. Back then it was considered a pretty hoppy beer, with lots of fruity citrus flavours and a good amount of bitterness. It still fits those descriptors but the "gimme more brigades" have demanded hoppier and hoppier beers, both in bittering and aromatics. This means we need to make them even more alcoholic to balance the hops, so Hophead now appears quite tame! We haven't changed the Hophead recipe much, partly because when I first met Hophead's biggest trade customer, he said, "it's a great beer, let me know if you're changing the recipe because we won't buy it any more!" The other reason we haven't changed the recipe is that we agree, it's a great beer; nicely hoppy and aromatic with good balance, the kind of beer you want to enjoy a few glasses of on a hot afternoon... hasn't the weather been gorgeous!



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GUINNESS Cake



If you're celebrating St Patrick's day this year or are a fan of Chocolate cake, my Chocolate Guinness cake is to die for. Lovely and moist with a decadent cream cheese icing, it will impress your most fussy guest.

If you don't have a can of Guinness handy you can substitute any dark beer and if you've forgotten to get sour cream just add some lemon juice to whipped cream and that will do the trick.

This is a fantastic cake for any occasion and one slice is never enough. It taste even better with a glass of Youngs Chocolate Stout. Happy Baking.

INGREDIENTS

Cake
250ml Guinness
1/2c cocoa
3/4c sour cream
1T vanilla essence
2 1/2 t baking soda

155g butter, chopped
2c castor sugar
2 eggs
2c flour

Icing
220g cream cheese
1/2c whipped cream

1 1/4c icing sugar

METHOD

Preheat oven to 180°C. Grease a 23cm tin and line with baking paper. Pour Guinness into saucepan with butter and melt. Remove from heat and whisk in cocoa and sugar. In a separate bowl beat the sour cream, vanilla and eggs. Add to the Guinness mixture in the saucepan and finally beat in the sifted flour and baking soda. Pour into the tin and bake 45mins and cool on a wire rack.

Icing
Beat the cream cheese and icing sugar until well combined and creamy. Add the whipped cream slowly until combined and glossy. There seems a lot of icing but you want the top of the cake to resemble the frothy head of a pint of Guinness. Spread icing on cake and fluff it up with the end of a knife.



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What's your cruise style?

What actually is the difference between cruise ship sizes apart from obviously the number of passengers? Cruising is one of the fastest growing styles of holiday and working out which cruise is for you can be very difficult.

Here is a quick check list for you to help you work out what type of cruising you may like best when deciding on your next cruise holiday:

1. Large ships 2500 passengers upwards tend to have plenty of options onboard for entertainment, dining choices and places to meet up with friends or just relax. There is lots of opportunity to meet with different people. Large ships are definitely not intimate, and you can sometimes find long lines but if the ship experience with lots of options is your thing then check out some of the mega-ships that have recently launched. These ships are usually fantastic for the facilities they offer when travelling with families, plenty to keep all ages occupied.

2. Mid-size ships 1000-2000 passengers are a nice mix of having all of the larger ship facilities but on a smaller scale. You may only have a couple of specialty restaurants instead of 5-6 and the pool areas, entertainment venues etc will all be

just a little scaled back. They are a great option if you like the facilities but not so keen on the crowds. Many of the cruise ship companies often have a couple of the mid-size ships in their fleet you just need to know how to find them, that's where your travel consultant can help.

3. Small ships range from just a few cabins up to around 900 passengers. Many of them are fully inclusive of beverages as well and some also include all your shore excursions. They do tend to be in the more luxury category and because of their size they don't offer the same levels of entertainment and facilities. However, if you are looking for less people on board, something a little more exclusive then it is well worth considering. One of my favourite features on these cruises is that they can often get into ports that the larger ships can't, so you have the chance to explore different destinations without the same number of people around you.

So essentially when we are sitting down with a client trying to work out the best option it isn't just about which destination you want to go to but also looking at all of these options to make sure whatever cruise holiday you decide on is the right one for you.



Liz Ditmer | Managing Director
Rangiora, 99 High St, Ph (03) 310 6288
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helloworld

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Our two stores are conveniently located in the centre of each town, helloworld Rangiora is at 99 High St adjacent to ANZ Bank and are open 9am-5pm Monday to Friday and 10am-1pm on Saturdays and our helloworld Kaipaoi store is at 123 Williams Street and is open 9am - 5pm Monday to Friday and 9.30am to 12pm on Saturday.

For customers that can't make it here during normal hours we are happy to make after hours appointments to meet at a convenient time for everyone.

We have an awesome team in Anna, Debbie, Melanie, Lee and Kayla in our Rangiora Store and Neroli, Leanne and Alison in our Kaipaoi store. We work tirelessly to ensure that every client's holiday is a journey and not just another trip.



Rangiora - Kayla Barton, Anna McKenzie, Lee Brodie, Liz Ditmer (owner), Melanie Linford and Debbie Newton



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GOOD HOME
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PEGASUS

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SHOP THE LOOK

Autumn is in the air and there's plenty of fresh ideas for interiors, accessories and beautiful fashion.

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The Fabric of Society's great space is a showcase for their wide selection of fabric off the roll, Chalk Paint™, homewares and occasional furniture, both old and new. A meeting place for those seeking décor inspiration, their textile collection encompasses an eclectic mix of styles, colours and patterns in beautiful natural and manmade fibres to suit every home.

Barcelona Orange. One of 42 colours in Annie Sloan's Chalk Paint range

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Home • Build • Garden

The thought of building, renovating or simply redecorating can be overwhelming - where to start? You may be taking those first steps - checking out an award winning show home or reaching the practical stages of earthworks and sourcing building materials. You might be after something practical like an extra storage space and garaging or need some landscaping inspiration. Maybe you're seeking stylised design ideas such as high end concrete polished finishes being warmed by eclectic antiques or perhaps you're furniture needs a new lease of life. Well you can breathe easy because wherever you're at in your home and garden journey there are local businesses, experts in their field on hand to guide you through the process. Be true to your own style!

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Robertson Building

Building Services for North Canterbury

From high spec architectural homes to renovations, decks and even farm sheds - Arthur Robertson, founder of Robertson Building, and his experienced team offer a full range of general building services in the North Canterbury area. They love the challenge of just doing a really good job.

Whether it's a new build or a sturdy farm shed superior workmanship is a given. But the Robertson Building team are also passionate about customer service and helping to make the build process a positive one for their clients. "We're on time, we start a job when we say we will and we're reliable" says Arthur without hesitation.



For the best result, Arthur advises potential clients to get in touch in the early stages of a project. This way they can look over plans, make suggestions and offer advice on possible solutions that will work for the budget in question before work is underway, helping to avoid unexpected issues when the build is in progress. They can also provide input on technical specifications for the consents when they go into council.

So whether you're after a simple deck or a new build - give Robertson Building a call for a stress free building experience.

www.robertsonbuilding.co.nz
Tel: 027 245 1601



Guthrie Bowron

Creating a home décor superstore

The merging of The Flooring Company with national decorating brand Guthrie Bowron will create a true 'one stop shop' for home owners in North Canterbury.

Having recently acquired the local Guthrie Bowron store, owners of The Flooring Company intend to merge the two stores into a home décor destination.

While both stores provide a range of flooring products - from carpet, laminate, tiles and vinyl planking - the addition of Guthrie Bowron adds paint, soft furnishings and wallpaper to the mix. "It's an exciting opportunity and can only add value to our existing and future customers," says Kate Woods, co-owner of the two stores.

Flooring Connection opened its doors in 2016 and has built its name on the strength of its craftsmanship and customer relationships.



"Choosing the right design elements for your home are not only a personal decision but also an emotional one. Product decisions, colours and textures need to not only reflect the practical aspects of the home but also the personality of the customer. Our team will help guide you through what can otherwise be a daunting process.

"While we are expanding the business, our overriding focus remains with our customers. Personal service and building a relationship with our customers remains as the heart of our business."

www.flooringconnection.co.nz



Mike Greer Homes

Mike Greer Homes is a reputable national brand with a local heart. The North Canterbury branch is testament to this winning combination. Owned and operated by locals, the team has a track record of award-winning design innovation and construction quality, complemented by an unwavering focus on customer and market needs.

Longstanding relationships and community involvement are hallmarks of the North Canterbury team culture. Their dedication to their clients, their loyalty to suppliers, and their passion for the local area truly sets them apart.

With many awards and accolades to their credit, Mike Greer Homes North Canterbury is known for delivering homes that are tailored to the sites, budgets and tastes of their clients. Their comprehensive Design and Build service offers

a bespoke approach to individuals wanting to create a home that is truly unique. Alternatively, they have a range of Home and Land packages throughout the North Canterbury area.

With local Show Homes in Westpark Rangiora, Two Roads in Woodend, and two stylish new ones in Silverstream Kaiapoi, you don't have to venture far to see what they have on offer.

Visit www.mikegreerhomes.co.nz or call into their office at 29 Huntingdon Drive to find out more about their open hours, their current Home and Land packages, or to talk further about their Design and Build service.

Home • Build • Garden Info Online

The web is the first place we turn to these days when we're looking for answers. So get clued up and do your research before you kick off your renovation, start your build or revamp your rooms. Here's our pick of the web to get you started.

www.builderscrack.co.nz - Many people check out tradies on this site, but they actually also have an interesting blog covering everything from up to the minute kitchen design trends to pool-fencing, smart homes and tips on creating indoor/outdoor flow.

www.smarterhomes.co.nz - This site is packed full of great info on creating warmer, drier, healthier homes. So you'll find plenty of ideas on insulation, double-glazing, heating along with construction methods and design ideas.

www.buildingguide.co.nz - Here you'll find plenty of advice and ideas on every step of the building process. You can also look for builders in their listings and get some inspiration from their product guide which covers all sorts of things from exterior cladding to central vacuuming systems.

www.waimakariri.govt.nz and www.hurunui.govt.nz - If you're not sure what the legal requirements are with your building project then check out your local council website where you'll find the forms you need along with FAQs and factsheets.

www.designguide.co.nz - If you're looking for some inspiration then this site has plenty of wow factor ideas and images. It takes a look at projects from leading architects and designers covering everything from rural homes to townhouses and lighting to interior finishes.

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more to see.

Two new show homes now open in Silverstream, Kaiapoi.

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- Installation

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Feather & Oak

As the year is now in full swing with busy days, school nearly at mid-term and warm summer weather it is a great time to re-evaluate hard working areas of your home.

As the Marie Kondo method of simplifying and organising your home sweeps across the world it is good to seriously look at busy places in the home. We have all been there – that moment

home. It is always a struggle to crisply fold unwieldy fitted sheets into some semblance of order but I definitely like keeping this area under control especially with the hot weather and the cupboard bulging with unused bedding. I always store matching linen together however a thorough tidy up of this space is an annual event.



Using baskets, boxes and trays with the dual purpose of collating multiple items together and looking pretty is a really effective way to store and display items. On our kitchen bench we have a rustic wooden platter housing spices, oils and cooking implements, on the ottoman a pretty beaten metal tray to collect general flotsam and jetsam and the remote controls (it is far too tiring to take two steps and place them in the drawer!), and large

when you open that closet or drawer and the mess has taken on a life-force all of its own. Are there areas where you need to declutter and systematize? To take back control? I am an over-achiever when it comes to organisation and feel so much more relaxed when I know that I have areas in my house tidy and ready for action! Here are some of my organisational tips:

I recently created a charging station space and what a revelation! We now have one space corralling all the technology together (a felt basket complete with a multi box – certainly wasn't rocket science). All chargers, cords, and devices (at night) live in the basket. No more crazy hot mess of plugged in devices scattered around the kitchen and living room.

Baskets and containers are your friend in the bathroom cupboard where all manner of bottles and potions breed like rabbits. I try and do a six-monthly purge of this space and relocate the current items into baskets and containers to ensure ease of everyday use and visibility for that emergency moment.

With four children the linen cupboard is a hard working area in our



storage baskets for toys and magazines.

The Feather and Oak Team is full of organisational masters (hello Jess!) and we have all sorts of pretty storage solutions in store from beautiful gold shelving, baskets, trays and trinket boxes. Come in and see us to talk solutions - we would love to be part of your journey to clutter freedom.

featherandoak.co.nz
Ph 03 313 0123



Arthur-Nellie Limited

Seating Booths - The Perfect Solution

When it comes to furniture design and upholstery, Arthur Nellie Limited are the best of the best. With a highly experienced team led by owner Kent McCreanor, this long-established North Canterbury business can design and create bespoke furniture for all locations.

One of their specialist areas is customised dining booth seats. The booth is always a popular option in cafes and restaurants and if you've been out and about lately in North Canterbury the chances are you've already seen some of Arthur Nellie's work - in The Good Home at Pegasus or Coffee Culture in Rangiora or even Mandville's new pub The Platform.

But it's not just hospitality venues that opt for booth seating, it's also an

increasingly popular trend in residential homes and Arthur Nellie have completed several bespoke booth seats for home kitchens and dining areas. They allow people to maximise small or unusually shaped spaces and create a warm and cosy dining environment, with the possibility of hidden storage too.

The Arthur Nellie team can advise on all aspects of design from seat height to foams, fillings and of course, fabrics. And customers are welcome to visit their Ohoka workshop where there are examples of their work as well as a huge range of fabrics.

You can find Arthur-Nellie Ltd on Facebook or call them direct on 03 312 0570.



Kent McCreanor

Cell 027 200 0031 Ph/Fax (03) 312 0570 arthur.nellie@gmail.com

words: Pattie Pegler
 photography: Dorothy - essence magazine



The Magical World of Coldstream

The driveway at Coldstream winds into a dense, world of verdant greens. Huge macrocarpas stretch upwards and at eye level Chinese windmill fans lend an exotic air in the late summer heat, sitting side by side with the delicate purples of hydrangeas. Then this tunnel like greenery opens up to bright sunlight and a double-storey homestead comes into view.

Alerted by the crunch of gravel, a dusky grey poodle runs out in greeting and behind him owners Rupert and Fionna Ward emerge from the open front door.

The couple have lived here together for close to a decade, raising their lively blended family of five daughters and giving this old house a new lease of life. Coldstream was one of the earliest homesteads in North Canterbury dating back to 1850 when it was home to the MacFarlane family. At the back of the house a large tree was planted to mark Queen Victoria's Diamond jubilee in 1897. And when the chimneys were demolished post-quake they revealed an old black and white photo of Agnes MacFarlane from the early 1900s. Along with an invitation to an event at Ballantynes in 1906.

"We've always loved history and old homes, the look of them and the fact that there have

been other stories and lives lived here...the character" says Fionna.

The outside of the house is white and muted cream from the weatherboard to the intricate fretwork and accented quoins - it looks elegant and timeless. But inside this neutral palette gives way to exuberant colour. In the hallway original kauri wooden flooring rises up to cream panels and upper walls of duck egg blue. The TV lounge and the living and dining room on opposite sides of the hall are both decorated with bright Shand Kydd wallpapers in orange and blues, ceiling roses are painted and a riot of eclectic colourful artworks hang on the walls.

Much of this interior décor was updated after the house suffered earthquake damage but trying to decorate a house of this heritage isn't easy. So the couple looked for inspiration, and on a visit to Hawkes Bay heritage home, Oruawharo, they got chatting to the owner who showed them a guide to Victorian homes. "It was so helpful because we were trying to decide what to do...we both like colours and patterns and we realised that the Victorians did have those in their homes" says Fionna. They also used the Downton Abbey website. When it came to finding items, such as the wallpaper, they checked out many of the local interiors shops.

"If you can get it in Harrods you can get it in Rangiora" grins Rupert.

But much of Rupert's time is spent outdoors. It's easy to see why - four acres of rambling gardens surround the house and from the grass tennis court small hidden paths wind off into all manner of secret spots and the whole area is sheltered by the outer ring of towering trees and dense shrubbery.

Rupert, a barrister, bursts with enthusiasm as he talks plants and gardens - the inspiration he's drawn from other gardens, his love of colour, his desire to recreate the misty, magical feel of an English Victorian garden. He dives into undergrowth pulling out the odd weed, turning on hoses and tidying as we go. We wander up hidden paths, dotted with pungas; into the shady depths of the zen garden and through the brickwork of the sunken Maori parterre. There's a magnificent three-tiered hedge; a croquet lawn; a hidden frog pond and an orchard bursting with the bounty of summer - great globes of peaches and rich red plums. And the "show stopper" is a three-tiered bright blue fountain with red and gold detailing around the rim of each layer and three painted herons at the base of the stem. It's boldly unrepentant amongst the green and delicate colouring of the garden.

With so many outdoor areas and plants from rhododendrons to roses, camelias to

polyanthus this is a garden for all seasons. Or, as Rupert says, "Every area has its moments".

This isn't the work of a weekly gardener. Rupert painted the water fountain and did the brickwork encircling it. He also built the wall around the orchard (out of bricks from the quake broken chimneys), put in all the irrigation, created the sunken Maori parterre and did just about every piece of brick edging we see on our tour. Recently he has been 'studying phloxes' and is planning on mass planting phloxes and fuchsias. Anyone even passingly familiar with gardens will know how much work all this entails, so does he get up at 5am to fit it all in? He shakes his head. "No, in fact everyone always says to us 'oh we're so busy' and we wonder what they're doing, we're not busy, we're always just here...."

These are clearly the words of someone who loves gardening but they also fit in with the overall lack of pretension here. Coldstream might be a listed Heritage House with a garden that sees plenty of open days, but it's also got a laid back feel. Rupert and Fionna sip their morning coffee on the front porch, the poodle lies across the couches and a small piece of jello cake is forever stuck to the lounge ceiling - a reminder of kids' birthday parties past. It's the latest chapter in the history of Coldstream.





Taggart Building Services for North Canterbury

Like many family businesses, Taggart started small.

Today – 66 years since Ron Taggart started his business with a front end loader on a tractor and a truck – the company is synonymous with earthmoving and civil construction in Canterbury.

The business now employs more than 140 people, operating more than 100 major plant items and 30 trucks through depots located in Rangiora, Belfast and Yaldhurst.

While the company has grown as a result of the Canterbury rebuild, its longer-term success has been built on a foundation of trust. “More often than not it’s about quality and service over price. Our people are specialists at what they do so we know we’ll get the job done right the first time,” says CEO Paul Taggart.

It’s one of the reasons Taggart has been one of the lead contractors on some of Canterbury’s larger and more recent projects, including the demolition of Lancaster Park’s Tui Stand and the soft strip of the main stadiums and earthworks for the 900-lot Falcon’s Landing in Rolleston, to name a few.

But while it has the capabilities to do the larger jobs, a big part of its day to day work is in residential and rural settings, including on farm developments and lifestyle block driveways.

Says Paul: “Earthmoving is still a big part of our business, but we’ve adapted our work and our capabilities to match our customer’s needs, through investment in people, systems and new ways of doing things. We are also focused on minimizing waste and reducing the impact on the environment.”

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Not many builders have a Master Builders House of the Year to their name, particularly when they are still under 30 years of age.

James Brownie started Brownie Construction in 2012, at age 22, after six years learning his craft. Today, the company has a team of 15 and Brownie Construction has built an impressive portfolio of work, extending across Canterbury and into Central Otago.

One of its current projects is a residential housing development at Coronet Grove in Queenstown and last year the company scooped the Master Builders House of the Year for a Christchurch home in the \$550-\$700k

category. While high end architectural new-builds are at one end of the spectrum, the company also does a lot of renovation and repair work, including on ‘as is where is’ properties.

“Our crews are experienced across all areas and we work with trusted architects, engineers and subcontractors to provide consistency and high-quality craftsmanship on every project,” says James.

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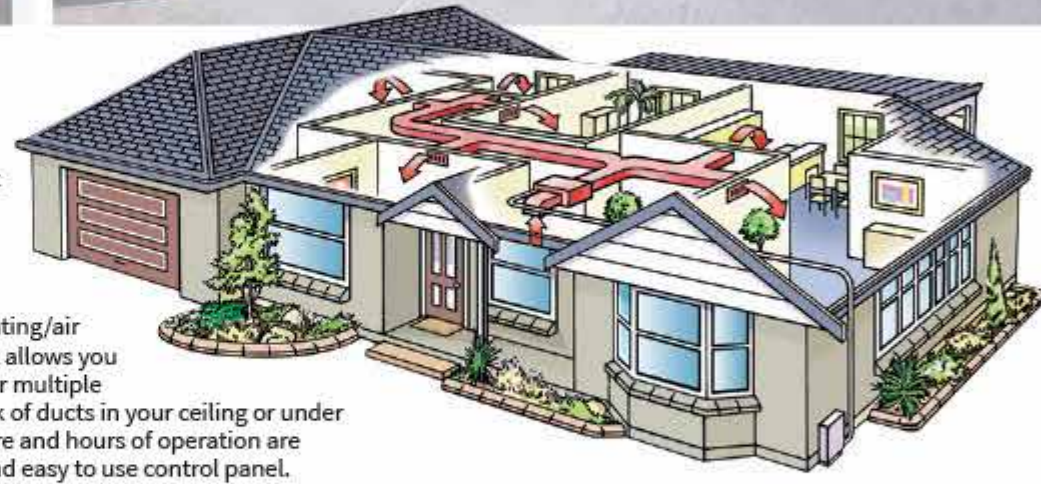
Ezi-Breeze Air Conditioning and Electrical was established 15 years ago by Cantabrians Paul McGrath and recently retired Graham Fleck. Ezi-Breeze offer a full electrical design and installation service for both residential and commercial customers.

Paul’s experience in air conditioning systems enables Ezi-Breeze to offer clients everything from a whole-home fully ducted design solution through to single room heating and cooling units for residential applications as well as full design and installation solutions for commercial industries. With the cooler weather not too far away, there’s no better time to consider how to best heat your home and ensure that you wake up and arrive home to a fresher and warmer home.

Ezi-Breeze supply & install a range of Heat Pumps with our main preferred brand being Fujitsu. We offer a full six-year parts and labour warranty on all Fujitsu units installed by Ezi-Breeze.

Fujitsu have recently released WIFI ready Hi Wall units, allowing the user to control their Heat Pump remotely via a smart phone app. For a whole home solution, look no further than Fujitsu’s ducted heating/air conditioning system that allows you to set the temperature for multiple rooms through a network of ducts in your ceiling or under the floor. The temperature and hours of operation are controlled by a simple and easy to use control panel. But there’s another great benefit; this type of system not only keeps you warm in winter, but it’ll keep you cool in summer, so you can stay comfortable all year round.

Paul is happy to meet with customers to discuss the best solutions for their unique spaces, ensuring a comfortable all year-round temperature in their homes. For new home builds Paul McGrath says “We can design electrical, air-conditioning & integrated smart home systems and we’re in touch with the homeowner’s right throughout the build process. We also like to follow up with a home visit upon completion of the build, to run



through the central heating and smart home systems with the owner.” Ezi-Breeze are very proud to have been the electrical & Air-Conditioning installers for the new Port & Eagle pub in Kaiapoi along with the new Educare and soon to start Flexi Fitness also in Kaiapoi. Call today to arrange your free no obligation quotation.





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- Kate Florence *Beauty & You*

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words: Gilly Oppenheim

For Love of Dance

"I just love my job and the lifestyle that goes with it. I've been very lucky and all my hard work has paid off", this petite attractive 26 year old told me recently when she was at home in Timaru. Ever since she was a little girl Natasha Hammond has loved to dance and she has now made a career out of dancing on cruise ships.

She started learning ballet with Jenette Borrell aged just four. At six, jazz ballet and gymnastics were added to her repertoire, followed by tap and contemporary dancing taught by Melanie Wheeler. From age 14 upwards she often danced six days a week and when she was a pupil at Craighead School, she added aerobics to the mix, being ranked second nationally in her age group for aerobics.

The road to dancing in shows on cruise ships has not been an easy one. To fund this lifestyle Natasha has done several stunts as a lifeguard at CBay Aquatics. She loves her ballet, but in order to get the cruise ship jobs, she needed to learn the commercial side of jazz and musical theatre, so she spent two years studying full-time at the Whitirea Performance Centre in Wellington, which gave her confidence and she had to learn different dance styles. This led to going to America to audition for her dream job.

She said being judged both on your dancing ability and your looks was difficult and frustrating, but she asked lots of questions, in order to be noticed and she thinks that her kiwi accent also helped! After a few unsuccessful auditions, aged just 20, she decided to accept a job dancing in Five Star hotels in Taba Heights, the northernmost resort of Egypt's Red Sea Riviera. This was a real eye-opener for Natasha and after three months she came home after civil war broke out and it was no longer considered safe.

After a gruelling six hour audition in New York in 2013 Natasha was one of 20 dancers chosen from over 300 hopefuls and she was on her way. The waiting game was over and her first posting was with the Celebrity Cruise Line where she worked as a dancer and aerialist. The latter was a 10 minute trapeze act (like Cirque du Soleil) with four others where she was

a flyer without a harness! This involved three weeks of aerial training and three weeks of dance training in Florida to learn the routines. It was very intensive training, six days a week and she said they all cried through the pain. She then spent ten months on board the Celebrity Equinox in both the Caribbean and the Mediterranean, often with three shows a night and she was free to explore the areas during the day time. This she really enjoyed.

Wanting a change after this, Natasha joined the Princess Cruise Line, her first contract being nine months on the Ruby Princess, going to Alaska, the Californian coast and Mexico. Here the producer of her show was Stephen Schwartz, the famous American musical theatre lyricist and composer who wrote hit musicals such as Godspell, Wicked and Pippin. The show for the three Princess Cruise Line ships was called 'Magic to Do' and cost \$US4 million to produce! This attracted huge audiences and was very successful. After this stint, Natasha took five months off to spend time at home with her family and friends, as well as being back working at CBay as a lifeguard.

Her last contract was with the Pacific Princess, known as the Love Boat because of the television show! It was here that Natasha fittingly met her boyfriend, who is the First Officer and they cruised the Caribbean and the Mediterranean for five months. After another two months at home, they cruised for a further seven months, notching up 38 countries in Northern Europe, including Iceland, the Scandinavian countries and the Baltic through to St Petersburg. Natasha's next contract is with the Crown Princess for which she will begin rehearsals in March.

Natasha loves her lifestyle. She is doing what she loves, getting to travel the world and making friends all over the world. The downside is being away from home and occasionally sea-sickness if the weather is rough! Choreographers are chosen world-wide and she loves the beautiful sets and her amazing costumes. She said it is really important to look after her body, to stay fit and to warm up properly. She thinks she may do this job for a couple more years and then decide what to do next. What an interesting career choice!



Lifestylers



Lifestyle blocks are a very important part of our region, and small block holders are constantly learning so we have gathered some folk with vital information to make it easier for people to get the best out of their properties and the animals under their care.

Animal health plans, seeing when your horse needs attention for tooth ache, what to grow and when, plus keeping your chooks healthy.

All "Must Keep" information so enjoy what our experts say.

The Wonderful World of Space.

Small blocks have certainly come of age.



words: Rob Cope-Williams

When I was just a lad, the ambition of city families was to have their own quarter acre section with room for their children to romp and play in. There would be a vegetable patch, normally the domain of the man of the house, and a small area of flowers, the domain of the lady of the house, but then "modern living" took over, sections were sub divided to provide funds to pay off mortgages and lifestyles demanded small apartments and little if any garden. Some vegetables were grown in pots but many children missed the chance of growing things.

Thankfully the lifestyle block is now available to fill the needs of those who love space and growing things.

As they grew in popularity many traditional farming folk muttered about the productive farm land going under houses and ride on mowers, but they were normally

those who were too far out to convert their own holdings.

What has happened though flies in the face of such mutterings as small block holders turn their blocks into productive units growing all sorts of things and marketing their produce through farmers markets and often through supermarket chains.

I for one think the small block holders play a very important role in the industry and I can totally understand why people want their children to grow up in the country.

I did and I am sure I am a much better person for the freedom and contact with nature that I had.

Children working with animals, whether sheep, cattle or their own ponies will have wonderful memories of their childhoods and a great understanding of the real world.



The importance of an animal health plan

You don't have to own a multitude of animals to need an animal health plan. If you have any livestock (be it cattle, sheep, goats, pigs, alpacas or chickens), you should really have a plan established for maintaining their health. This will aid in the prevention of disease and will also help with growth and fertility.

This could be anything from a basic outline that we can discuss with you, to a detailed plan for each month of the year specific to your farm. It would include preventative management such as worming, vaccination, vitamins and minerals. It could also include protocols such as debudding, castration, breeding etc. We could come out onto farm to demonstrate techniques such as vaccination. Alternatively, we have a veterinary technician who can come and assist with this.

Depending on the farm, we could also discuss recognition of certain diseases and their treatment. For example,

things we see commonly are footrot, flystrike, B1 deficiency, ectoparasites (e.g. mites) and endoparasites (e.g. worms).

We can supply smaller volumes of products such as Oral Drench for worming and individual doses of 5 in 1 (clostridial) vaccination. There are some products that we are not able to open and dispense smaller volumes from unfortunately, which we could discuss with you. It's sometimes helpful to share these between groups of farms.

Please phone Rangiora Vet Centre on 03 313 7438 to chat to one of our large animal vet team if you'd like to discuss any aspect of animal health planning.

Lucie Stanley
Large Animal
Veterinarian MA VetMB
Rangiora Vet Centre



Enjoy your lifestyle

We'll guide you through making the right decisions, at the right time!



Contact us today for your complete lifestyle farm animal health plan



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Looking your Horse in the Mouth

Horse's teeth are their link to good health and performance but how do you know when there's something wrong, or previous work didn't fully balance the mouth? Claire Murray talks about what to look for.

Horses communicate to us in a whole host of ways when they have discomfort related directly to their teeth and also to disfunction caused by a mouth that is not fully balanced but we are not always aware of what they are trying to tell us.

An obvious sign that a horse's mouth needs attention is poor body condition or a loss of weight, but it is a serious mistake to use this as a sole indicator of dental health.

Watch for what is known as quidding, dropping partially chewed grass or hay. Also, food packed in the cheeks or dropping grain whilst chewing, throwing hay around or dunking it in a water trough.

Nasal discharge is another biggy; if it's one sided dental alarm bells ring as they do for a foul odour coming from the oral cavity or a discharge from the jaw line. Dental cysts in young horses require checking as there may be retained caps present. If your horse becomes head shy or is reluctant to be handled around the head, there is a good chance it's got dental problems. Head tilting is another sign of disfunction, indicating favouring one side of its mouth.

There are a whole host of riding problems including reluctance to be bridled, opening the mouth or evading bit whilst being ridden, having problems with turning or flexing either one way or both, laterally or vertically are all indicators that all is not well. A horse with a mouth that doesn't have full function will have trouble engaging the hind legs or being able to work in a rounded outline. The function of a horse's mouth affects the whole body. It is much more than comfort of the teeth.

- Does your horse get its tongue over the bit, take hold of it or chew it?
- How does your horse's eye look? Many times I see horses that you can see their pain in their eyes.
- Check the temporal muscles on the forehead; is one side enlarged, compared to the other or are both muscles over developed?
- Does your horse mind you pressing inwards and upwards along the sides of its cheeks

where you can feel the upper teeth sit outside the lower teeth?

- How about if you gently push one side at a time on the soft tissues below the Temporomandibular joint (TMJ) on the side of your horse's face.
- Does your horse pull away or lift its head to evade the touch?
- Do you find yourself saying its just the way my horse is to unfavourable behaviours? These are all signs of dental problems.

Some horses are very stoic and don't outwardly show their discomfort. Prevention is better than cure so it's wise to have adult horses checked annually and young horses (2.5 years to 4.5 years) six monthly to coincide with their deciduous or baby teeth shedding and also due the anatomy of their cheek teeth the sharp enamel points return more quickly on young horses.

You'll know your horse well, and if it suddenly becomes grumpy or there's a change in its manners there'll be a reason for it; teeth are a main reason as they affect the whole body. If you see them having difficulty move fast to get the teeth right.

During a visit I like to explain what needs to be done and why so you can totally understand what the horse is going through and how we can fix it. Sedation is a subject that is up for discussion, but those who have seen me doing a dental all agree that I couldn't perform the visual dentistry I do without it. It is also a very humane way to relax the animal and let the work be done properly with the minimum of stress.

Feel free to contact me for more information or have fun on my Equi-Dent Ltd face book page.

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"Because everyone's needs are different, Bashers have lots of styles and finishes. Let us know your thoughts and we will design one to fit."



Are you looking for a quick winter feed?

If the dry spell continues longer than expected, farmers will be looking for quick green feed options. In this article, we will look at annual (not Italian) type ryegrasses that are currently on the market.

Annual ryegrasses

Often confused with the more persistent Italian ryegrasses that are also typically used at this time of the year, annual ryegrasses will only last 9-10 months. Like most seed types currently on the market in New Zealand, there is a wide range of cultivars from which to select. They each have some common traits; these include being tetraploid ryegrasses, being very quick to establish and providing a bulk of high-quality feed during winter and spring.

Because of the above traits, these grass options can be sown late (into May) for winter feed, and then used for spring options which include grazing, silage, etc.

As mentioned, most of these grasses are tetraploids and normally have 250,000 seeds per kg., notably different from diploid types which have 500,000 seeds per kg. The reason they are still successful when sown into less-than-perfect or later-than-normal situations is because they are tough seeds. Due to this fact, we suggest a minimum sowing rate of 25 kgs per hectare. Being quick growers, they respond to frequent nitrogen applications.

Ideal to use in after maize, in a mix with brassica, used to top-up run-out pastures or following summer brassica as part of a pasture renovation program

Below is a summary of most of the cultivars currently available.

Bullet: - Is a densely-tillered, upright-growing and highly palatable tetraploid. Westerwolds' annual Ryegrass has outstanding performance. Key features are the speed of establishment, high growth rates over autumn, winter and late into spring, coupled with high-pasture quality and palatability.

Devour: - Tetraploid Westerwolds type, selected for increased dry-matter yields - very high, dry-matter production.

Hogan: - Tetraploid annual ryegrass. Very fast establishment, high dry-matter yield from start to finish and is a high-value feed.

Jivet 4n: - This tetraploid Westerwolds ryegrass, bred by DLF Seeds, was selected for its fast establishment and winter productivity.

Prowgrow: - Italian-type with good recovery from hard grazing and vigorous establishment.

Sultan: - Fast-establishing diploid Westerwold ryegrass with strong Autumn/ Winter/ Spring activity.

Tama: - Tetraploid Westerwolds type, very old cultivar still used for short-term production though becoming outclassed.

Winter Star II: - A tetraploid westerwolds, annual ryegrass, suitable for quick winter feed with improved late season quality, making it ideal for silage and hay production.

Zoom: - An exceptional, new, densely-tillered and highly palatable tetraploid, Westerwolds annual ryegrass specializing in winter feed has outstanding cool season performance.

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Safe Guard Poultry with No-Mite

The hot weather is right upon us! While we may enjoy these warm days, our feathered friends don't necessarily think the same.

Hot dry temperatures provide the perfect environment for Red Mite. To the uninitiated, Red Mite aka Dermanyssus gallinae is a parasite that lives in the aviaries and chicken houses and feeds on the birds at night while they sleep. They are small but deadly mites which feed on all parts of the bird including blood, feathers, skin and scales. They are transmitted to poultry from rodents and wild birds.

When the conditions are ideal in the nests (temperatures between 25 and 35 degrees Celsius), the larvae hatch within 2-3 days after being laid. One female mite can lay up to 120,000 eggs! It takes an egg 7 days to become an adult mite so this short cycle means that mite infestations grow at a very rapid rate. The mite eggs survive several months without the presence of birds and can last up to 6 months between feeds so they are very resilient insects!

Balcairn Stockfoods has a very effective product called No-Mite to safe guard your poultry from Red Mite. No-Mite is not to be confused with Diatomaceous Earth, it is imported by Balcairn Stockfoods and distributed nationwide. Contact with No-Mite causes physical harm as well as absorbing water from the mites, therefore resistance to the product is impossible. 2-3 treatments of No-Mite are normally required to break the life cycle of Red Mite. They like to hide in small dark spaces, under perches, in timber joints and corners of the chicken houses. The best time to check for them is early morning after feeding.

Balcairn Stockfoods

The effects of Red Mite infestations include:

- Restlessness and stress in the flock
- Skin irritations
- Feather-pecking and cannibalism
- Weight loss and anaemia
- Drop in egg production
- Increase in 2nd grade eggs
- Health issues and mortality in extreme cases

Nutrition is also a very important factor in bird health and Balcairn Stockfoods are proud Weston Milling Stockfood distributors. We carry their entire range of poultry feeds.

The advantages of feeding Weston Milling Stockfood are as follows:

- Weston Milling feed mill is a non bi-product mill so there is nothing detrimental or low grade in any of the Chicken Food
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- Stringent quality control procedures
- Easily digestible pellet
- Quality guaranteed

Feeding suggestions

- 0 - 8 weeks feed Westons Chick Choice \$30.50 for 25kg
- 8 weeks - POL (Point of Lay) Westons Chook Grow \$28.50 for 25kg
- Laying hens Westons Layer \$26.50 for 25kg
- And for those hens needing a high protein feed Weston Peak Lay will do the job, \$32 for 25kg

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Robots verses Ride Ons.

There is now an alternative for those who don't want to spend hours sitting on a ride on; a robot that mows your lawn area in all weathers and 24/7. Husqvarna have developed a robotic mower that you simply install and forget meaning you never have to give your lawns another thought.

It doesn't matter what shape your area is, or if it's not flat, set the hours you want it to work away; including around trees and garden areas. Pathways aren't a challenge either, it will zip along them as though you were guiding it. Run on batteries, the robot even tells itself when the battery is low and it automatically returns to its charging base.

The intelligent little robot even senses when growth is greater than normal, such as spring and autumn, and adjusts to the demands.

Irrigation and rain aren't a problem either; the robot is totally weather proof. Because the robot is working constantly the lawn never has that "in need of mowing" look. The natural mulching of the finely cut grass ensures a perfect carpet like finish.

There are several sizes available depending on the area and terrain you have, so an appropriate robot can be suited to your needs.

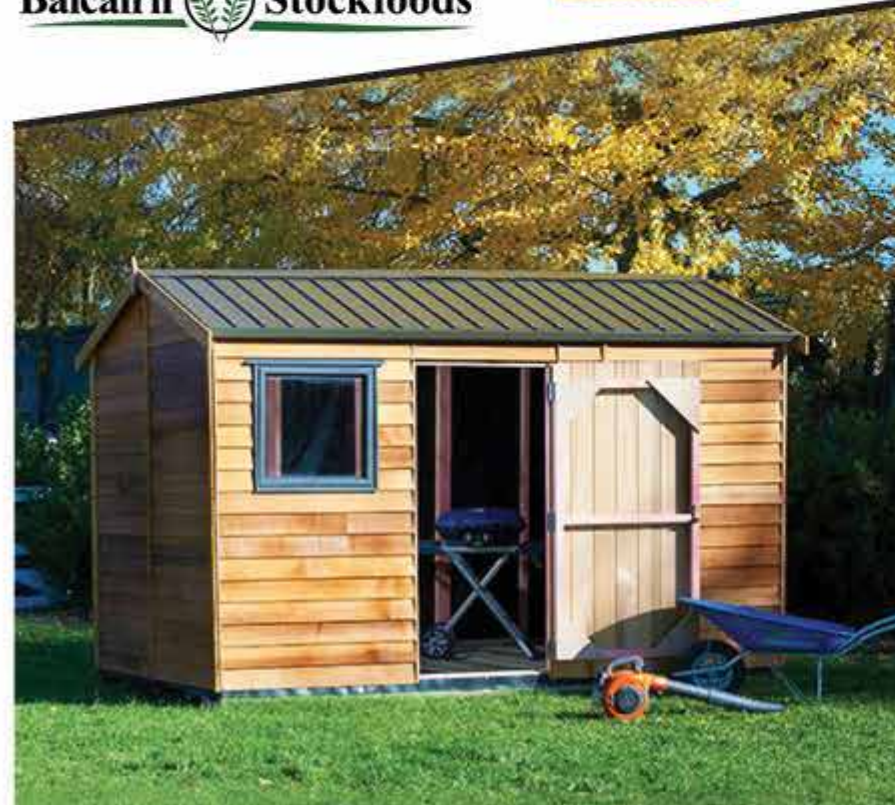
Prices range from \$2,499.00 through to \$5,499.00 and of course we will help you choose the size and help with the installation.

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The mine field that's ACC with Hank van Keulen

In my last column I talked about ACC and the "minefield" that is indeed ACC. You'll recall I talked about the eligibility for those of us that are self-employed or small business owners. Both in the levies we pay and the compensation we may or may not be entitled to as a loss of income. Remember, the middle "C" in ACC stands for Compensation. For there to be compensation there has to be a quantifiable loss.

In the worst-case scenario, any self-employed person or a small business owner who post a loss or break even, do not therefore have a quantifiable loss of income if they can't work as a result of an accident. Are they therefore entitled to ACC? I suggest not. For there to be compensation entitlement there must be a quantifiable loss. ACC measure entitlement on income (profit) not revenue generated.

It gets even more complicated where we split income with our spouses. This is often the case in the farming community. Farmers, Share Milkers, Contract Milkers, Agricultural Contractors etc. But, often most "one-man bands" income split for tax reasons. It makes sense and is allowable by the IRD. If you do this then you really do need to take good advice. You save in tax but may be paying far too much on ACC levies and your entitlement on the compensation front will be even less.

But, now that I've scared the living daylights out of you, there is a solution. And, of course, we can help you with that. Once again, after all, it's very much what we do here at PPNZL.

Essentially, ACC acknowledged some years ago that the default system doesn't work in all cases, particularly in the rural sector, which is still our primary industry. In fact, they acknowledged that the inefficiency doesn't stop there but relates to many, if not, all small enterprises.

They developed a system which is applied for (i.e. not guaranteed) called "Coverplus Extra". There are strict eligibility criteria and all the information around how it works is available on their website. But, like so much of ACC, it's not the easiest to follow and/or understand. Take advice, we're happy to help...

Here's one more thing for you to consider. ACC rate their levies based on the particular risk of an industry.



For example, if you're a Farmer you are at greater risk of an accident than, say, an Insurance Adviser who arguable sits in his office all day long in front of his computer!! By being at greater risk you pay more levies. Private cover though, does not just take into consideration the risk of industry but, many other factors, including age. If you're younger, depending a little on the industry you're in, it's almost certain that the same cover can be obtained for less! It's not an exact science and, once again, you'll need to take advice.

There are also cases where there is an income split, we can re-categorise one of the shareholders to a lesser risk category such administrative services rather a Farmer or Builder or whatever the category may be. There's good savings on levies to made here, worth having a look at.

If you'd like to discuss your options further, please give me a call personally on 021 357 062, or send me an email at hank@ppnzl.co.nz. Happy to help...

I've got one thing to cover on ACC and I'll talk about that in more detail in the next issue.

Contact Hank on 021 357 062 or email hank@ppnzl.co.nz



Matt Doocey

Essence of the Electorate with Matt Doocey MP for Waimakariri

New Zealanders on the average wage today could be paying higher taxes in three years' time without enjoying a better lifestyle if tax thresholds aren't adjusted for inflation.

Taxation bracket creep happens when income is adjusted for inflation and earnings are pushed into the next tax bracket. More and more New Zealanders are moving into higher tax brackets solely because of inflation, without being better off. In some countries, tax brackets are automatically linked to rising living costs but, in New Zealand, our tax brackets have remained unchanged for almost a decade. The result is that more New Zealanders are paying higher taxes without their incomes keeping up.

If you look at what you paid in weekly rent 10 years ago, or remember what your fuel and grocery bill was, you quickly realise that your money went further 10 years ago and that a dollar spent today doesn't buy what it did back then. We're all paying more for everyday items.

When tax thresholds were set almost 10 years ago, those tax thresholds would have looked about right. Today, \$70,000 no longer seems appropriate to be New Zealand's highest tax bracket. Most people would consider that to be better set at six figures. And people on the average wage are being hit hard too as they have seen themselves move over the last few years into the 30 percent bracket.

National believes it's time to reset those tax brackets by linking them to the cost of living so that New Zealanders don't move into higher tax brackets when their incomes aren't keeping pace with rising costs of living. We even want to go a step further: to make certain the system is reviewed every three years so that correct adjustments are made for inflation.

Doing this would give New Zealanders earning \$52,000 a year a saving of \$430 when the brackets are first adjusted, with a total saving over 10 years of \$5,990. Those earning over \$70,000 could keep \$620 more a year.

Responsible economic management means more money to benefit hard-working New Zealanders instead of being wasted on bad policies like the \$300 million spent on Government's working groups or the \$3 billion given to a forestry trust led by a former NZ First MP.



156B Williams St, Kaiapoi. Ph (03) 327 0514 www.MattDoocey.co.nz



The South Islands largest festival of its kind

The Caroline Bay Rock and Hop is a Nostalgia festival with a 50's, 60's theme. Featuring 1000 cars, caravans and motorbikes from all eras on show and cruising the South Canterbury region over the three days.

The event kicks off with vehicles meeting at Caroline Bay to cruise together to the picturesque town of Geraldine where there is entertainment galore. They then return for the 'main streets' cruise which takes the vehicles past spectators through the main streets of Timaru, Pleasant Point finishing with a street party in Temuka. Pop into your main streets early with the kids and see our sponsors Mitre 10 who will be there with treats for them.

After the cruise those wish to party can then join us back at Caroline Bay in the Hall for a night of Art and Rock and Roll. We have the amazing "SBS Bank Wear Your Parts Awards" preview party hosted by Kirsty Burnett, watch the show then rock to band Th'ART of Cheese until late.

Or party with our local Rock and Roll Clubs who are both holding dances. One at the RSA featuring "Shalow" and one at the Landing Services building

featuring Dee May and the Saints and we also have The C-Bay band playing at the Timaru Town & Country Club.

The Saturday is the big Gala Day Show and Shine where all the vehicles are parked up for display and judging on the spectacular Caroline Bay. We have music, the Drama Queens will be rocking, a Best Dressed Competition, 100s of stalls, plenty of dancers, the SBS Bank Wear Your Parts Competition final, along with many other forms of entertainment.

We finish the day off with the prize giving winners parade and then the draw for our lucky ticket winners, with the main prize being \$10,000. Yes, we're giving away \$10,000. It's a live draw up on the stage and it would be great to see you all there.

The town then rocks for the night with many Rock and Roll Parties including the famous "Rock Your Socks Off" party held in the Bay Hall, this year's band is Candi and The Rockets. Tickets are sold out however you can still rock the night away at the Landing Services building with a party held by the Timaru Rock and Roll Club featuring "Retro Rockin'", or the RSA where they will also have "Shalow"

rocking the night away. The Timaru Town & Country Club have the C Bay Band playing and we have "The Groove" playing at The Empire Hotel for those of you in Temuka.

Everyone can meet up again down at the Bay Hall in the morning for breakfast before heading off on the final cruise which this year is going to Ashburton.

This is a Hospice South Canterbury Fundraiser, all money raised goes straight back to helping provide care for those in our region.

Vehicle entry to all cruises and the Show and Shine competition costs \$35. Party tickets are for sale for different prices and only the parties arranged by Hospice are for sale on our Rock and Hop website, however we can certainly help you get tickets to other venues.

Public Entry to the Gala Day Show and Shine is a donation to our Hospice, please be generous as it's all going to a great cause and all money raised stays in our area.

We would love you to dress up in your best 50' 60's gear and join in the atmosphere, come along and celebrate with us.

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Friday 15th

9am Gates Open, Marine Parade entrance.
11am "Go Geraldine" cruise leaves from the Bay
2pm Geraldine cruise returns to Timaru
3pm Gates open for main streets cruise, Marine Parade entrance
4pm Rock and Hop Street party starts, Timaru main street.
5.30pm Mitre 10 Mega will start on the main street with their kids giveaway.
6pm Main streets cruise starts.
8pm Doors open for The SBS Bank Wear Your Parts Preview Party. Watch the show then party with our band "Th'ART of Cheese" until late. Hosted by Kirsty Burnett this is going to be a great show and party.

ENTERTAINMENT: Timaru Rock 'n Roll Club have D May and The Saints playing at the Landing Services Building. The RSA Rock 'n Roll Club will be rocking to Sha-Low. The Timaru Town & Country Club will have The CBay Band playing till late in the upstairs function centre.



Saturday 16th

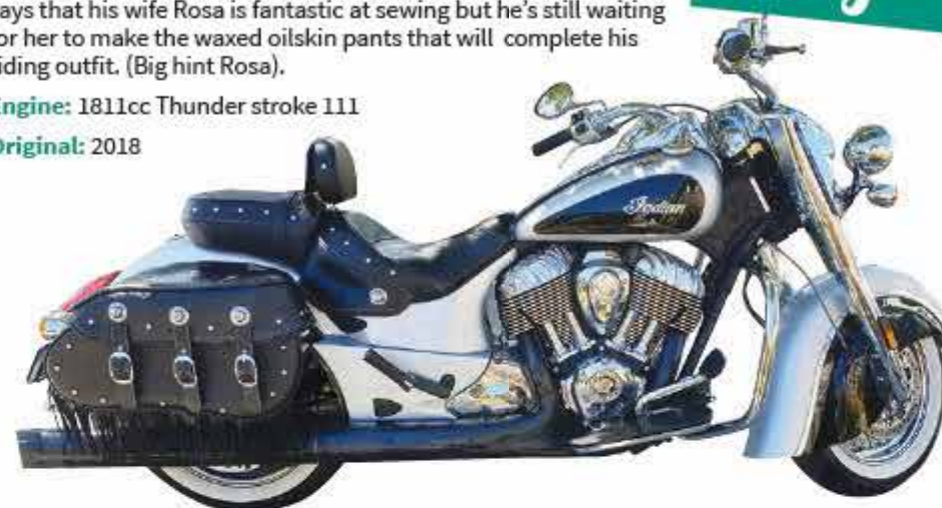
7.30am Gates Open at Caroline Bay for vehicles to park up off Marine Parade.
9.30am The Groove will start us off with their rock music
10am Festival Opens - voting opens -band playing, Stalls and Best Dressed registrations open. All information from the Information centre beside the entertainment area
11am The Drama Queens start their entertainment.
12pm Wear Your Parts entrants meet behind stage.
12pm All Best Dressed entrants must have checked in before 12.00.
12.30pm SBS Bank Wear Your Parts Awards/parade and prize giving.
12.25pm All Best Dressed entrants need to report to The Bay Hall for pre judging
1pm The Drama Queens entertain us
1.30pm Best Dressed Entrants meet behind stage area.
1.30pm Voting for Participants and Peoples Choice closes
2pm Best Dressed Competition parade and prize giving, this is also a crowd favourite with plenty of colourful contestants it's a real hit.
2.55pm Timaru Motors "Money Shots" winners drawn.
2.50pm Geraldine Auto Restorations "Old Time Speed" competition presentation.
3pm Car winners announced - trophies presented. Vehicles paraded in front of stage
3.30pm The \$10,000 Grand Prize draw will be made live up on the stage, make sure you have your ticket and we would love it if you came down to see the live draw. You never know it could be you. Tickets on sale at Hospice Shops and office and a limited number of tickets will be available on the day so you may want to get yours early.
4pm Festival finishes.
7pm "Rock Your Socks Off" party doors open at the Caroline Bay Hall.

ENTERTAINMENT: Timaru Rock and Roll Club has "Retro Rockin" playing at The Landing Services Building. The RSA Rock and Roll Club have Sha-Low playing. The Timaru Town & Country Club have The C-Bay band playing. The Groove will be playing at The Empire in Temuka. *Get your dancing shoes on because South Canterbury will be ROCKING.*

Owner: Peter Herron
Make: Indian Chief **Model:** Vintage **Year:** 2018

History: Peter has owned the Indian for 8 months and has already done over 5000 ks in that short time. Every fine day he gets the bike out and enjoys every minute he spends on it. Peter says that his wife Rosa is fantastic at sewing but he's still waiting for her to make the waxed oilskin pants that will complete his riding outfit. (Big hint Rosa).

Engine: 1811cc Thunder stroke 111
Original: 2018



Indian Chief

Owners: John and Deborah Austin
Make: Toyota **Model:** Sprinter SL 1200 KE 25 **Year:** 1970

History: A private import. This was one of a trio comprising 1400cc and 1600cc models, all registered on the same day in Wellington in 1971. The 1200 is the only survivor. It is now a very rare vehicle. Winner of Rock & Hop Best Japanese Car and People's Choice Awards.

Engine: 1200cc 3KB twin carb producing 77 bhp
Original: Totally original but for a repaint in 2017



Car Fact #2



Sunday 17th

8am Breakfast on the Bay in the Marquee begins.
10am Breakfast closes
10.30am Sunday cruise leaves heading to Ashburton, visit the Aviation Museum (\$5 entry fee) and have your car photographed beside a genuine fighter plane.



Best Hot Rod

Owners: Wendy and Warren Dunkley

Make: Chevrolet
Model: Belair
Year: 1959

History: Owned by Wendy and Warren since 2012 and extensively worked after sitting in a shed for 40 years. A great cruising car and a frequent participant in shows around the country. Winner of the Rock & Hop Participant's Choice Award.

Engine: 350 V8 with 350 Turbo Trans.

Original: Non-original. The V8 replaced the original 230 V6. 18-inch Ridler Mags added.



Car Fact #3



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words Grant Shanks
images Ken Block's Gymkhana
Files/Hoonigan Industries.

Burning up a Mountain

Given the huge success of Muscle Car Madness and the popularity of the burn-out pad action, I thought it appropriate to write about the ultimate tire-torturing (note American spelling) driving event I have ever witnessed, albeit onscreen.

Amongst the motoring fraternity, particularly rally drivers and drifters, the name Ken Block is very familiar, however, to many reading this article he will be unknown. Yet, Ken Block is one of the most incredible and spectacular drivers to ever burn rubber. His job description, in his own words, 'I destroy tires.'

To say Ken is a legend at his craft would be an understatement. He has made a career out of rally driving as a top class professional and in stunting and drifting. His online images, posters and Gymkhana videos sell in their thousands. Individually his videos have averaged 40 million hits apiece. He's appeared on Top Gear several times doing crazy stuff including burning up the streets of London. However, Ken is still relatively faceless to those not in the know. On top of all the auto-action, Block is an overachiever in other areas, co-founder of DC Shoes, which was sold to Quicksilver for 87 million dollars. A snowboarder, mountain biker,

wakeboarder, KB is also a very savvy marketer with his Hoonigan range of auto-apparel one of the fastest growing sport clothing brands on the planet.

This writer came upon Ken quite by accident. I'm not a great fan of drifting, however, when I saw the video of Mr Block driving Hoonicorn V2, his 1400 horsepower, twin turbo, methanol-powered 1965 Mustang up the notorious 14,000 feet, Pikes Peak, I became an instant fan.

The incredible images here are from that video. To watch it, simply go to You Tube and dial up Ken Block Climbkhana Pike's Peak. You will be stunned at the incredible driving and this absolute monster of a car.

To quote Ken, "This car is insane. I feel it genuinely wants to kill me."

The warnings at the start of Ken's videos state plainly what you are about to witness is done by a professional driver on closed roads/streets etc. Anyone trying to emulate Block's antics is worse than an idiot. This man is the ultimate professional driver. You Tube the videos and enjoy some of the most incredible driving you will ever see. Great scary fun delivered by one of the world's very best.



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From the Mayor's desk

A couple of years ago, I wrote in this column about the growing internationalisation (if I can call it that!) of Waimakariri. I concentrated on the variety of cuisines available in our local cafés and I could also have written about how the fare on sale in our local supermarkets has, over the decades, gradually widened to enable us to prepare meals in our own homes that would have seemed very strange in my childhood – everything from Indian to Mexican!

When our family arrived in Rangiora from Christchurch 43 years ago, the streets of what became Waimakariri had a very bi-cultural look about them. Our community looks and is very different now.

I am writing this on the day the Festival of Colour would have happened in Dudley Park if the weather hadn't been what it has been. Hopefully, the Festival will still take place on its postponement day.

The Festival of Colour is a wonderful example of the way we in New Zealand are embracing diversity. While its origins are in the Hindu Holi Festival, its message of coming together and putting side differences are universal, just as the Christian Christmas message of hope and goodwill applies to people of all beliefs. As in other parts of the world, the festival has come to be in New Zealand a celebration of our multi-cultural society. And it is also great fun!

Nevertheless, the current photographic exhibition, Finding Home, by Deni Archer in the Art on the Quay gallery in Kaiapoi's Ruataniwha Civic Centre does remind us that migrating to New Zealand is not always an easy transition. We native-born New Zealanders aren't good at recognising our own cultural environment and don't often appreciate how difficult it is for others to break in.

The challenge for all of us is to develop the kind of community that not only accepts diversity but embraces it, that recognises what migrants can bring to culturally enrich us all and acknowledges that we all have to change in the way we think about culture.

David Ayers, Mayor

Local Vet backs Ugandan Gorillas.

Help save the endangered Mountain Gorilla

March 18th, 2019

Your donations will be matched by our generous donors and will go directly to Dr Gladys and her team to improve the health of the last surviving mountain gorillas.

PLEASE DONATE
www.charidy.com/gorillathon2019

A chance meeting in the Ugandan jungle has led to Ben Davidson raising funds for the mountain gorillas who are endangered and at risk of becoming extinct.

While studying for his Masters in Conservation Medicine, Ben joined a team researching the last 1,000 of the animals in existence. This species is threatened by deforestation, poaching and disease.

"All that is needed is a virus to get into the population and numbers could decline drastically." Ben says part of the process to control disease cross over, from humans to the Gorillas, is simple hygiene on the part of the people.

"Diseases from humans are a major concern and simple things like people washing their hands and having healthy families, are the subject of a major campaign to stop diseases spreading"

He says one of the other areas is controlling ecotourism, as more and more people want to witness the animals in their natural habitat, the risk of infection increases.

However as expected, funding is a major hurdle, Conservation through Public Health is a not for profit non-government organisation who relies on donations, all of which come from outside Uganda. With this in mind, Ben



came back to New Zealand and organised a "Gorillathon" fundraiser, March 18th 2019. With a block of funding already in place, public donations will be matched by generous donors, the goal is to raise \$50,000 over 24 hours.

The funds raised will go directly to improve the health of the last surviving mountain gorillas. If you would like to be part of helping to save the species please visit www.charidy.com/gorillathon2019

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